



1 Triggering effects of large topography and boundary layer turbulence over the

2 Tibetan Plateau on convection

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13 Abstract

In this study, we analyze the diurnal variations and formation mechanism of low clouds at different elevations. We further discuss whether there exist triggering mechanism for convection over the Tibetan Plateau (TP), and whether there is an association among low air density, strong turbulence and ubiquitous "popcorn-like" cumulus clouds. The buoyancy term (BT) and shear term (ST) over the TP are significantly greater than those at the low elevation, which is favorable for the formation of increasing planetary boundary layer height (PBLH), and also plays a key role in the convective activities in the lower troposphere. The lifting condensation level (LCL) increases with the increasing of PBLH-LCL over the TP. From the viewpoint of global effects, the triggering effects of the dynamical structure within the boundary layer on convective clouds in the northern hemisphere are analyzed. There are strong ST and BT at two high elevation regions (TP and Rocky Mountains), and the strong thermal turbulence results in obvious positive value of PBLH-LCL at high elevation regions under low RH condition in the northern hemisphere. The values of PBLH-LCL slightly greater than zero correspond spatially to more low cloud cover (LCC) in the central part of Rocky Mountains, but obvious large-scale subsidence on both sides of the mountain leads to strong inversion above PBL and lower RH in PBL, which further lead to less LCC in these areas. Thus less LCC is generated at Rocky Mountains compared to the TP.

Introduction

The Tibetan Plateau (TP), which resembles a "third pole" and a "world water tower", plays an important and special role in the global climate and energy—water

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cycle (Xu et al., 2008; Wu et al., 2015). The TP covers a quarter of China. 36 Additionally, the average altitude of the TP is 4000 meters, reaching 1/3 of the 37 tropopause height, so it is called the "World Roof". Cumulus convection over the TP 38 transfers heat, moisture and momentum into the free troposphere, which can impact 39 the atmospheric circulation regionally and globally (Li and Zhang, 2016; Xu et al., 40 2014) and reveals the important "window effect" for the transfer and exchange of 41 global energy and water vapor over the TP. The special heat source dynamic effect 42 constitutes the "window effect" and "thermally driven" mechanism over the TP. 43

The results of the TIPEX II, which was carried out in 1998, showed that the strong convective plumes within PBL observed by sodar and a frequently occurred deep mixed layer (>2 km) can lead to ubiquitous "popcorn - like" cumulus clouds in Dangxiong, and Xu et al. (2002) proposed a comprehensive physical pattern of land-air dynamic and thermal structure on the Qinghai-Xizang Plateau (Xu et al., 2002; Zhou, 2000). The previous studies have done many valuable researches on the triggering mechanism of moist convection over moist and dry surfaces based on atmospheric observations and simulations (Ek and Mahrt, 1994; Findell and Eltahir, 2003; Gentine et al., 2013). For dry surface, the weak stratification and strong sensible heat flux result in the rapid growth of PBLH so that the relative humidity at the top of the boundary layer RH_{top} decreases rapidly, which favors the formation of clouds. For moist surface, strong stratification and evaporation (small bowen ratio) result in slow growth of PBLH, also increase the mixed layer specific humidity and RH_{top}, which favor the formation and development of clouds. Taylor et al. (2012) found that the afternoon rain falls preferentially over soils that are relatively dry compared to the surrounding area, especially for semi-arid regions. Guillod et al. (2015) reconciled spatial and temporal soil moisture effects on the afternoon rainfall. They showed that afternoon precipitation events tend to occur during wet and heterogeneous soil moisture conditions, while being located over comparatively drier patches. Tuttle et al. (2016) showed the empirical evidence of contrasting soil moisture-precipitation feedbacks across the United States, and they found that soil moisture anomalies significantly influence rainfall probabilities over 38% of the area with a median factor of 13%. According to the model results over dry and wet soils in Illinois, Findell et al. (2003) summarized the predictive capability of rain and shallow clouds gained from use of the convective triggering potential (CTP) and a low-level humidity index, HI_{low} as measures of the early morning atmospheric setting. Our previous studies pointed out that the developments of these cumulus clouds are related to the special large scale dynamic structure and turbulence within PBL over the TP (Xu et al., 2014; Wang et al., 2020). All the above results indicate the topography of the TP plays a major role in increasing the occurrence frequency of the strong convective clouds (Luo et al., 2011). This conclusion is consistent with the viewpoint of Flohn (1967) who emphasized the chimney effect of the huge cumulonimbus clouds on heat transfer in the upper troposphere.

The TP is one of the regions in China where high frequency of cumulus clouds occurs, and the development of cumulus system is related to both the turbulence and





special dynamical structure in PBL over the TP. The vertical motion over the TP is associated with the anomalous convective activities. However, as Li and Zhang (2016) mentioned, the details of PBL process are not very clear, and also the diurnal variations and formation mechanism of low clouds over the TP and low elevation regions are still not very clear. The different variation characteristics of these low clouds at different elevations also need to be discussed and analyzed. We further need to discuss whether there exist "high efficiency" triggering mechanisms for convection over the TP, and whether there is an association among low air density, strong turbulence and ubiquitous "popcorn-like" cumulus clouds. Is there also strong turbulence at higher elevation region with lower air density in the globe? Because both the TP and Rocky Mountains are high elevation regions with huge area in mid-latitude, in this study we mainly focus on these two regions to analyze the above scientific questions.

2 Observational and reanalysis data

We use in situ measurements of temperature (T) and relative humidity (RH) at 2 m height, surface pressure data every hour, and low cloud cover (LCC) every three hours from 2402 automatic weather stations from June to August of 2010-2019 in China. LCC here refers to the fraction of the sky obscured by low clouds as estimated by human observers, including five cloud types: nimbostratus (Ns), stratocumulus (Sc), stratus (St), cumulus (Cu), and deep convection (DC). These surface observation datasets are provided by China National Meteorological Information Center.

In addition, we use the hourly 0.25° x 0.25° ERA5 reanalysis surface-layer data in summer (June 1 to August 31) from 2010 to 2019 (Hersbach et al., 2020).

We use more than 4 years (from June 15 2006 to August 31 2010) of the satellite (CloudSat radar and Calipso lidar)-merged cloud classification product 2B-CLDCLASS-lidar to calculate the mean LCC with 1°x1° resolution at about 2:00 pm and 2:00 am LT in summer. The introduction of this product and details of the LCC calculation methods are summarized in Sassen and Wang (2008) and Wang et al (2020).

We also use the 1 year (from June 1 to August 31 in 2016) geostationary satellite himawari-8 retrieval product (cloud top height) over land in East Asia.

In this study, using ERA5 reanalysis data, we calculate the buoyancy term (BT) $(g/\theta_v \overline{w'\theta_v'})$ and shear term (ST) $(-\partial \overline{u}/\partial z \overline{u'w'})$ in the TKE equation for each grid. Both of these two terms can be used to analyze the effect of boundary layer turbulence in surface layer on convection. The details of the method for computing BT and ST are as follows:

The shear term (ST) $(-\partial \overline{u}/\partial z \overline{u'w'} - \partial \overline{v}/\partial z \overline{v'w'})$ and buoyancy term (BT) $(g/\theta_v \overline{w'\theta_v'})$ in the TKE equation maintain the turbulent motions. In order to simplify calculations, the x-axis is directed along the average wind. Assuming horizontal homogeneity and no mean divergence, the TKE equation is written as





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$$\frac{\partial \overline{e}}{\partial t} = \frac{g}{\theta_{v}} \overline{w'\theta_{v}'} - \overline{u'w'} \frac{\partial \overline{u}}{\partial z} - \frac{\partial \left(\overline{w'e}\right)}{\partial z} - \frac{1}{\overline{\rho}} \frac{\partial \left(\overline{w'p'}\right)}{\partial z} - \varepsilon. \tag{1}$$

- The left side of eq. (1) is the local time variation $\partial \overline{e}/\partial t$, and the terms on the
- 121 right-hand side of eq. (1) describe the buoyancy and shear energy production or
- 122 consumption, turbulent transport of e, pressure correlation and viscous dissipation
- 123 (Stull, 1988).
- Here we use eq. (2) to calculate virtual potential temperature θ_{ν} , and $\overline{w'\theta'_{\nu}}$ is
- derived from eq. (3). Finally, we derive BT.

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$$\theta_{v} = T \left(1 + 0.608q \right) \left(\frac{p_{0}}{p} \right)^{\frac{R}{c_{p}}},$$
 (2)

$$H = \rho c_n \overline{w'\theta'_v},\tag{3}$$

- Where $g = 9.8 \text{ m s}^{-2}$ is the gravitational constant, and $H \text{ (W m}^{-2})$ is the sensible heat
- flux, ρ (kg m⁻³) is the air density, R is the specific gas constant for dry air, c_p (=1004 J
- 130 $\text{kg}^{-1} \text{ K}^{-1}$) is the specific heat of air at constant pressure, T is the air temperature at 2 m
- heigh, q is the specific humidity at 2 m height, p_0 and p are standard atmospheric
- pressure and surface pressure, respectively.
- The $\partial u/\partial z$ in the surface layer is estimated as

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$$\frac{\partial \overline{u}}{\partial z} = \phi_m \left(\zeta \right) \frac{u_*}{kz}, \tag{4}$$

and the non-dimensional wind profiles ϕ_m (Dyer, 1974) is:

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$$\phi_{m} = 1 + 5\zeta, (\zeta > 0) \tag{5}$$

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$$\phi_m = (1 - 16\zeta)^{-1/4}, (\zeta < 0)$$
 (6)

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$$\zeta = \frac{z}{L}, L = \frac{-u_*^3}{\kappa \frac{g}{\theta} \overline{w'\theta'}}, \tag{7}$$

$$\tau = \sqrt{\tau_x^2 + \tau_y^2}, \tag{8}$$

$$\tau = \rho u_*^2, \tag{9}$$

$$\tau = -\rho \overline{u'w'}. \tag{10}$$

Where the von Karman constant $\kappa = 0.4$, and z = 10 m. u is the horizontal wind

speed at level z and u_* is the frictional velocity. The stability parameter z/L is defined





in eq. (7). τ_x and τ_y are the Eastward and Northward turbulent surface stress, respectively. τ is turbulent fluxes of momentum, which can be calculated by using eq. (8). Then we use eq. (9) to derive u*. We also use eq. (10) to derive $-\overline{u'w'}$. Finally, we derive ST.

3 Results

Figure 1 (a) shows the spatial distribution of over-land low cloud cover (LCC) in China from June to August of 1951-2019. The high value areas of LCC that present in "ribbon pattern" are mainly located in the TP and Yangtze River Valley. Using four years of CloudSat-Calipso satellite data, Li and Zhang (2016) also confirmed that the climatological occurrence of cumulus over the TP is significantly greater than that in mid-eastern China on the same latitude. The elevated land surface with strong radiative heating makes the massive TP a favorable region for initiating convective cells with a high frequency of cumulonimbus and mesoscale convective systems (Sugimoto and Ueno, 2012). As a strong heat source, the TP has frequent convective activities in summer. During the TIPEX II in 1998, the long and narrow thermal plume corresponding with vigorous cellular convection on micro-scale was observed by sodar in Dangxiong. The convective plume and "raised" cloud over the TP are probably related to the organized eddies on the meso-scale and micro-scale over the TP.

As shown in Figure 2, in general, LCC increases with the increasing elevation. The median of LCC $_{\rm H}$ s are significantly greater than those of LCC $_{\rm L}$ and LCC $_{\rm M}$ throughout the day. The diurnal variations of LCC $_{\rm L}$ and LCC $_{\rm M}$ are generally distributed in unimodal pattern with the maximum appearing at 2:00 pm BT (median LCC $_{\rm L}$ = 37%, LCC $_{\rm M}$ = 38%) and low values (~20%) are maintained during the night. The diurnal variation of LCC $_{\rm H}$ presents a bimodal curve with the maximum appearing at 5:00 pm BT (median LCC $_{\rm H}$ = 69%) and the secondary local maximum appearing at 8:00 am BT (median LCC $_{\rm H}$ = 61%). Compared to the low elevation, the interquartile ranges (IQRs) of LCC $_{\rm H}$ are less than those of LCC $_{\rm L}$ and LCC $_{\rm M}$, which imply the LCC $_{\rm H}$ maintains high values during the day.

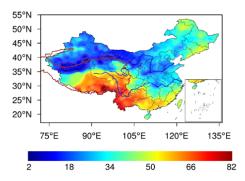




Figure 1. The monthly mean LCC derived from surface observations in summer from 1951 to 2019 in China.

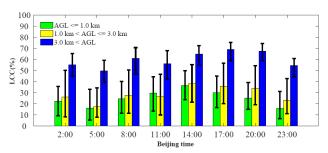


Figure 2. The durinal cycle of LCC in summer from 2010 to 2019 at different elevations: ASL ≤ 1.0 km (LCC_L), 1.0 km < ASL ≤ 3.0 km (LCC_M), and 3.0 km < ASL (LCC_H). It should be noted that all the sites are ranged from 27N to 40N in China, and each sample is derived from monthly mean LCC at a particular time in summer for each site. The bar and error bar represent the median values and interquartile ranges (IQRs) of LCC, respectively.

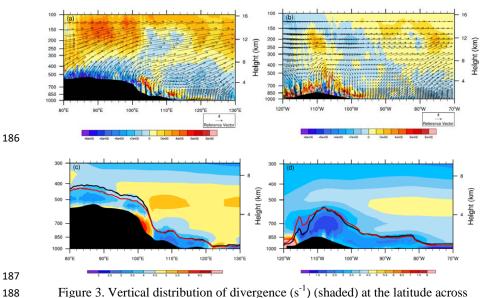


Figure 3. Vertical distribution of divergence (s⁻¹) (shaded) at the latitude across sections from 30N to 35N in (a) East Asia, (b) North America. The vectors of daily U-and W- wind components from 2010 to 2019 in summer along 30N–35N with the zonal circulations. The black shaded area represents topography. The red and black lines in Figure (c) and (d) denote the LCL and PBLH, respectively. The shaded colors except black in Figure (c) and (d) represent the vertical gradients of virtual potential temperature $d\theta_{\nu}/dz$.

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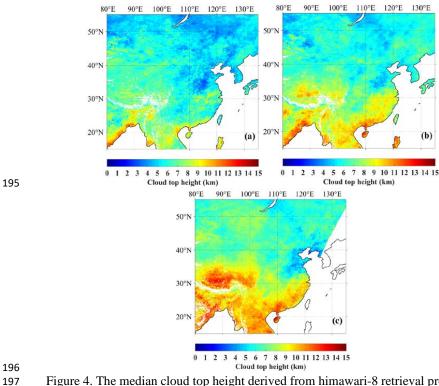


Figure 4. The median cloud top height derived from himawari-8 retrieval product at three Beijing times: (a) 2:30 pm±0.5h (b) 4:30 pm±0.5h (c) 6:30 pm±0.5h from June to August in 2016 over land in East Asia. Missing data are shaded in white color.

On the other hand, we note that, compared to eastern China, there is no obvious decrease trend for the LCC over the TP from late afternoon to evening as shown in Figure 2. The Figure 3 (a) shows there are obvious large scale ascending motions from near surface layer to upper troposphere over the TP, which correspond with the convergence at 500 hPa and the divergence at 200 hPa. Figure 3 (c) shows there are deep weak inversion layer (about 2 km with $d\theta_v/dz < 3$ K km⁻¹) and positive PBLH-LCL over the TP. These results are consistent with the conclusions proposed by Xu et al. (2014) and Wang et al. (2020). In contrast, Figure 3 (b) shows there are only weak large scale ascending motions from near surface layer to middle troposphere over the Rocky Mountains, while the large-scale subsidence on both sides of the Rocky Mountains leads to strong inversion above PBL and lower RH in near surface layer. The former restricts the growth of PBLH during the day, and the latter leads to the increased LCL. Thus negative PBLH-LCL is identified on both sides of the Rocky Mountains, especially for the western Rocky Mountain with strong large-scale subsidence, as shown in Figure 3 (d). With its thermal structure, the TP leads to dynamic processes of vapor transport, similar to the CISK mechanism of tropical cyclones.

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Figure 4 shows the spatial distribution of day time variations of cloud top height in summer. Compared to eastern China at the same latitude, the cloud top height has a significant increase from 2:30 pm (~7 km) to 6:30 pm (~14 km) over the TP. The cloud top height approaches the tropopause (~14 km) in the evening over the TP, which implies the frequent deep convective clouds at this time. This result is consistent with the observation of millimeter-wave radar in Naqu (Yi, 2016).

By comprehensively analyzing the second Tibet Plateau Experiment (TIPEX II) sodar data, Xu et al. (2002) and Zhou et al. (2000) found that, with narrow upward motion and time scale from 1.2 h to 1.5 h, the maximum upward motion of the thermal turbulence was identified at the height of about 120 m above the surface, its vertical speed up to 1 m s-1. They also found symmetrical and wide downward motion area on either side of the narrow upward motion zone. The question arises as to whether there is a relationship between the formation and evolution of frequent "pop-corn-like" convective clouds and micro-scale thermal turbulence in the atmospheric convective boundary layer over the TP. Xu et al., (2012) speculate these low clouds are probably initiated by strong thermal turbulence under low air density condition. Compared to the low elevation in eastern China, the increased thermal turbulence associated with low air density over the TP leads to the different turbulence characteristics of CBL. The CBL is mainly driven by buoyancy heat flux, and thermal turbulence with organized thermal plume is not totally random (Young, 1988a; Young, 1988b). The BT and ST over the TP are significantly greater than those at the low elevation, which play key roles in the convective activities in lower troposphere.

By using the statistical results from sodar data in the second Tibetan Plateau Experiment for atmospheric sciences (TIPEX II), Zhou et al. (2000) calculated the BT and ST at the height of 50 m under strong convection condition in Dangxiong (located at central TP). The results indicate that the BT is comparable to ST. Both the thermodynamic and dynamic processes have important influences on the convective activities. Both the BT and ST in the surface layer in Dangxiong are almost an order of magnitude greater than those at low elevation given by Brummer (1985) in North Sea and Weckwerthet et al. (1997) in Florida. Direct measurements from the Third Tibetan Plateau Experiments (TIPEX III) also confirmed that surface buoyancy flux over the TP is significantly larger than that in eastern China (Zhou, 2000; Wang et al., 2016). Both the sodar data in TIPEX II and boundary layer tower data in TIPEX III showed contributions of BT and ST to the turbulent kinetic energy in the lower troposphere are larger over the TP than over the southeastern margin of the TP and the low-altitude Chengdu Plain (Zhou, 2000; Wang et al., 2015). What is the relationship between high frequent low cloud and the above physical quantities (e.g. turbulence structure, temperature and humidity) under low air density condition over the TP? The physical mechanism should be discussed and analyzed. In addition, at low elevation in eastern China, the question arises as to whether or not the variations of PBLH and LCL favor the formation and development of low clouds.

As shown in Figure 5 (a), compared to the low elevation, for low RH_{2m} condition ($RH_{2m} < 40\%$), there is larger LCC (LCC > 50%) over the TP (AGL > 3 km). In





contrast, larger LCC mostly corresponds to higher RH_{2m} condition at low elevation, which is consisted with our common sense. The above interesting phenomenon can be explained by the differences of PBLH-LCL between TP and low elevation on summer afternoons, which are mainly attributed to two mechanisms. With a similar sensible heat flux, the lower air density over the TP leads to greater surface buoyancy flux (or BT) as shown in Figure 5 (c), which is conducive to the increase of PBLH over the TP. Figure 5 (d) shows great ST over the TP, which is mainly attributed to large wind speed. Although here we only show the ST in surface layer, strong wind shear in boundary layer probably also plays a role in increasing PBLH over the TP. On the other hand, with a similar RH, Wang et al. (2020) have indicated that, compared to the low elevation in eastern China, the lower temperature over the TP leads to a lower LCL. Together these mechanisms lead to a greater (PBLH-LCL) difference over the TP on summer afternoons, which increase the probability of air parcels reaching the LCL and forming clouds as shown in Figure 5 (b).

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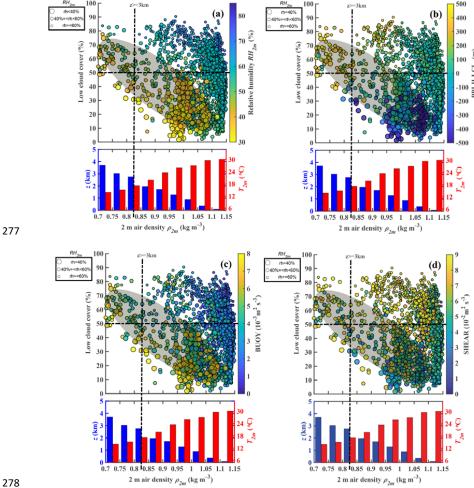






Figure 5. The relationships among monthly means of low cloud cover LCC, ρ_{2m} and (a) RH_{2m}, (b) PBLH-LCL, (c) BT and (d) ST at 2:00 pm (BT) from 2010 to 2019 in summer in China. The samples are divided into three groups: RH_{2m} >= 60% (small size dots), 60% > RH_{2m} >= 40% (median size dots) and RH_{2m} < 40% (large size dots). The LCC, T2m and RH2m are observed by in situ measurements, and PBLH, LCL, BT and ST are derived from ERA5 reanalysis data. Here we use the nearest neighbor gridding method to derive the PBLH, LCL, BT and ST at each site. The blue and red histograms show an approximate relationship between ρ_{2m} and surface elevation above sea level z, air temperature at 2 m (T_{2m}) at the bottom of Figure 1a, respectively. The dots with lower RH_{2m} (RH_{2m} < 40%) are mostly distributed within grey shaded elliptic region as shown in Figure 5 (a)-(d).

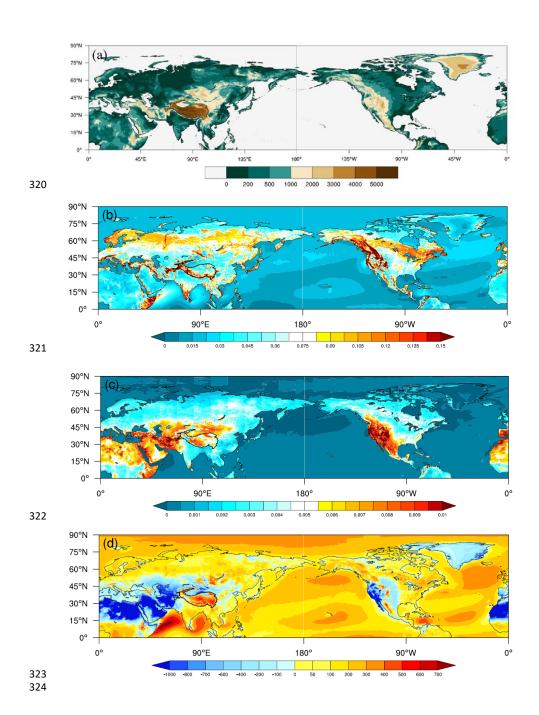
Based on the spatial distribution of topography in the northern hemisphere as shown in Figure 6 (a), it is clear that both the TP and Rocky Mountains in North America are typical large topography regions. From the viewpoint of global effects, the triggering effects of dynamical structure within the boundary layer on convective clouds in the northern hemisphere are discussed. Figure 6 (d) shows the mean spatial distribution of PBLH – LCL in the northern hemisphere from June to August of 2010-2019. The TP and Rocky Mountains are two typical high value regions in the northern hemisphere, and the mean PBLH – LCL over the TP and Rocky Mountains are 376.7 m and -101.9 m, respectively.

Figure 6 (b)-(c) show the spatial distribution of ST and BT in the northern hemisphere from June to August of 2010-2019, respectively. The effect of strong thermal turbulence results in obvious positive value of PBLH – LCL at high elevation regions under low air density condition in the northern hemisphere (BT = 0.008 m² s⁻³, PBLH – LCL = 376.7 m over the TP and BT = 0.011 m² s⁻³, PBLH – LCL = -101.9 m over the Rocky Mountains). Figure 6 (b) also shows that there are strong STs at these two high elevation regions (ST = 0.087 m² s⁻³ over the TP and ST = 0.085 m² s⁻³ over the Rocky Mountains). Both the BT and ST increase significantly at high elevation due to low air density compared to those at low elevation. The above results enlighten us on thinking about whether the triggering effects of large topography and boundary layer turbulence, which reflect the special turbulence characteristics in boundary layer at high elevation regions under low air density condition, can be applicable for any large topography in the globe, including TP and other regions (e.g. Rocky Mountains).

Figure 7 shows the conceptual model of atmosphere from the near-surface to upper troposphere over the TP. Compared to the low elevation, the TP is characterized by higher PBLH and lower LCL because of strong BT and ST, which is favorable for the formation of shallow clouds in the afternoon. Meanwhile, the large scale ascending motion over the TP results in the transition from shallow clouds to deep convective clouds in the late afternoon and evening.







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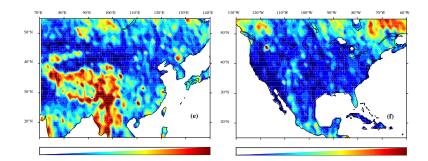


Figure 6. The spatial distribution of (a) AGL, (b) ST, (c) BT, (d) PBLH-LCL, and (e) LCC derived from cloudsat satellite data at local time 2:00 pm in the Northern Hemisphere in summer.

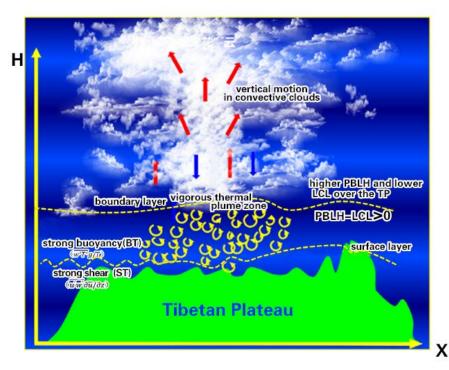


Figure 7. The characteristics model of boundary layer turbulence related to "high efficiency" triggering mechanisms for convection over the TP.

4 Conclusions and further discussion

In this study, we focus on the triggering effects of large topography and boundary layer turbulence over the Tibetan Plateau on convection. The topography of TP also has a major role in the increasing of occurrences of convective clouds. Our





results further confirm the conclusions from Wang et al. (2020), which found that PBLH-LCL over the TP is greater than that in eastern China. Compared to the eastern China, with the same relative humidity, lower temperature over the TP results in a lower lifting condensation level. With the same surface sensible heat flux, lower air density over the TP results in a larger buoyancy flux and a deeper boundary layer. The observational results show that, under low relative humidity condition (RH < 40%), the low cloud cover (LCC) is higher than 60% over the TP. In contrast, the high LCC (LCC > 60%) only appears under conditions with high RH (RH > 60%) at low elevation.

In general, LCC increases with the increasing elevation. The median of LCCs at high elevation (TP) are significantly greater than those at low elevation (eastern China) throughout the day. The diurnal variations of LCC in eastern China are generally distributed in unimodal pattern with the maximum appearing at 2:00 pm BT and low values during the night. The diurnal variations of LCC at high elevation (TP) present a bimodal curve with the maximum appearing at 5:00 pm BT and the secondary local maximum appearing at 8:00 am BT. In addition, LCC maintains at high values at high elevation (TP) during the day. The median cloud top height derived from himawari-8 retrieval product shows the transition from shallow clouds to deep convective clouds in the late afternoon and evening over the TP, which is attributed to the strong large-scale ascending motion from the near surface to upper troposphere over the TP.

The buoyancy term (BT) and shear term (ST) over the TP are significantly greater than those at the low elevation, which is favorable for the formation of increasing PBLH. Similar phenomenon occurs at other high elevation area (e.g. Rocky Mountains). The strong thermal turbulence results in positive value of PBLH-LCL at high elevation regions under low RH condition in the northern hemisphere. The slightly greater than zero PBLH-LCL corresponds spatially to more LCC in the central part of Rocky Mountains, but obvious large-scale subsidence on both sides of the mountain leads to strong inversion above PBL and lower RH in PBL, which further lead to less LCC in these areas. Thus less LCC is generated at Rocky Mountains compared to the TP.

Data availability

- All reanalysis data used in this study were obtained from publicly available sources:
- 369 ERA5 reanalysis data can be obtained from the ECMWF public datasets web interface
- 370 (http://apps.ecmwf.int/datasets/). The satellite (CloudSat radar and Calipso
- 371 lidar)-merged cloud classification product 2B-CLDCLASS-lidar were obtained from
- 372 Colorado State University
- 373 (http://www.cloudsat.cira.colostate.edu/data-products/level-2b/2b-cldclass-lidar). The
- 374 himawari-8 retrieval products were obtained from JAXA Himawari Monitor
- 375 (https://www.eorc.jaxa.jp/ptree/).





376	Code Availability
377	The data in this study are analysed with MATLAB. Contact Y.W. for specific code
378	requests.
379	Acknowledgements
380 381 382 383	Xu and Wang are supported by the Second Tibetan Plateau Scientific Expedition and Research (STEP) program (Grant Nos. 2019QZKK0105), National Natural Science Foundation of China (Grant Nos. 91837310), and the National Natural Science Foundation for Young Scientists of China (Grant Nos. 41805006).
384	Author Contributions
385 386 387	X.X. and Y. W. led this work with contributions from all authors. Y.T. and Y. W. made the calculations and created the figures. X.X, Y.W. and S.Z. led analyses, interpreted results and wrote the paper.
388	Competing interests
389 390 391 392	The authors declare no competing interests.
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