

1 **Triggering effects of large topography and boundary layer turbulence on**
2 **convection over the Tibetan Plateau**

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15 **Abstract**

16 In this study, we analyze the diurnal variations and formation mechanism of low
17 | clouds at different elevations. We further discuss whether there exists triggering
18 | mechanism for convection over the Tibetan Plateau (TP), and whether there is an
19 | association among low air density, strong turbulence and ubiquitous “popcorn-like”
20 | cumulus clouds. The buoyancy term (BT) and shear term (ST) over the TP are
21 | significantly greater than those at the low elevation, which is favorable for the
22 | formation of increasing planetary boundary layer height (PBLH), and also plays a key
23 | role in the convective activities in the lower troposphere. The lifting condensation
24 | level (LCL) increases with the increasing of PBLH-LCL over the TP. From the
25 | viewpoint of global effects, the triggering effects of the dynamical structure within the
26 | boundary layer on convective clouds in the Northern Hemisphere are analyzed. There
27 | are strong ST and BT at two high elevation regions (TP and Rocky Mountains), and
28 | the strong thermal turbulence results in obvious positive value of PBLH-LCL at high
29 | elevation regions under low RH condition in the Northern Hemisphere. The values of
30 | PBLH-LCL slightly greater than zero correspond spatially to [moreincreased](#) low
31 | cloud cover (LCC) in the central part of Rocky Mountains, but [the](#) obvious large-scale
32 | subsidence on both sides of the mountain leads to strong inversion above PBL and
33 | lower RH in PBL, which further lead to [lessdecreased](#) LCC in these areas. Thus less
34 | LCC is generated at Rocky Mountains compared to the TP.

35 **Introduction**

36 The Tibetan Plateau (TP), which resembles a "third pole" and a "world water
37 tower", plays an important and special role in the global climate and energy–water
38 cycle (Xu et al., 2008; Wu et al., 2015). The TP covers a quarter of China.
39 Additionally, the average altitude of the TP is 4000 meters, reaching 1/3 of the
40 tropopause height, so it is called the "World Roof". Cumulus convection over the TP
41 transfers heat, moisture and momentum into the free troposphere, which can impact
42 the atmospheric circulation regionally and globally (Li and Zhang, 2016; Xu et al.,
43 2014) and reveals the important "window effect" for the transfer and exchange of
44 global energy and water vapor over the TP. ~~The~~ It is the dynamic effect from the
45 ~~special heat source—dynamic effect~~that constitutes the "window effect" and
46 "thermally driven" mechanism over the TP.

47 The results of the second Tibetan Plateau Experiments (TIPEX II), which ~~was~~were
48 carried out in 1998, showed that the strong convective plumes within PBL observed
49 by sodar and a frequently occurred deep mixed layer (>2 km) can lead to ubiquitous
50 "popcorn-like" cumulus clouds in Dangxiong, as proposed by Zhou et al. (2000)—in
51 Dangxiong, and Xu et al. (2002) ~~proposed~~came up with a comprehensive physical
52 pattern of land-air dynamic and thermal structure on the Qinghai-Xizang Plateau~~TP~~
53 (Xu et al., 2002; Zhou, 2000). The previous studies have done many valuable
54 researches on the triggering mechanism of moist convection over moist and dry
55 surfaces based on atmospheric observations and simulations (Ek and Mahrt, 1994;
56 Findell and Eltahir, 2003; Gentine et al., 2013). For dry surface, the weak
57 stratification and strong sensible heat flux result in the rapid growth of PBLH so that
58 the relative humidity at the top of the boundary layer RH_{top} increases rapidly, which
59 favors the formation of clouds. For moist surface, strong stratification and evaporation
60 (small bowen ratio) ~~not only result in~~cause slow growth of PBLH, ~~abut~~ also increase
61 the mixed layer specific humidity and RH_{top} , which favor the formation and
62 development of clouds. Taylor et al. (2012) found that the afternoon rain falls
63 preferentially over soils that are relatively dry compared to the surrounding area,
64 especially for semi-arid regions. Guillod et al. (2015) reconciled spatial and temporal
65 soil moisture effects on the afternoon rainfall. They showed that afternoon
66 precipitation events tend to occur during wet and heterogeneous soil moisture
67 conditions, while being located over comparatively drier patches. Tuttle et al. (2016)
68 showed the empirical evidence of contrasting soil moisture–precipitation feedbacks
69 across the United States, and they found that soil moisture anomalies significantly
70 influence rainfall probabilities over 38% of the area with a median factor of 13%.
71 Findell et al. (2003) analyzed~~According to~~ the model results over dry and wet soils in
72 Illinois, ~~Findell et al. (2003) Then~~ They summarized the predictive capability of rain
73 and shallow clouds ~~gained from use~~by using of the convective triggering potential
74 (CTP) and a low-level humidity index, with HI_{low} as measures of the early morning
75 atmospheric setting. Our previous studies pointed out that the developments of these

76 cumulus clouds are related to the special large scale dynamic structure and turbulence
77 within PBL over the TP (Xu et al., 2014; Wang et al., 2020). In addition, Wang et al.,
78 (2020) pointed out that, despite the same relative humidity between eastern China and
79 the TP, the lower temperature over the TP results in a lower lifting condensation level.
80 With the same surface sensible heat flux, lower air density over the TP results in a
81 larger buoyancy flux and a deeper boundary layer. All the above results indicate the
82 topography of the TP plays a major role in increasing the occurrence frequency of ~~the~~
83 strong convective clouds (Luo et al., 2011). This conclusion is consistent with the
84 viewpoint of Flohn (1967) who emphasized the chimney effect of the huge
85 cumulonimbus clouds on heat transfer in the upper troposphere.

86 The TP is one of the regions in China wherethat is featured with high frequency
87 of cumulus clouds ~~occurs~~, and the development of cumulus system is related to both
88 the turbulence and special dynamical structure in PBL over the TP. The vertical
89 motion over the TP is associated with the anomalous convective activities. However,
90 as Li and Zhang (2016) mentioned, the details of PBL process are not very clear, ~~and~~
91 ~~also~~. The same is true for the diurnal variations and formation mechanism of low
92 clouds over the TP and low elevation regions ~~are still not very clear~~. The different
93 variation characteristics of these low clouds at different elevations and regions also
94 need to be discussed and analyzed. Moreover, Wwe further need to discussinvestigate
95 whether there exist “high efficiency” triggering mechanisms for convection over the
96 TP, and whether there is an association among low air density, strong turbulence and
97 ubiquitous “popcorn-like” cumulus clouds. Is there also strong turbulence at higher
98 elevation regions with lower air density in the globe? What is the impact of the large
99 scale vertical motions on clouds? Because both the TP and Rocky Mountains are high
100 elevation regions with hugecovering large area in mid-latitude areas, in this study we
101 mainly focus on these two regions to analyze the above scientific questions.

102 **2 Observational and reanalysis data**

103 We use in situ measurements of temperature (T) and relative humidity (RH) at 2 m
104 height, surface pressure data every hour, and low cloud cover (LCC) every three
105 hours from 2402 automatic weather stations ~~–~~ from June to August of 2010-2019 in
106 China. LCC here refers to the fraction of the sky covered by low clouds as estimated
107 by human observers, including five cloud types: nimbostratus (Ns), stratocumulus
108 (Sc), stratus (St), cumulus (Cu), and deep convection (DC). These surface observation
109 datasets are provided by China National Meteorological Information Center.

110 In addition, we use the hourly $0.25^\circ \times 0.25^\circ$ ERA5 reanalysis surface-layer data
111 in summer (June 1 to August 31) from 2010 to 2019 (Hersbach et al., 2020).

112 We use more than 4 years (from June 15 2006 to August 31 2010) of the satellite
113 (CloudSat radar and Calipso lidar)-merged cloud classification product
114 2B-CLDCLASS-lidar to calculate the mean LCC with $1^\circ \times 1^\circ$ resolution at about 2:00
115 pm and 2:00 am LT in summer. The introduction of this product and details of the
116 LCC calculation methods are summarized in Sassen and Wang (2008) and Wang et al
117 (2020).

118 We use a Gaofen 4 (GF 4) visible satellite image with [the](#) spatial resolution of 50
 119 m on August 4 ~~in~~of 2020 to show the organized structures (cellular convection) in
 120 southeastern TP, [as shown in Figure 1](#). GF 4 is a geostationary earth observation
 121 satellite in the Gaofen series of Chinese civilian remote sensing satellites. We also use
 122 the 1 year (from June 1 to August 31 ~~in~~of 2016) geostationary satellite himawari-8
 123 retrieval product (cloud top height) over land in East Asia.

124 In this study, ~~we also use monthly mean~~ [we also use](#) –temperature (T) [at 2 m](#)
 125 [height, and](#)–relative humidity (RH) at 2 m height, surface pressure, [and](#) planetary
 126 boundary layer height (PBLH) ~~every hour~~–from ERA5 reanalysis data from 2010 to
 127 2019. [To be specific, the above four variables represent hourly average values for](#)
 128 [each month \(24 values in total for a month\)](#). The lifting condensation level (LCL) is
 129 calculated by [the](#) method proposed by (Romps, 2017).

130 Using sensible heat flux H , Northward turbulent surface stress τ_y and Eastward
 131 turbulent surface stress τ_x from ERA5 reanalysis data, ~~then~~–we calculate the
 132 buoyancy term (BT) ($g/\theta_v \overline{w'\theta'_v}$) and shear term (ST) ($-\partial\bar{u}/\partial z \overline{u'w'}$) in the TKE
 133 equation for each grid. Both of these two terms can be used to analyze the effect of
 134 boundary layer turbulence in surface layer on convection. The details of the method
 135 for computing BT and ST are as follows:

136 The shear term (ST) ($-\partial\bar{u}/\partial z \overline{u'w'} - \partial\bar{v}/\partial z \overline{v'w'}$) and buoyancy term (BT) ($g/\theta_v \overline{w'\theta'_v}$)
 137 in the TKE equation maintain the turbulent motions. In order to simplify calculations,
 138 the x-axis is directed along the average wind. Assuming horizontal homogeneity and
 139 no mean divergence, the TKE equation is written as

$$140 \quad \frac{\partial \bar{e}}{\partial t} = \frac{g}{\theta_v} \overline{w'\theta'_v} - \overline{u'w'} \frac{\partial \bar{u}}{\partial z} - \frac{\partial (\overline{w'e})}{\partial z} - \frac{1}{\rho} \frac{\partial (\overline{w'p'})}{\partial z} - \varepsilon. \quad (1)$$

141 The left side of eq. (1) is the local time variation $\partial \bar{e} / \partial t$, and the terms on the
 142 right-hand side of eq. (1) describe the buoyancy and shear energy production or
 143 consumption, turbulent transport of \bar{e} , pressure correlation and viscous dissipation
 144 (Stull, 1988).

145 Here we use eq. (2) to calculate [the](#) virtual potential temperature θ_v , and $\overline{w'\theta'_v}$ is
 146 derived from eq. (3). Finally, we derive BT.

$$147 \quad \theta_v = T(1 + 0.608q) \left(\frac{p_0}{p} \right)^{\frac{R}{c_p}}, \quad (2)$$

$$148 \quad H = \rho c_p \overline{w'\theta'_v}, \quad (3)$$

149 Where $g = 9.8 \text{ m s}^{-2}$ is the gravitational constant, and $H \text{ (W m}^{-2}\text{)}$ is the sensible heat
 150 flux, $\rho \text{ (kg m}^{-3}\text{)}$ is the air density, R is the specific gas constant for dry air, $c_p \text{ (=1004 J}$
 151 $\text{kg}^{-1} \text{ K}^{-1}\text{)}$ is the specific heat of air at constant pressure, T is the air temperature at 2 m

152 height, q is the specific humidity at 2 m height, p_0 and p are standard atmospheric
 153 pressure and surface pressure, respectively.

154 For ERA5 reanalyze data, the $\partial \bar{u} / \partial z$ in the surface layer is estimated as

$$155 \quad \frac{\partial \bar{u}}{\partial z} = \phi_m(\zeta) \frac{u_*}{kz}, \quad (4)$$

156 and the (i) Unstable conditions ($\zeta = z/L < 0$). The non-dimensional wind profiles ϕ_m
 157 are deduced from eq.(5), as proposed by (Dyer, 1974) is:

$$158 \quad \phi_m = (1 - 16\zeta)^{-1/4}, (\zeta < 0) \quad (5)$$

159 (ii) Stable conditions ($\zeta = z/L > 0$). The stable profile functions are assumed to have
 160 the empirical forms proposed by Holtslag and Bruin (1988). The universal profile
 161 stability functions ψ_m can be written as

$$162 \quad \psi_m = -b \left(\zeta - \frac{c}{d} \right) \exp(-d\zeta) - a\zeta - \frac{bc}{d}, \quad (6)$$

163 Where $a = 1$, $b = 2=3$, $c = 5$, and $d = 0.35$. Then ϕ_m can be estimated with the
 164 help of the relationship $\phi_m = 1 - \zeta (\partial \psi_m / \partial \zeta)$.

$$165 \quad \phi_m = 1 + 5\zeta, (\zeta > 0) \quad (5)$$

$$166 \quad \phi_m = (1 - 16\zeta)^{-1/4}, (\zeta < 0) \quad (6)$$

$$167 \quad \zeta = \frac{z}{L}, L = - \frac{(\tau/\rho)^{3/2}}{\kappa(g/\theta_v)(H/\rho c_p)}, \quad (7)$$

$$168 \quad \tau = \sqrt{\tau_x^2 + \tau_y^2}, \quad (8)$$

$$169 \quad \tau = \rho u_*^2, \quad (9)$$

$$170 \quad \tau = -\rho \overline{u'w'}. \quad (10)$$

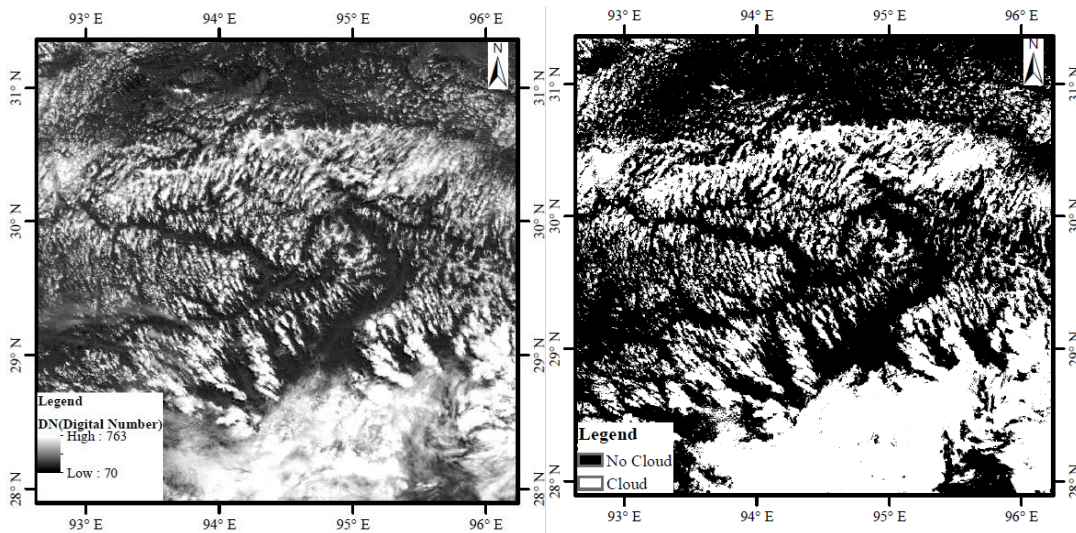
171 Where the von Karman constant $\kappa = 0.4$, and $z = 10$ m. \bar{u} is the horizontal wind
 172 speed at level z and u_* is the frictional velocity. The stability parameter z/L is defined
 173 in eq. (7), and the Obukhov length L can be directly written as a function of τ and H in
 174 eq.(7) (Gryanik et al. 2020). τ_x and τ_y are the Eastward and Northward turbulent
 175 surface stress, respectively. τ is turbulent fluxes of momentum, which can be

176 calculated by using eq. (8). Then we use eq. (9) to derive u^* . We also use eq. (10) to
177 derive $-\overline{u'w'}$. Finally, we derive ST.
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179 3 Results

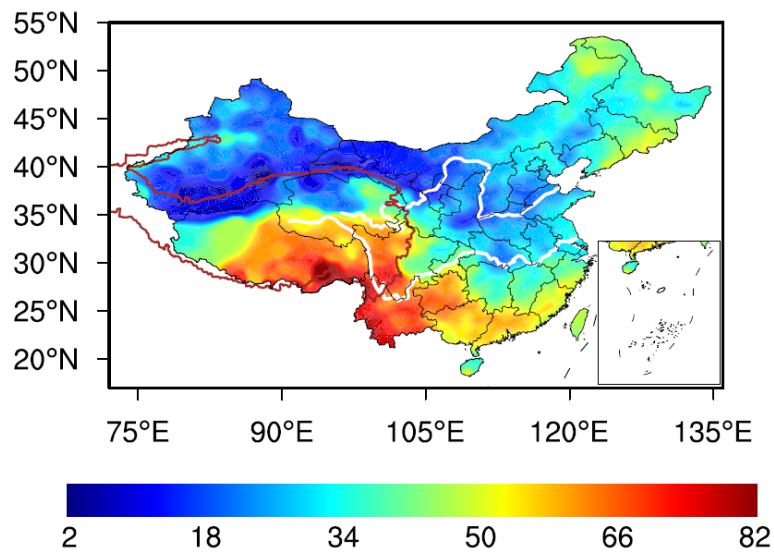
180 Figure 2– shows the spatial distribution of over-land low cloud cover (LCC) in
181 China from June to August of 1951-2019. Compared to the low LCC in eastern China,
182 the high value areas of LCC are mainly located in the mid-eastern TP and the area of
183 the upper Yangtze River Valley. But there are low LCC is also identified in western
184 and northern parts of TP,–w. We will make a further discuss about it in subsequent
185 paragraphs. Using four years of CloudSat-Calipso satellite data, Li and Zhang (2016)
186 ~~also~~ confirmed that the climatological occurrence of cumulus over the TP is
187 significantly greater than that in mid-eastern China on the same latitude. The elevated
188 land surface with strong radiative heating makes the massive TP a favorable region
189 for initiating convective cells with a high frequency of cumulonimbus and mesoscale
190 convective systems (Sugimoto and Ueno, 2012). As a strong heat source, the TP has
191 frequent convective activities in summer. During the TIPEX II in 1998, the long
192 and narrow thermal plume corresponding with vigorous cellular convection on
193 micro-scale was observed by sodar in Dangxiong. As shown in Figure 1, the
194 convective plume and “raised” shallow convective clouds on a horizontal scale from
195 hundreds of meters to several kilometres over the southeastern TP (92.7-96.2E,
196 29.5-31.3N~~above latitude 30N~~) are probably related to the organized eddies on the
197 meso-scale and micro-scale over the TP. The cloud fraction over the southeastern TP
198 is about 31.3%.

199 As shown in Figure 3, in general, LCC increases with the increasing elevation.
200 The median of LCC_H ~~are~~is significantly greater than those of LCC_L and LCC_M
201 throughout the day. The diurnal variations of LCC_L and LCC_M are generally
202 distributed in unimodal pattern, with the maximum appearing at 2:00 pm BT (median
203 $LCC_L = 37\%$, $LCC_M = 38\%$) and low values ($\sim 20\%$) are maintained during the night.
204 The diurnal variation of LCC_H presents a bimodal curve with the maximum appearing
205 at 5:00 pm BT (median $LCC_H = 69\%$) and the secondary local maximum appearing at
206 8:00 am BT (median $LCC_H = 61\%$). Compared to the low elevation, the interquartile
207 ranges (IQRs) of LCC_H are ~~less~~smaller than those of LCC_L and LCC_M , which imply
208 the LCC_H maintains high values during the day. To further confirm and compare the
209 above results ~~from~~with in situ measurements, using ERA5 LCC data, we also add
210 Figure S1 to show the diurnal cycle of LCC in summer in East Asia and North
211 America in the supplementary material.



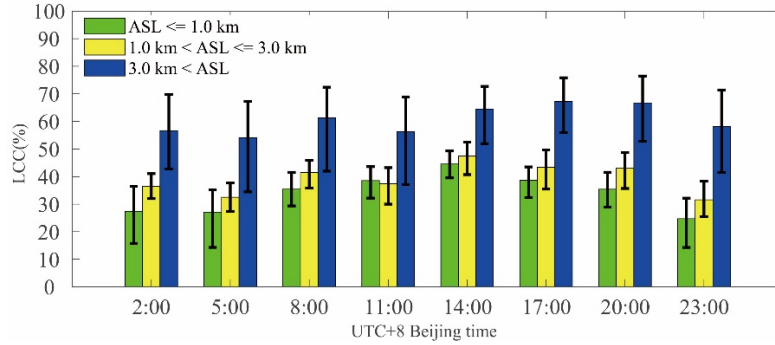
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Figure 1. The (a) digital number (DN) and (b) spatial distribution of cloud in southeastern TP from geostationary earth observation satellite Gaofen 4 (GF4) at 12:00 pm Beijing time (about 10:20 am local time) on August 4 of 2020 southeastern TP. Here we simply use $DN = 250$ as a threshold. All the grids in Figure (a) are divided into two classes ($DN > 250$, cloud; $DN < 250$, no cloud), and then we give Figure (b).



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Figure 2. The summer mean LCC derived from surface observations in summer from 1951 to 2019 in China. The thick red contour denotes the 2.5 km topography height referred to as the TP. The white blue-lines located in northern and southern parts of China denote the Yellow and Yangtze River, respectively.



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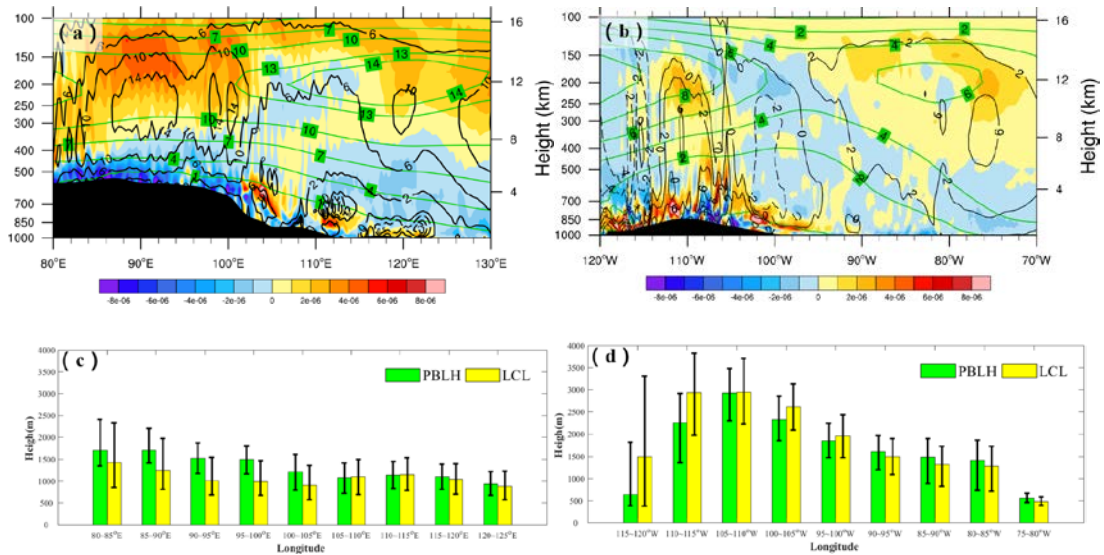
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Figure 3. The diurnal cycle of LCC in summer from 2010 to 2019 at different altitudes above sea level (ASL): $ASL \leq 1.0$ km (LCC_L), 1.0 km $< ASL \leq 3.0$ km (LCC_M), and 3.0 km $< ASL$ (LCC_H). It should be noted that all the sites are ranged from 27N to 40N in China, and each sample is derived from monthly mean LCC at a particular time in summer for each site. The bar and error bar represent the median values and interquartile ranges (IQRs) of LCC, respectively. [The subscripts L, M and H of LCC denote the low, median and high clouds, respectively.](#)



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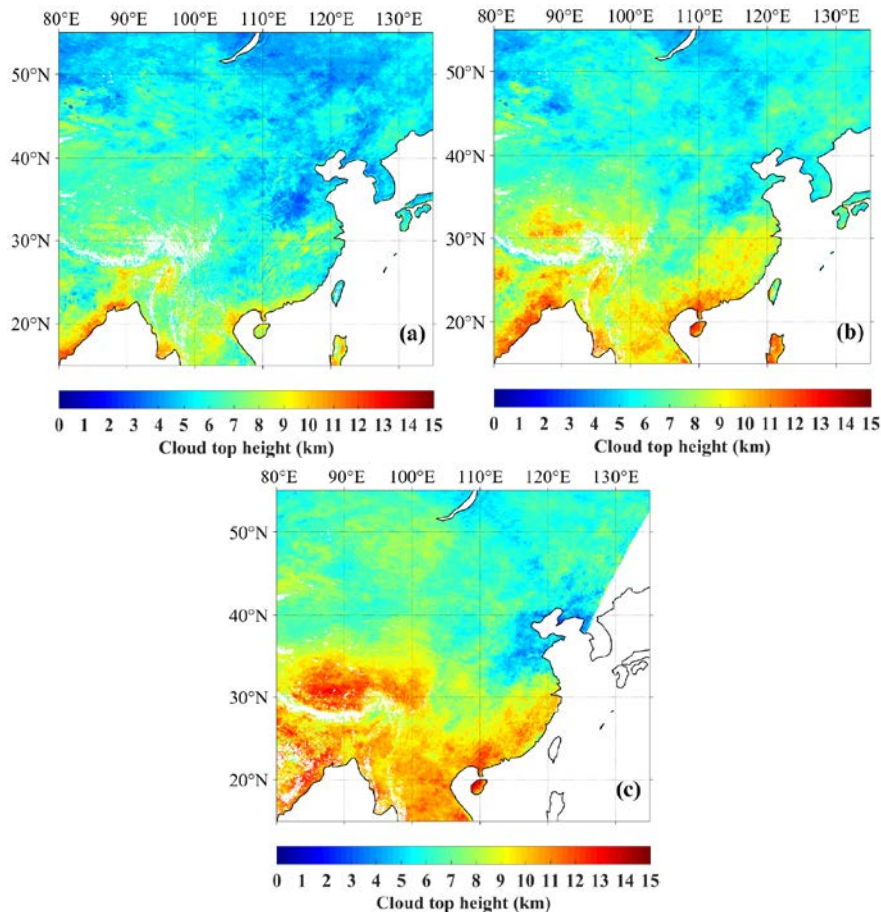
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Figure 4. Vertical distribution of divergence (s^{-1}) (shaded) at the latitude across sections from 30N to 35N in (a) East Asia; [and](#) (b) North America. [The green and black contours denote the summer mean vectors of U- \(\$m s^{-1}\$ \) and W- \(\$10^{-2} m s^{-1}\$ \) wind components at local time 2:00 pm from 2010 to 2019 along 30N–35N with the zonal circulations, respectively. The solid and dash contour lines represent the positive and negative values, respectively.](#) The black shaded areas represents topography. [The red and black lines in Figure \(c\) and \(d\) denote the LCL and PBLH, respectively. The shaded colors except black in Figure \(c\) and \(d\) represent the vertical gradients of virtual potential temperature \$d\theta_v/dz\$.](#) The PBLH (green) and LCL (yellow) versus longitude in (c) East Asia; [and](#) (d) North America. The bar and error bar represent the median values and interquartile ranges (IQRs), respectively.



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Figure 5. The median cloud top height derived from himawari-8 retrieval product at three Beijing times: (a) 2:30 pm±0.5h (b) 4:30 pm±0.5h (c) 6:30 pm±0.5h from June to August in 2016 over land in East Asia. Missing data are shaded in white color.

On the other hand, we note that, compared to eastern China, there is no obvious decrease trend for the LCC over the TP from late afternoon to evening as shown in Figure 3. Based on the spatial distribution of topography in the Northern Hemisphere as shown in Figure 7 (a), it is clear that both the TP (27-40N, 70-105E) and Rocky Mountains (27-40N, 103-120W) in North America are two large areas with high elevations in mid-latitude regions in the Northern Hemisphere, so here we select these two typical large topography regions to analyze the triggering effects of large topography and related dynamical structure within the boundary layer on convective clouds. ~~The Figure 4 (a) shows~~ In general, there are obvious large scale ascending motions from near surface layer to upper troposphere over the TP, which correspond with the convergence at 500 hPa and the divergence at 200 hPa, as shown in Figure 4 (a). Figure 4 (c) shows there are generally deep weak inversion layer (about 2 km with $d\theta_w/dz < 3 \text{ K km}^{-1}$) and positive PBLH-LCL (~500 m) over the TP, and the median and IQR of PBLH are close to those of LCL in East Asia. These results are consistent with the conclusions proposed by Xu et al. (2014) and Wang et al. (2020). In contrast, Figure 4 (b) shows there are only weak large scale ascending motions from near surface layer to middle troposphere over the Rocky Mountains, while and the large-scale subsidence on both sides of the Rocky Mountains can leads to strong

272 inversion above PBL and lower RH in near surface layer. The former restricts the
273 growth of PBLH during the day, and while the latter leads to the increased LCL. Thus,
274 negative PBLH-LCL is identified on both sides of the Rocky Mountains (30-35N,
275 110-120W and 30-35N, 100-105W), especially for the western Rocky Mountain
276 (30-35N, 110-120W) with strong large-scale subsidence, as shown in Figure 4 (d).
277 ~~With its thermal structure, the TP leads to d~~Dynamic processes of vapor transport are
278 generated because of the thermal structure of the TP, which is similar to the
279 conditional instability of the second kind (CISK) mechanism of tropical cyclones. It
280 should be pointed out that there are large scale descending motions at 500 hPa in part
281 of western TP and Qaidam Basin as shown in Figure S2, which leads to less LCC in
282 these regions compared to the other parts of the TP, as shown in Figure 2. In addition,
283 the meteorological stations in northern part of TP (34-36N, 80-90E) are scarcely and
284 unevenly distributed, and therefore the low LCC in the Taklamakan Desert leads to
285 fake low LCC values in northern part of TP (80-90E, 34-36N), as shown in Figure 2.
286 In fact, there are high LCC in these regions as shown in Figure 7 (e).

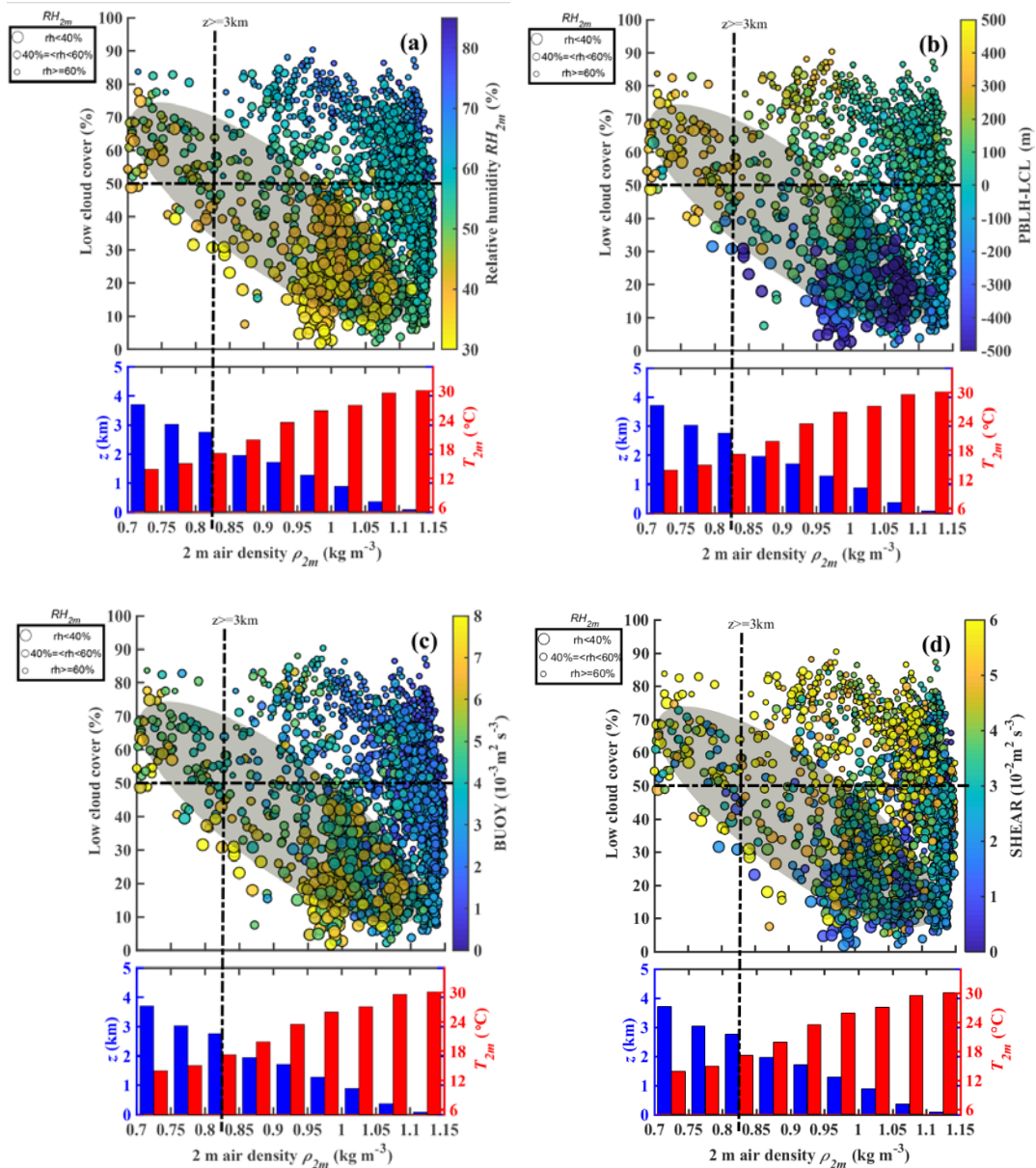
287 Figure 5 shows the spatial distribution of day time variations of cloud top height
288 in summer. Compared to eastern China at the same latitude, the cloud top height ~~has a~~
289 ~~significant~~ increases significantly from 2:30 pm (~7 km) to 6:30 pm (~14 km) over
290 the TP. The cloud top height approaches the tropopause (~14 km) in the evening ~~over~~
291 ~~the TP~~, which implies the frequent occurrence of deep convective clouds at this time.
292 This result is consistent with the observation of millimeter-wave radar in Naqu (Yi,
293 2016).

294 By comprehensively analyzing the second Tibet Plateau Experiment (TIPEX II)
295 sodar data, Xu et al. (2002) and Zhou et al. (2000) found that, with narrow upward
296 motion and time scale from 1.2 h to 1.5 h, the maximum upward motion of the
297 thermal turbulence was identified at the height of about 120 m above the surface,
298 it with the vertical speed up to 1 m s^{-1} . They also found symmetrical and wide
299 downward motion area on either side of the narrow upward motion zone. The
300 question arises as to whether there is a relationship between the formation and
301 evolution of frequent "pop-corn-like" convective clouds and micro-scale thermal
302 turbulence in the atmospheric convective boundary layer over the TP. Xu et al., (2012)
303 speculate these low clouds are probably initiated by strong thermal turbulence under
304 low air density conditions. Compared to the low elevation in eastern China, the
305 increased thermal turbulence associated with low air density over the TP leads to the
306 different turbulence characteristics of convective boundary layer (CBL). The CBL is
307 mainly driven by buoyancy heat flux, and the thermal turbulence with organized
308 thermal plume is not totally random (Young, 1988a; Young, 1988b). The BT and ST
309 over the TP are significantly greater than those at the low elevation, which play key
310 roles in the convective activities in lower troposphere.

311 By using the statistical results from sodar data in the second Tibetan Plateau
312 Experiment for atmospheric sciences (TIPEX II), Zhou et al. (2000) calculated the BT
313 and ST at the height of 50 m under strong convection conditions in Dangxiong
314 (located at central TP). The results indicate that the BT is comparable to ST. Both the
315 thermodynamic and dynamic processes have important influences on the convective

316 activities. Both the BT and ST in the surface layer in Dangxiong are almost an order
317 of magnitude greater than those at low elevation given by Brummer (1985) in North
318 Sea and Weckwerth et al. (1997) in Florida. Direct measurements from the Third
319 Tibetan Plateau Experiments (TIPEX III) also confirmed that surface buoyancy flux
320 over the TP is significantly larger than that in eastern China (Zhou, 2000; Wang et al.,
321 2016). Both the sodar data in TIPEX II and boundary layer tower data in TIPEX III
322 showed contributions of BT and ST to the turbulent kinetic energy in the lower
323 troposphere are larger over the TP than over the southeastern margin of the TP and the
324 low-altitude Chengdu Plain (Zhou, 2000; Wang et al., 2015). What is the relationship
325 between high frequent low cloud and the above physical quantities (e.g. turbulence
326 structure, temperature and humidity) under low air density conditions over the TP?
327 The physical mechanism should be discussed and analyzed. In addition, at low
328 elevation in eastern China, the question arises as to whether or not the variations of
329 PBLH and LCL favor the formation and development of low clouds.

330 As shown in Figure 6 (a), compared to the low elevation, ~~for low RH_{2m} condition~~
331 ~~($RH_{2m} < 40\%$)~~, there is larger LCC ($LCC > 50\%$) over the TP (ASL > 3 km) under
332 low RH_{2m} condition ($RH_{2m} < 40\%$). In contrast, larger LCC mostly corresponds to
333 higher RH_{2m} condition at low elevation, which is consisted with our common sense.
334 The above interesting phenomenon can be explained by the differences of PBLH-LCL
335 between the TP and low elevation on summer afternoons, which are mainly attributed
336 to two mechanisms. With a similar sensible heat flux, the lower air density over the
337 TP leads to greater surface buoyancy flux (or BT) as shown in Figure 6 (c), which is
338 conducive to the increase of $-PBLH$ over the TP. Figure 6 (d) shows great ST over
339 the TP, which is mainly attributed to large wind speed. Although here we only show
340 the ST in the surface layer, strong wind shear in the boundary layer probably also
341 plays a role in increasing PBLH over the TP. On the other hand, with a similar RH,
342 Wang et al. (2020) have indicated that, compared to the low elevation in eastern China,
343 the lower temperature over the TP leads to a lower LCL. Together these two
344 mechanisms lead to a greater (PBLH-LCL) difference over the TP on summer
345 afternoons, which increases the probability of air parcels reaching the LCL and
346 forming clouds as shown in Figure 6 (b). ~~For the TP, i~~n most cases, the positive value
347 of PBLH-LCL, as well as the great BT and ST over the TP corresponds with larger
348 LCC ($LCC > 50\%$) under low RH_{2m} condition (~~for low $RH_{2m} < 60\%$~~), which implies
349 the ~~local more enhanced local~~ LCC is relevant to the diurnal variation of the PBL
350 process. In contrast, for the eastern China, in most cases, the ~~larger increased~~ LCC
351 ($LCC > 50\%$) generally corresponds with the high RH_{2m} ($RH_{2m} > 60\%$), and the LCC
352 is not significantly correlated with PBLH-LCL, or BT and ST, which implies the other
353 factors besides the PBL process (e.g. large scale ascending motion) play a more
354 important in LCC.



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357 Figure 6. The relationships among monthly means of low cloud cover LCC, ρ_{2m} and
 358 (a) RH_{2m} , (b) PBLH-LCL, (c) BT and (d) ST at 2:00 pm (BT) from 2010 to 2019 in
 359 summer in China. The samples are divided into three groups: $RH_{2m} \geq 60\%$ (small
 360 size dots), $60\% > RH_{2m} \geq 40\%$ (median size dots) and $RH_{2m} < 40\%$ (large size dots).
 361 The LCC, T_{2m} and RH_{2m} are observed by in situ measurements, and PBLH, LCL, BT
 362 and ST are derived from ERA5 reanalysis data. Here we use the nearest neighbor
 363 gridding method to derive the PBLH, LCL, BT and ST at each site. The blue and red
 364 histograms show an approximate relationship between ρ_{2m} and surface elevation
 365 above sea level z , air temperature at 2 m (T_{2m}) at the bottom of Figure 2a, respectively.
 366 The dots with lower RH_{2m} ($RH_{2m} < 40\%$) are mostly distributed within grey shaded
 367 elliptical regions as shown in Figure 6 (a)-(d).

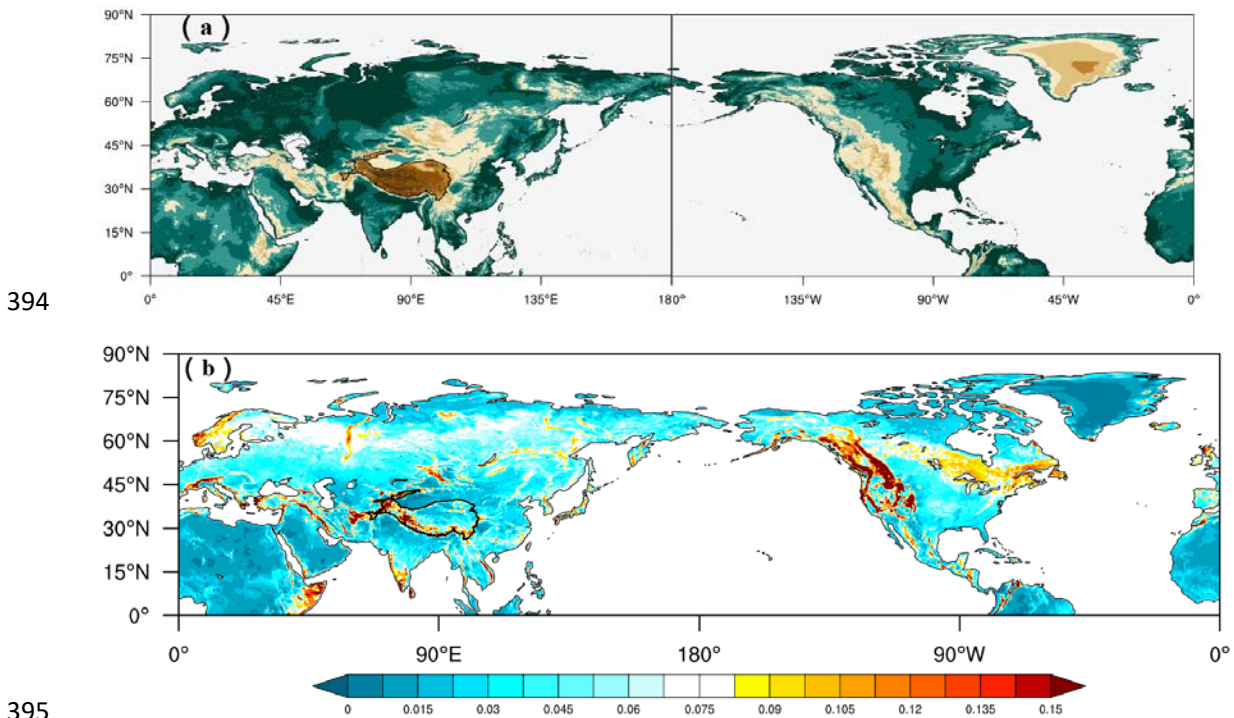
368 [Hemisphere](#)Figure 7 (d) shows the mean spatial distribution of PBLH – LCL in
 369 the Northern Hemisphere from June to August of 2010-2019. The TP (27-40N,
 370 70-105E) and Rocky Mountains (27-40N, 103-120W) are two typical high value

371 regions in the Northern Hemisphere, and the mean PBLH – LCL over the TP and
372 Rocky Mountains are 376.7 m and -101.9 m, respectively.

373 Figure 7 (b)-(c) show the spatial distribution of ST and BT in the Northern
374 Hemisphere from June to August of 2010-2019, respectively. The effect of strong
375 thermal turbulence results in obvious positive value of PBLH – LCL at high elevation
376 regions under low air density conditions in the Northern Hemisphere (BT = 0.008 m²
377 s⁻³, PBLH – LCL = 376.7 m over the TP and BT = 0.011 m² s⁻³, PBLH – LCL =
378 -101.9 m over the Rocky Mountains). Figure 7 (b) also shows that there are strong
379 STs at these two high elevation regions (ST = 0.087 m² s⁻³ over the TP and ST = 0.085
380 m² s⁻³ over the Rocky Mountains). Both the BT and ST increase significantly at high
381 elevation due to low air density compared to those at low elevation. The above results
382 enlighten us on thinking about whether the triggering effects of large topography and
383 boundary layer turbulence, which reflect the special turbulence characteristics in
384 boundary layer at high elevation regions under low air density conditions, can be
385 applicable for any large topography in the globe, including TP and other regions (e.g.
386 Rocky Mountains).

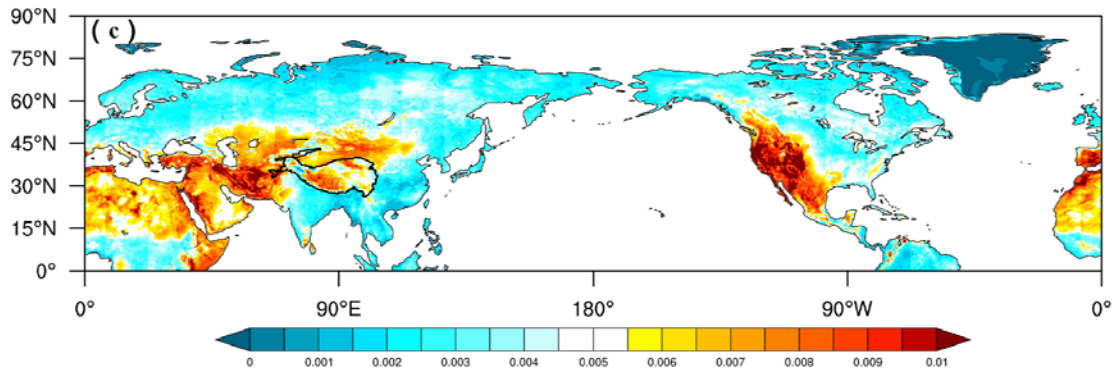
387 Figure 8 shows the conceptual model of atmosphere from the near-surface to
388 upper troposphere over the TP. Compared to the low elevation, the TP is characterized
389 by higher PBLH and lower LCL because of strong BT and ST, which is favorable for
390 the formation of shallow clouds in the afternoon. Meanwhile, the large scale
391 ascending motion over the TP results in the transition from shallow clouds to deep
392 convective clouds in the late afternoon and evening.

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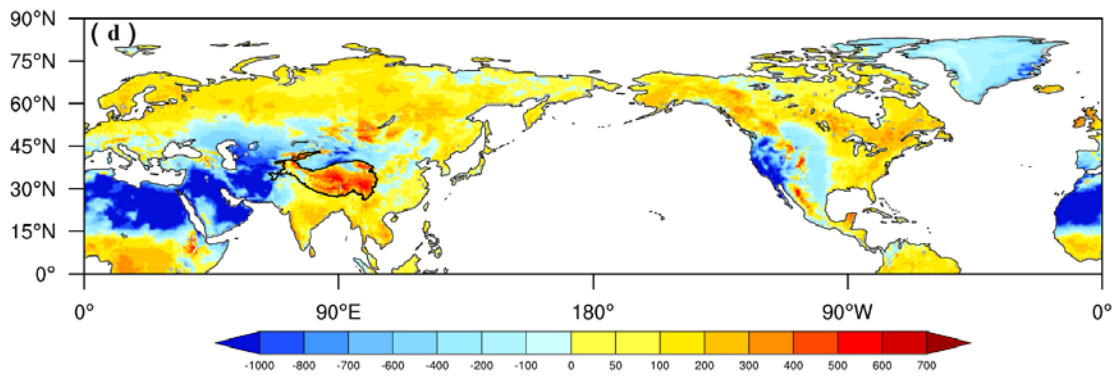


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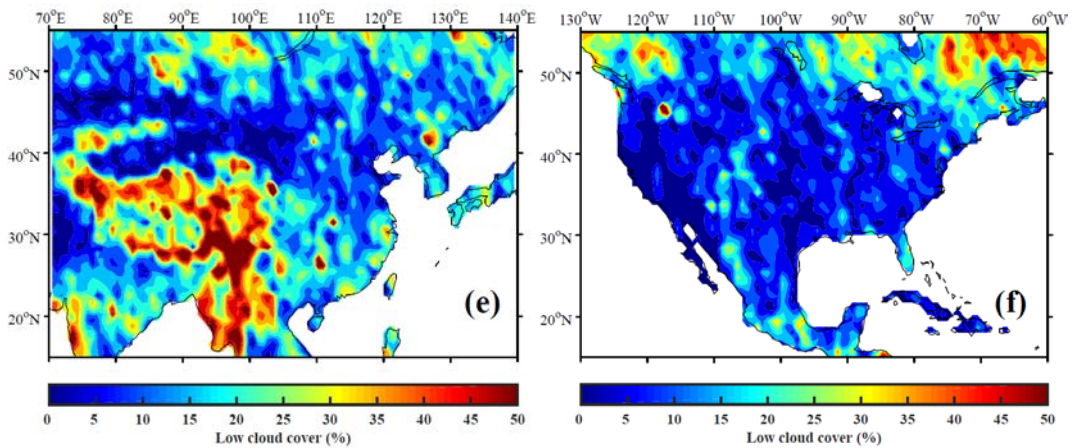
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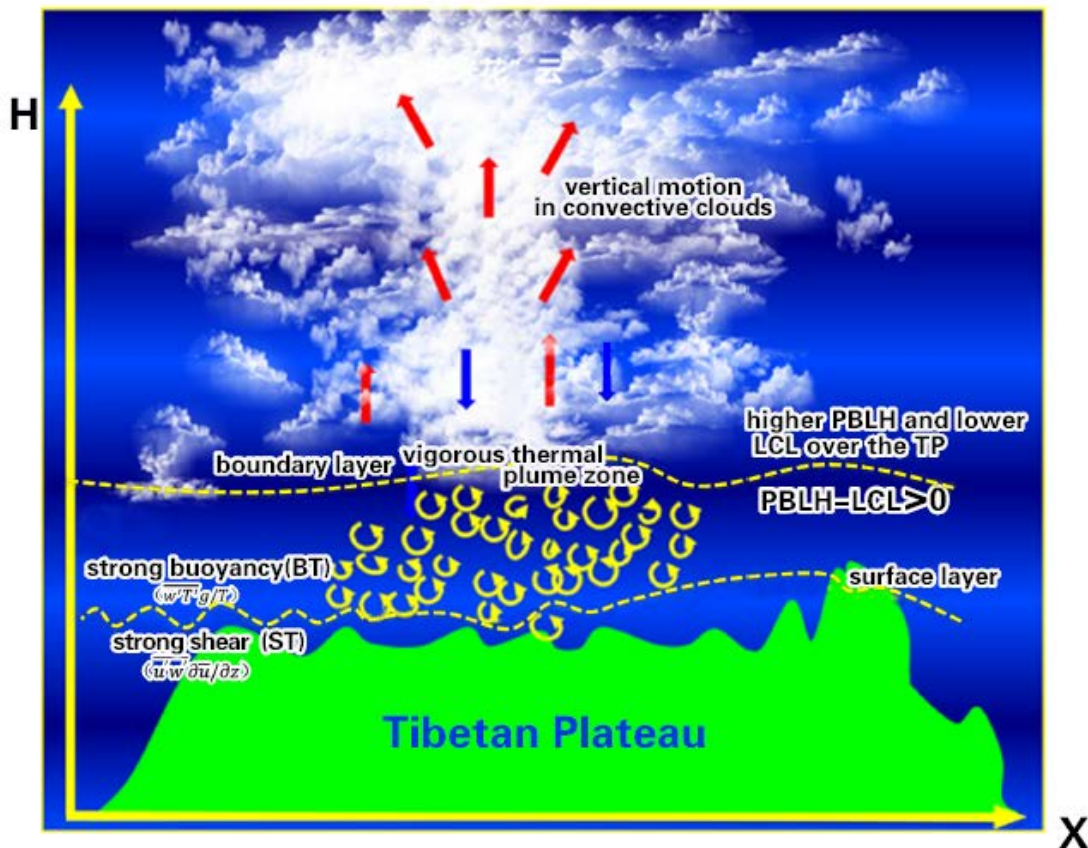


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Figure 7. The spatial distribution of (a) ground level elevation, (b) ST, (c) BT, and (d) PBLH-LCL, and (e) LCC derived from ERA5 reanalysis data at local time 2:00 pm in the Northern Hemisphere in summer. Figure (e) and (f) are the summer mean LCC derived from cloudsat satellite data at local time 2:00 pm in eastern China and North America, respectively.



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Figure 8. The characteristics model of boundary layer turbulence related to “high efficiency” triggering mechanisms for convection over the TP.

410 4 Conclusions and further discussion

411 In this study, we focus on the triggering effects of large topography and
412 boundary layer turbulence over the Tibetan Plateau on convection. The topography of
413 the TP also has a major role in the ~~increasing of increased~~ occurrences of convective
414 clouds. Our results further confirm the conclusions from Wang et al. (2020), which
415 found that PBLH-LCL over the TP is greater than that in eastern China. Compared to
416 the eastern China, with the same relative humidity, lower temperature over the TP
417 results in a lower lifting condensation level. With the same surface sensible heat flux,
418 lower air density over the TP results in a larger buoyancy flux and a deeper boundary
419 layer. The observational results show that, under low relative humidity condition (RH
420 < 40%), the low cloud cover (LCC) is higher than 60% over the TP. In contrast, the
421 high LCC (LCC > 60%) only appears under ~~conditions with~~ high RH condition (RH >
422 60%) at low elevation.

423 In general, LCC increases with the increasing elevation. The median of LCCs at
424 high elevation (TP) ~~are~~ is significantly greater than those at low elevation (eastern
425 China) throughout the day. The diurnal variations of LCC in eastern China are
426 generally distributed in unimodal pattern with the maximum appearing at 2:00 pm BT

427 | and low values during the night. The diurnal variations of LCC at high elevation
428 | (TP) present a bimodal curve with the maximum appearing at 5:00 pm BT and the
429 | secondary local maximum appearing at 8:00 am BT. In addition, LCC maintains at
430 | high values at high elevation (TP) during the day. The median cloud top height
431 | derived from himawari-8 retrieval product shows the transition from shallow clouds
432 | to deep convective clouds in the late afternoon and evening over the TP, which is
433 | attributed to the strong large-scale ascending motion from the near surface to upper
434 | troposphere over the TP.

435 | The buoyancy term (BT) and shear term (ST) over the TP are significantly greater
436 | than those at the low elevation, which is favorable for the ~~formation of~~ increasing of
437 | PBLH. Similar phenomenon occurs at other high elevation areas (e.g. Rocky
438 | Mountains). The strong thermal turbulence results in positive value of PBLH-LCL at
439 | high elevation regions under low RH condition in the Northern Hemisphere. The
440 | slightly greater than zero ~~PBLH-LCL~~ corresponds spatially to ~~more increased~~ LCC
441 | in the central part of Rocky Mountains, but ~~the~~ obvious large-scale subsidence on
442 | both sides of the mountain leads to strong inversion above PBL and lower RH in PBL,
443 | which further lead to ~~less decreased~~ LCC in these areas. Thus less LCC is generated
444 | at Rocky Mountains compared to the TP.

445

446 | **Data availability**

447 | All reanalysis data used in this study were obtained from publicly available sources:
448 | ERA5 reanalysis data can be obtained from the ECMWF public datasets web interface
449 | (<http://apps.ecmwf.int/datasets/>). The satellite (CloudSat radar and Calipso
450 | lidar)-merged cloud classification product 2B-CLDCLASS-lidar were obtained from
451 | Colorado State University
452 | (<http://www.cloudsat.cira.colostate.edu/data-products/level-2b/2b-cldclass-lidar>). The
453 | himawari-8 retrieval products were obtained from JAXA Himawari Monitor
454 | (<https://www.eorc.jaxa.jp/ptree/>).

455 | **Code Availability**

456 | The data in this study are analysed with MATLAB and NCL. Contact Y.W. for specific
457 | code requests.

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463 **Author Contributions**

464 X.X. and Y. W. led this work with contributions from all authors. Y.T. and Y. W.
465 made the calculations and created the figures. X.X, Y.W. and S.Z. led analyses,
466 interpreted results and wrote the paper.

467 **Competing interests**

468 The authors declare no competing interests.

469

470 **References**

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