1	The Effect of Forced Change and Unforced Variability on Heat Waves,
2	Temperature Extremes, and Associated Population Risk in a CO ₂ -
3	Warmed World
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17	Key Points
18	• Unforced variability of the climate system, primarily ENSO, plays a key role in the
19	occurrence of extreme events in a warming world.
20	• Uncertainty of unforced variability becomes smaller as one looks at larger regions or at a
21	global perspective.
22	• Increases of heat wave indices are significant between 1.5°C and 2.0°C of warming and
23	the risk of facing extreme heat events is higher in low GDP regions.

25	Abstract

26 This study investigates the impact of global warming on heat and humidity extremes by analyzing 6-hourly output from 28 members of the Max Planck Institute Grand Ensemble driven 27 28 by forcing from a 1%/year CO₂ increase. We find that unforced variability drives large changes 29 in regional exposure to extremes in different ensemble members, and these variations are mostly 30 associated with ENSO variability. However, while the unforced variability of the climate can 31 alter the occurrence of extremes regionally, variability within the ensemble decreases 32 significantly as one looks at larger regions or at a global population perspective. This means that, 33 for metrics of extreme heat and humidity analyzed here, forced variability of the climate is more 34 important than the unforced variability at global scales. Lastly, we found that most heat wave 35 metrics will increase significantly between 1.5°C and 2.0°C, and that low GDP regions shows 36 significant higher risks of facing extreme heat events compared to high GDP regions. 37 Considering the limited economic adaptability of population to heat extremes, this reinforces the idea that the most severe impacts of climate change may fall mostly on those least capable to 38 39 adapt.

40 **1. Introduction**

41 The long-term goal of the 2015 Paris agreement is to keep the increase in global temperature well below 2°C above pre-industrial levels, while pursuing efforts and limit the 42 43 warming to 1.5°C. Given that no one lives in the global average, however, understanding how 44 these global average thresholds translate into regional occurrences of extreme heat and humidity 45 is of great value (Harrington et al., 2018). Previous studies have reported that regional extreme 46 heat events will not only be more frequent, but also more extreme in a warmer world. This was 47 discussed in various assessment and reports such as US National Climate assessment and those 48 by IPCC (Melillo et al., 2014; Wuebbles et al., 2017; Hoegh-Guldberg et al., 2018; Masson-49 Delmotte et al., 2018) and it is expected to have significant impacts on human society and health. 50 More importantly, previous studies have analyzed the risk (Quinn et al., 2014;Sun et al., 51 2014;Lundgren et al., 2013), exposure (Dahl et al., 2019;Ruddell et al., 2009;Liu et al., 52 2017;Luber and McGeehin, 2008), vulnerability (Chow et al., 2012;Wilhelmi and Hayden, 2010) 53 and susceptibility (Arbuthnott et al., 2016) of population in the current and warmer climates. 54 Many criteria and indices have been used to assess extreme heat, such as the absolute 55 increase of maximum temperature from the reference period (Wobus et al., 2018), risk ratio of 56 population's exposure to heat (Kharin et al., 2018), and heat wave magnitude index (Russo et al., 57 2017). In this study, we utilize four locally defined heat wave indices from Fischer and Schär 58 (2010) and Perkins et al. (2012) of duration, frequency, amplitude, and mean. We also focus on 59 consecutive-day extremes, which are known to cause more harm than single-day events (Baldwin et al., 2019;Simolo et al., 2011;Tan et al., 2010). In addition, because the combined 60 61 effect of temperature and humidity is known to affect human health by reducing the body's 62 ability to cool itself through perspiration, wet-bulb temperature is frequently analyzed (Kang and

Eltahir, 2018). Wet-bulb temperature is also closely associated with moist thermodynamics that
drives the heatwave (Schwingshackl et al., 2021;Zhang et al., 2021), so we will analyze wet-bulb
temperature also.

Climate extremes are always a combination of long-term forced climate change acting in 66 67 concert with unforced variability (Deser et al., 2012). Thus, characterizing and quantifying both 68 long-term change due to external forcing and the unforced variability of the climate system is 69 crucial in assessing the future risk of extreme events. There have been numerous studies that link 70 dominant modes of unforced variability to extreme events. For example, previous studies have 71 investigated temperature connections with El Niño Southern Oscillation (ENSO) (Thirumalai et al., 2017; Meehl et al., 2007), the Pacific Decadal Oscillation (PDO) (Birk et al., 2010), the 72 73 Atlantic Multidecadal Oscillation (AMO) (Zhang et al., 2020; Mann et al., 2021). The effect of 74 climate extremes on different populations depends on numerous factors, including the level of 75 economic development, with impacts of heat extremes being more severe in less economically 76 developed countries (Diffenbaugh and Burke, 2019;Harrington et al., 2016;King and Harrington, 77 2018; de Lima et al., 2021). For example, as temperatures go up, increased energy demand to 78 cool buildings will be required (Parkes et al., 2019;Sivak, 2009) in metropolitan area. But this 79 requires resources to both install air conditioning and then operate it. The greater impacts of 80 extreme heat in economically less developed region in a warmer climate has been discussed in 81 multiple studies (Marcotullio et al., 2021;Russo et al., 2019).

In this paper, a single-model initial-condition ensemble of 28 simulations of a global climate model (GCM) are used to quantify heat and humidity extremes in a warmer world. We use population data to look at population risk for mortality events in daytime (Mora et al., 2017) and nighttime (Chen and Lu, 2014). We also utilize per capita gross domestic product (GDP per capita) data to investigate how climate change impacts extreme heat events on different levels of
economic status. To quantify the impact on energy demand, we also quantify changes in cooling
degree days and warming degree days.

89

90 **2. Data**

91 2.1. MPI-GE ensembles

92 Simulation data in this study come from an ensemble of runs of the Max-Plank Institute 93 Earth System Model collectively known as the MPI Grand Ensemble (MPI-GE) project (Maher 94 et al., 2019). Each of the 28 ensemble members branches from different points of a 2000-year 95 pre-industrial control run and are integrated for 150 years, forced by CO₂ concentration 96 increasing at 1% per year (hereafter, 1% runs). Because the radiative forcing scales as the log of 97 CO₂ concentration, the 1% runs feature radiative forcing that increases approximately linearly in time. We analyze 6-hourly output with $1.875^{\circ} \times 1.875^{\circ}$ spatial resolution, which is the original 98 resolution of the model output, for land areas between 60°N and 60°S. Our analysis will focus on 99 100 2-meter temperature (hereafter, t2m) and 2-meter dew point temperature (d2m), from which 2-101 meter relative humidity (rh) and wet-bulb temperature (w2m) are calculated using the methods of 102 Davies-Jones (2008) with a predesigned module, HumanIndexMod (Buzan et al., 2015). 103 Unforced variability in the climate system generates uncertainties in the projection of the 104 climate by impacting the dynamic component of the climate, especially for extreme events (Kay 105 et al., 2015; Thompson et al., 2015). One way to analyze the impact of unforced variability in 106 climate system is to use an initial-condition ensemble. Each members of initial-condition

107 ensemble are generated by perturbating the initial conditions of single climate model. This

108 perturbation will then propagate to generate different sequence of climate, such as ENSO, PDO,

- etc. (Deser et al., 2012;Kay et al., 2015). In this paper, we use the ensemble to allow us toestimate the impact of unforced variability on temperature extremes.
- Since the model used only considers CO₂ forcing without aerosols, and it represents a 111 112 continuously warming climate, one might question if the model simulation accurately represents 113 the real climate. To judge the fidelity of the simulations, we compare 15 years (2003-2017) of 114 ERA-Interim reanalysis data (Dee et al., 2011) from the European Centre for Medium Range 115 forecast (ECMWF) with 15 years of the MPI-GE 1% ensemble which have the same ensemble-116 and global-average temperatures (years 39-53); in the rest of the paper, we will refer to these as the reference periods. In both data sets, we then calculate 90th percentile and mean t2m and w2m 117 118 for each grid points. This calculation was done for each member of the model ensemble. For each of the 4 values (90th percentile t2m/w2m and mean t2m/w2m), we determine if the values 119 120 from the reanalysis fall into the spread of 28 ensemble members of the 1% runs. For each grid 121 point, if the reanalysis value falls within the ensemble spread, we mask out the grid point; if not, 122 we plot how far the reanalysis value is from the closest member of the 1% ensemble (Figure 1). 123 Generally, the 1% runs overpredicts t2m and w2m in Northern hemisphere, and 124 underpredicts in Southern hemisphere, except for India. This difference is consistent with the 125 fact that the 1% models do not contain aerosol forcing, which should lead to biases of the sign 126 seen in Fig. 1. The w2m shows larger area of differences than t2m, which suggests that there are 127 larger biases in the dew point, which is needed in the calculation (Davies-Jones, 2008). The area-128 weighted averages of these differences are -0.08°C, -0.03°C, -0.04°C, and -0.11°C globally for 90th percentile t2m, mean t2m, 90th percentile w2m, and mean w2m respectively, which means 129 130 that the model is, on average, underpredicting land temperature. Breaking down to Northern and 131 Southern hemisphere, the bias is 0.20°C, 0.21°C, 0.15°C, 0.14°C in NH and -0.64°C, -0.54°C, -

0.36°C, and -0.44°C, confirming that the model is overpredicting temperature in NH land and
underpredicting in SH land.

To quantify the impact of the biases in Fig. 1 on the occurrence of heat extremes, we will perform sensitivity tests on the calculations by adding to each grid point of each member of the ensemble the average differences between the ensemble average t2m and w2m and the reanalysis. By evaluating how much our results change, we come up with an estimate of the impact of model biases on our results. As we will show later, these biases have little impact on the results of the paper.

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141 2.2. Global population and GDP per capita data

Global population data from the NASA Socioeconomic Data and Applications Center (SEDAC, 2018) are used to weight the heat wave indices by population. The data represent the population in year 2015 at $30'' \times 30''$ spatial resolution, and we re-gridded to the $1.875^{\circ} \times$ 1.875° grid of the MPI model by summing the values in grid boxes surrounding the MPI grid centers. In our population-weighted calculations, we assume that the relative distribution of population remains fixed into the future.

Gridded GDP per capita data (Kummu, 2019) over 1990-2015 are used to estimate the risk of heat extreme events for different levels of wealth. These data are re-gridded from the original $5'' \times 5''$ spatial resolution to the MPI model's resolution of $1.875^{\circ} \times 1.875^{\circ}$ by averaging the GDP inside the grid box. When doing this average, per capita GDP was weighted by population and also averaged over the 1990-2015 period. We assume that the relative percentile of GDP per capita for each grid point is fixed into the future, so changes in climate risk are due to exposure to warmer climate extremes, not changes in relative per capita wealth.

156 **3. Method of analysis**

157 *3.1. Global warming*

158	Global warming is defined as the global and annual average temperature increase
159	compared to the average of first 5 years of the 1% run. We find that ensemble- and global-
160	average t2m reaches 1.5°C, 2°C, 3°C and 4°C occur in years 59, 76, 108, and 133 years,
161	respectively, and reaches 4.6°C at the end of the 150-year run. The increase of global average
162	temperature is nearly linear for both t2m and w2m, consistent with a linear ramping of the
163	forcing (Buzan and Huber, 2020).
164	The focus on the paper will be on heat extremes at 1.5°C, 2°C and 3°C. The 1.5°C and
165	2°C thresholds are the limits described in the Paris Agreement, while 3°C is the warming we are
166	presently on track for (Hausfather and Peters, 2020).
167	
168	3.2. Heat wave indices

169 Identification of heat waves is done in several steps. First, for each grid point, we smooth 170 a daily maximum temperature (determined form 6-hourly temperatures) using a 15-day moving 171 window for the first 5 years of 1% runs, which is the period before significant warming has 172 occurred. Then, the 90th percentile of smoothed daily maximum temperature for the first 5 years 173 was calculated at each grid point (Fischer and Schär, 2010). This value is used as a threshold for 174 the heat waves at that grid point. Then we calculate the heat wave days, defined as days that 175 exceed the threshold for three or more consecutive days (Baldwin et al., 2019). 176 We then define four indices to represent the characteristics of these heat waves. To

177 determine the occurrence of events, heat wave duration (HWD; longest heat wave of the year)

and heat wave frequency (HWF; total number of heat wave days in a year) are calculated. From
an intensity perspective, heat wave amplitude (HWA; maximum temperature during heat wave
days during a year) and heat wave mean (HWM; mean temperature during heat wave days in a
year) are selected. These indices are also calculated in an analogous fashion for wet bulb
temperature (w2m), since wet-bulb temperature is arguably more relevant for human health (Heo
et al., 2019;Morris et al., 2019;Buzan and Huber, 2020). These indices are summarized in Table
1.

185

186 *3.3. Deadly days and tropical nights*

187 Heat wave thresholds are different for each grid point because they are based on pre-188 industrial temperatures at that grid point. Combined with regional differences in the ability to 189 adapt, this means that heat waves in different regions may have different implications for human 190 society. We therefore also count the number of days each year with daily maximum w2m above 191 26°C, which we refer to as "deadly days". We note that other values could be chosen (Liang et 192 al., 2011), with higher values occurring less frequently but having more significant impacts. 193 This value is based on the analysis of Mora et al. (2017), who demonstrated that w2m of about 194 24°C is the threshold which fatalities from heat-related illness occur. However, since we find that 195 there are some regions that already experience over 9 months of 24° C w2m events per year, we 196 increase this threshold to 26°C in our analysis. We could have chosen higher w2m values, but 197 any choice in this range is associated with negative impacts, so we have chosen a value near the 198 bottom of the range where mortality occurs in order to maximize the signal in the model runs.

199	A warm nighttime minimum temperature can be as important as a high maximum
200	temperature for human health and mortality (Argaud et al., 2007;Patz et al., 2005), so we define
201	"tropical nights" as a daily minimum t2m over 25°C (Lelieveld et al., 2012).
202	
203	3.4. Cooling degree days and heating degree days
204	To assess the economic and energy impact of heat extremes, cooling degree days (CDD)
205	and heating degree days (HDD) are calculated. CDD and HDD are metrics of the energy demand
206	to cool and heat buildings. For each grid point, annual CDD is calculated by subtracting 18°C
207	from the daily average temperature and summing only the positive values over the year. HDD is
208	the absolute value of the sum of the negative values. Previous studies reported that CDD and
209	HDD are closely related to energy consumption (Sailor and Muñoz, 1997).
210	
211	4. Results
212	4.1. Impact of unforced variability of climate on regional heat extremes
213	To investigate the impact of unforced variability on more regional heat extremes, we take
214	the 15 largest cities by population (Fig. 2a) and determine the number of deadly days and
215	
	tropical nights over time by averaging the 3×3 grid points surrounding the city, only including
216	tropical nights over time by averaging the 3×3 grid points surrounding the city, only including the land grid points. Figure 2b-d depicts the ensemble averaged number of deadly days and
216 217	tropical nights over time by averaging the 3×3 grid points surrounding the city, only including the land grid points. Figure 2b-d depicts the ensemble averaged number of deadly days and tropical nights, as well as the spread between the ensemble members. The error bars in Figure b-
216 217 218	 tropical nights over time by averaging the 3×3 grid points surrounding the city, only including the land grid points. Figure 2b-d depicts the ensemble averaged number of deadly days and tropical nights, as well as the spread between the ensemble members. The error bars in Figure b- d show the highest and lowest values of the extremes.
216 217 218 219	tropical nights over time by averaging the 3×3 grid points surrounding the city, only including the land grid points. Figure 2b-d depicts the ensemble averaged number of deadly days and tropical nights, as well as the spread between the ensemble members. The error bars in Figure b- d show the highest and lowest values of the extremes. This difference within the ensemble is the result of unforced variability. For all 15 cities,
216 217 218 219 220	tropical nights over time by averaging the 3×3 grid points surrounding the city, only including the land grid points. Figure 2b-d depicts the ensemble averaged number of deadly days and tropical nights, as well as the spread between the ensemble members. The error bars in Figure b- d show the highest and lowest values of the extremes. This difference within the ensemble is the result of unforced variability. For all 15 cities, average spread in the number of deadly days at 1.5°C, 2.0°C, 3.0°C, and 4.0°C of global

222 20.6, and 21.9 days per year. For tropical nights, the spreads are 29.3, 27.7, 29.1, and 26.7 days 223 per year. So, on average, unforced variability can change the number of extreme days and nights 224 by a few weeks per year. There is no significant variance of ensemble spread between the cities 225 except for cities with very low ensemble-averaged values (e.g., Mexico City at 1.5°C warming) 226 or very high values (e.g., tropical nights in Manila at 4.0°C warming). However, for the cities 227 that do not see large increase in extreme temperatures (e.g., New York City), this represents a 228 very large fraction of the predicted change of extremes, while for cities that experience much 229 larger increase (e.g., Manila), it represents a smaller percentage.

230 As discussed in Section 2.1, we examine the sensitivity of our results to potential biases 231 of the model by recalculating the deadly days and tropical nights using model data after adding 232 in the bias estimated by comparison to the reanalysis. The average difference of deadly days in 233 the sensitivity test (absolute difference) at 1.5°C, 2.0°C, 3.0°C, and 4.0°C warming is 2.1, 2.5, 234 5,5, and 7.6 days per year when averaged over 15 cities. The standard deviation of difference 235 calculated between the cities is 2.5, 3.4, 6.7, and 9.7 days at each level of warming. For tropical 236 nights, sensitivity test produced differences of 3.6, 3.6, 5.3, and 3.5 days per year at each level of 237 warming, with standard deviations within the ensemble of 3.6, 4.9, 6.9, and 1.8 days. Thus, 238 model biases are unlikely to have a large impact on our results.

Previous work has attempted to distinguish the origin and mechanisms of unforced variability of temperature and temperature extremes (Meehl et al., 2007;Zhang et al., 2020;Birk et al., 2010). To probe the statistical modes of variability affecting this ensemble spread and to identify the underlying physical mechanisms, empirical orthogonal function (EOF) analysis (North, 1984) was performed on the detrended and normalized time series of deadly days and tropical nights for the 15 cities. For each city, the 28 ensemble members are concatenated together (total of 28×150 years) in order for all ensemble to share the same EOF. In this way, we
aim to find the dominant drivers of unforced variability that impacts heat extremes in the largest
cities around the world.

The first three EOF patterns for each city are plotted in Fig. 3 as bars. The first EOF mode of deadly days shows large values for Delhi, Shanghai, Dhaka, and Karachi, while cities in other regions show lower values. The second and third EOFs for deadly days show more variability between the cities. The first EOF for tropical nights (Fig. 3d) show large positive values for cities in the India-Pakistan region, with other cities showing smaller magnitude changes. The second EOF shows large negative values in Cairo, Istanbul, and Manila, while the third EOF for tropical nights shows more variability between the cities.

255 The PC time series are projected onto detrended annual sea surface temperature (SST) 256 anomalies. This allows us to investigate how heat extreme events in 15 major cities are 257 associated with global modes of unforced variability. Maps of correlation coefficients are also 258 plotted in Fig. 3. Characteristic patterns for ENSO (Trenberth, 2020), PDO (Deser and 259 Trenberth, 2016), and AMO (Trenberth and Zhang, 2021) are calculated for each ensemble using 260 all 150-year of SSTs, and the pattern is averaged over ensembles to come up with a single 261 ENSO, PDO, and AMO SST pattern for the ensemble. Then, those patterns are compared with 262 the PC projection on SST to see how PC projected SST resembles the patterns of unforced 263 variability. Correlation coefficients between the standard climate indices and PC projected SST 264 is shown on lower panel of Fig. 3 as numbers. All of the projections of deadly day PCs and 265 projections of the first two modes of tropical nights shows patterns similar to El Niño-Southern 266 Oscillation (ENSO) and Pacific Decadal Oscillation (PDO).

267	Power spectra of the PCs are calculated individually for each ensemble member, and then
268	the ensemble average is plotted Figure 4. Overall, the spectra of the deadly day PCs look very
269	much like the spectrum for ENSO, and it notably does not have the ~20-year peak of the PDO
270	spectrum. This tells us that, in this model at least, the variability in the occurrence of deadly days
271	in these large cities is strongly regulated by ENSO. This may be a consequence of the fact that
272	these large cities are mostly located near ocean and at lower latitudes. The third deadly day PC
273	has lower correlations with ENSO or PDO index, so it is harder to draw firm conclusions about
274	the mechanism behind it. Also, higher modes of EOFs are unlikely to refer to a single mode of
275	climate due to the orthogonality constraints between each mode. The tropical night PCs also
276	show peaks at ENSO periods (Fig. 4b) suggesting that, like deadly days, tropical night variability
277	is controlled by ENSO.

279 4.2. Cluster analysis and population risk of heat wave indices

280 We calculate HWD, HWF, HWA, and HWM for both t2m and w2m each year at each 281 grid point, which generates eight different 150-year time series for each of the 28 ensemble 282 members. Each time series at each grid point is regressed vs. time, yielding a slope and the 283 intercept for each time series in all 28 ensemble members. The 16 variables (8 [heat wave 284 indices] $\times 2$ [slope, intercept]) are then utilized as a predictor variable for K-means clustering 285 (Likas et al., 2003) to categorize the spatial variation of heat waves using the Euclidean distance 286 of its predictor variables (16 variables). With slope and intercept, we can characterize the heat 287 indices of each grid point with response to CO₂ forcing (slope) and climatology (intercept). The 288 number of clusters in this study is set to 6, using the elbow method (Syakur et al., 2018). When 289 using 5 clusters, we find that two clusters (the light and dark blue regions in Figure 5a) merge,

and when using 7 clusters, we find that one cluster (the dark blue region in Figure 5a) dividesinto two separate clusters.

292 Figure 5a shows the cluster value that most ensembles assigned to each grid point and it 293 shows distinct geographical characteristics, as summarized in Table 2 (the result of clustering 294 shows little difference between individual ensemble members). As might be expected from how 295 we calculated the 16 variables for clustering, each cluster shows a different evolution of heat 296 extremes in warmer world (Figure 6). Although the warming signal is largest in the polar 297 regions (Figure 5b), the largest increases of HWD and HWF are found at lower latitudes (in cluster 1 and 2 on Figure 6a-d). This is mostly due to low variability in these regions compared 298 299 to polar regions, making it easier for a trend to exceed the heatwave threshold.

These results are insensitive to potential model biases. Sensitivity tests show that adding the bias to the model changes HWD, HWF, deadly days, and tropical nights, by less than 5% for all metric and clusters. For HWA and HWM, the difference caused by adding the bias was less than 1°C for all metric and clusters, suggesting that the impact of model biases is small in this analysis.

For HWA and HWM, the rate of increase is similar for all clusters, with increases of HWA_{t2m} and HWA_{w2m} of 1.45°C per degree of global average warming and 0.85°C per degree of global average warming, respectively, and HWM_{t2m} and HWM_{w2m} of 0.66°C per degree of global average warming and 0.47°C per degree of global average warming, respectively (Figure 6e-h). The exception is HWA_{t2m} in cluster 6. The large increase of HWA_{t2m} in this region is connected to the strong global warming signal in high latitudes that has been predicted for decades and now observed (Stouffer and Manabe, 2017). Turning to deadly days (Fig. 6i), we find a substantial increase occurs in cluster 1 after 2.0°C of warming; this is important because it gives additional support for the Paris Agreement's aspirational goal of limiting global warming to 2.0°C. Almost all increases in deadly days are in low latitudes (cluster 1, 2, and 3). For tropical nights, low latitudes and deserts (cluster 4) contribute most of the increase. Figure 6 also shows the spread in within the ensemble for each metric and cluster. We find that the spread for a cluster is generally small compared to the change over time as well as the difference between the clusters.

319 We also generated indices weighted by global population. Heat wave indices for the 95th 320 percentile of population (meaning 5% of the population is exposed to higher values), 90th 321 percentile of population, and median of the population are depicted in Figure 7. Figure 7a shows 322 that with 3°C of warming, 5% of the Earth's population will experience heat waves lasting 122 323 days (standard deviation between ensemble members: $1\sigma = 17$ days), 10% of the population will 324 experience heat waves of 94 days ($1\sigma = 7$ days), and half of the population will experience heat 325 waves around 50 days ($1\sigma = 4$ days). These are large increases over present-day values of 50, 326 42, and 21 days. The average of the standard deviation between the ensemble members (calculated every year and then averaged), are 10.6, 6.2 and 3.7 days for the 95th, 90th percentile 327 328 and median, respectively. This is significantly smaller than values from the analyses of cities in 329 Figure 2, where the unforced variability makes larger differences in the occurrence of heat 330 waves.

The rate of increase of HWF_{w2m} in Fig. 7d shows a rapid increase until global average warming reaches about 2.5°C. Given that the planet has already warmed about 1°C above preindustrial, this suggests that the world should presently be experiencing a rapid increase of wetbulb extreme frequency, particularly in the tropics. This is related to the increased slope in Figure 6, in which cluster 1 and 2's values of HWD_{w2m} and HWF_{w2m} increase rapidly until 3.0°C and 2.0°C of global warming. At warmer temperatures, HWD_{w2m} and HWF_{w2m} reach a plateau, since values over 300 days per year means there is little room for additional increase. For $HWA_{t2m/w2m}$ and $HWM_{t2m/w2m}$, the increase is mostly linear. Also note that, at 3°C of global warming, the 90th percentile of population weighted HWA_{w2m} reaches over 29°C, which while not immediately fatal to humans may nevertheless indicate great difficulty for even a developed society to adapt to.

342 Currently, 10% of the total population faces more than 45 deadly days and 181 tropical 343 nights per year. This grows to 65 and 195 days, respectively, at 1.5°C warming. With 2°C of 344 global warming, 10% of the population will face about 3 months of deadly days and 7 months of 345 tropical nights every year, and this increase to 4 months and 8 months in 3°C of warming. Also, 346 with 3°C of global warming, 5% of the population will be in an environment where 8 months 347 and 10 months in a year is a deadly days and tropical night. Our sensitivity tests suggest that 348 model bias generates less than 5% differences for HWD, HWF, deadly days, and tropical nights 349 for all metrics and percentile of population at every level of global warming, except when the 350 metrics are near-zero. Potential model biases also generate small differences in HWA and HWM, 351 with less than 1°C difference in all metrics for every period. Furthermore, with 3°C of global 352 warming, the minimum ensemble member of deadly days is above the maximum ensemble of the 353 present-day reference (0.87°C) for all population percentiles (5%, 10%, and 50%). This occurs at 354 2°C for tropical nights. Details of ensemble spread are also shown in Table 3.

It is notable that, although there is a large spread between the ensemble members in each city (Figure 2), the spread in the clusters (Figure 6) and population-weighted metrics (Figure 7) is not as large. This emphasizes that the effect of unforced variability might be large at small 358 scales but, as the region expands, the impact of unforced variability decreases. This is also found 359 in Table 3, where in each case, the standard deviation between ensembles is less than 20% of the 360 average, except in a few cases. This indicates that unforced variability will generally play a 361 minor role in determining global exposure to temperature above thresholds, although different 362 people may be affected in different realizations of unforced variability. In addition, with 1.5°C of global warming, the lowest ensemble of the 90th percentile of 363 364 HWD_{t2m} , HWD_{w2m} , and HWF_{t2m} exceeds the highest ensemble of the same metric in the current 365 climate (red lines in Figure 7). With 2°C of warming, the minimum ensemble of HWD_{t2m/w2m},

366 HWF_{t2m/w2m}, HWM_{w2m}, and tropical nights exceed the maximum ensemble of the current climate,

and with 2.5°C of warming, the minimum ensemble of all metrics exceeds the maximum

ensemble of the same metric in the current climate. Thus, this model predicts that the occurrence
of extremes will soon be able to exceed values likely possible in our present climate for these
metrics.

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372 *4.3. Analysis on GDP per capita*

373 It is well-known that not everyone is equally vulnerable to extreme weather, with rich, 374 relatively more developed communities having more resources to deal with extreme events than 375 poorer communities. In that context, global gridded GDP per capita is used to calculate average 376 risk at each level of wealth. The ensemble-average result is depicted in Figure 8, which shows 377 the absolute number of deadly days and tropical nights as well as the increase in number of 378 deadly days and tropical nights that each level of economic level experience relative to the 379 reference period warming of 0.87°C. This plot assumes that the relative distribution of 380 population and GDP remains fixed through time. Our sensitivity tests show that the model bias

381 yields small differences in the results, with less than 5% difference in both the absolute number382 of extreme events as well as the changes in extremes.

383 For each level of warming, we find that the lower GDP regions will experience not only 384 higher absolute numbers of extreme temperature days but also the largest increases. For deadly days, the increase is largest between 10th to 40th percentile of GDP, and for tropical nights, the 385 increase is largest below the 30th percentile of GDP. The regions that contribute the most for the 386 387 low GDP percentiles are Southeast Asia, including Myanmar, Laos, and Cambodia, and Tropical 388 Africa, including Republic of the Congo, Kenya, Uganda, Ethiopia, and Sudan, which are in 389 clusters 1 and 2 in our cluster analysis (Figure 5). The maximum difference of heat wave days 390 between the ensembles is less than 25% for all GDP and global warming levels.

391

392 4.4. Energy demand on large cities

393 Annual CDD and HDD have been calculated for the 15 cities in section 4.1. Both CDD 394 and HDD are calculated by averaging the CDD and HDD values of 3×3 grid points surrounding 395 each city, including only land grid points. CDD and HDD values are then averaged for 5 years 396 after global warming reaches each levels of threshold. Fig. 9 shows the percent change of CDD 397 and HDD at 1.5°C, 2.0°C, 3.0°C, and 4.0°C relative to the reference period CDD and HDD 398 values. This was done for each city, and for each ensemble member. At 1.5°C, 2.0°C, 3.0°C, and 399 4.0°C warming, CDDs in the 15 cities increase by an average of 9%, 22%, 54% and 70%. Our 400 sensitivity tests show that the application of the average model bias yields changes of less than 401 1% in these numbers. This suggests an enormous increase in energy required for cooling. 402 In contrast, average energy demand on cold days (HDD) decreases by 21%, 36%, 59%, 403 and 65% in cities considered, compared to present day, partially offsetting the increase in energy required for cooling. Mania shows 0% change in HDD for all period, since Manila does not
experience HDD days in present or future periods. Sensitivity tests also show less than a 1%
difference in HDD change due to model biases.

407

408 **5. Conclusion**

409 In this study, we found that extreme heat events will become more frequent and severe in 410 a warming world. We find that both forced and unforced variability play a key role in extreme 411 heat events, highlighting the necessity of considering both contributions to extreme heat. We also 412 look at population weighted, and GDP sorted statistics of extreme heat in warmer world. 413 Our results show that ENSO is the dominant mode of unforced variability impacting the 414 occurrence of extreme heat and humidity events and that events tend to be synchronous in the 415 world's largest 15 cities. But while the impact of unforced variability might be significant 416 regionally and temporarily, it becomes less important when one looks at larger aggregate

417 regions.

418 Looking at global population-weighted statistics, we found that with 1.5°C of global 419 average warming, over 10% of population will face heat waves of 45°C temperature, and 28°C 420 wet bulb temperatures. And 5% of the population will face more than 105 days of deadly days 421 and 232 tropical nights per year. With 3°C of warming, which we are currently on track for, 10% 422 of the population will experience over 132 days of deadly days and over 232 days of tropical 423 nights per year. And 10% of population will face 47°C temperature and 30°C wet bulb 424 temperature. Given these two metrics have important implications for human mortality, such 425 increases may have significant impact on human health globally.

426	Sorting heat and humidity events by wealth, we confirm that increasing frequency and
427	severity of extreme events will fall mostly on the poorer people. To further investigate some
428	economic impacts of increasing heat extremes, cooling degree days (CDD) and heating degree
429	days (HDD) are calculated for the world's 15 largest cities. Energy demand for cooling (CDD)
430	increases by average of 9% on 1.5°C and 54% on 3.0°C of warming, while energy demand for
431	heating (HDD) decreases by 21% and 59%. Since CDD is known to have a piecewise linear
432	relationship with the energy consumption, with slope increasing with higher CDD (De Rosa et
433	al., 2014;Shin and Do, 2016), increasing CDD in a warmer world could be one of the factors
434	driving increased economic inequity from global warming related heat extremes, due to relative
435	high cost and need for energy in poorest countries.

436 Uncertainties in this analysis include our use of gridded 6-hourly climate model output. 437 More detailed analysis could be done with climate simulations with higher temporal and spatial 438 resolution. The model has biases relative to measurements, potentially due to the fact that there 439 are no aerosols in the forcing, which is another source of uncertainty. This was tested by adding 440 the difference between the ensemble average and the reanalysis data to the model fields and 441 recomputing the heat wave indices. In general, the impact of this bias was not important. In 442 future analyses, this could be better resolved with use of multi-model ensembles or detailed bias-443 correction of the model.

Another uncertainty is that our runs are continuously warming, and it is possible that an equilibrium world at any given temperature may experience different occurrence of extremes than in the runs in this paper. Additionally, since an increasing proportion of the population is expected to live in dense metropolitan areas, there is also the possibility that actual heat and humidity extremes that populations experience could be more severe than the gridded data due to

449	local phenomena such as the urban heat island effect (Murata et al., 2012). Statistical or
450	dynamical downscaling could be used for a more detailed analysis (Dibike and Coulibaly,
451	2006;Wood et al., 2004). Also, land models with capacity to decompose urban and rural
452	environment could be applied in same context (Bonan et al., 2002;Dickinson et al., 2006). Also,
453	this study could gain further insights by considering changing population and socioeconomic
454	distribution in the future. Overall, however, none of these things are expected to change the
455	broad conclusions of this study that global warming will lead to increased exposure to extremes
456	in heat and humidity.
457	
458	Author contribution
459	Conceptualization: J.L., J.M, and A.D. Data curation: J.L. and A.D. Formal analysis: J.L. and
460	J.M. Funding acquisition: A.D. Investigation: J.L. and J.M. Methodology: J.L. Project
461	administration: A.D. Resources: A.D. Software: J.L. Supervision: A.D. Visualization: J.L.
462	Writing: J.L. and A.D.
463	
464	Competing interests
465	The authors declare that they have no conflict of interest.
466	
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Figure 1. Difference of 1% CO₂ runs compared with ERA-Interim in same level of global
warming (0.87°C). The grid points where ERA-Interim falls within the ensemble spread of 1%
runs are masked with gray, while other grid points show the difference between the nearest
ensemble member and ERA-Interim for (a) 90th percentile of 15-year daily average t2m, (b)
mean of 15-year daily average t2m, (c) 90th percentile of 15-year daily average w2m, and (d)
mean of 15-year daily average w2m.



Figure 2. (a) Location of 15 largest cities in the world and the number of annual heat extremes at
(b) 1.5, (c) 2.0, (d) 3.0, and (e) 4.0°C of global warming. Orange (purple) bars represent the
ensemble average annual number of deadly days (tropical nights), averaged 5 years after each
level of warming is exceeded. Number of heat extreme days are calculated by averaging 3×3
land-only grid covering the selected city. Error bars represent the values of maximum and
minimum ensemble members.



689

-0.4 -0.2 0.0 0.2 Correlation 0.4 0.6

Figure 3. First three EOFs of annual values of deadly days (a, b, c) and tropical nights (d, e, f) in the world's 15 largest cities. For each panel, the bar graph shows the EOF pattern of the number of heat extreme days per year. Contour plots shows the SST pattern associated with the EOF mode, obtained by projecting each mode of PC onto SST anomalies. Ensemble members are averaged to yield the SST pattern. Pattern correlation with major modes of climate variability (ENSO, PDO, AMO) are also shown, as discussed in the text.

-0.4 -0.2 0.0 0 Correlation

0.2 0.4 0.6

-0.4 -0.2 0.0 0.2 Correlation 0.4 0.6



697

698 **Figure 4.** Frequency power spectrum of ENSO, PDO, and PC of first three EOF modes for (a)

699 deadly days and (b) tropical nights. ENSO is calculated with the Niño 3.4 Index, and PDO is

calculated as a leading EOF of SST anomaly in North Pacific basin. Monthly SST data is used

for both ENSO and PDO, and then each index is averaged over the year to have consistency withdeadly days and tropical nights.



Figure 5. (a) Clustered regions via K-means clustering. Characteristics of each cluster are listed
in Table 2. (b) Zonal average of temperature increases at the time of 0.87°C (our reference
period), 1.5°C, 2°C, and 4°C of global warming compared to pre-industrial baseline in the 1%

runs. Temperatures are averaged over a 5-year period after each warming threshold is exceed in

the model.





Figure 6. Evolution of each index averaged over each cluster. Colors are consistent with Figure 5 and Table 2. Values of each metric are calculated by averaging the grid points that belongs to each cluster. This was done for each ensemble member and then the ensemble average is plotted. Vertical lines with dots show the maximum and minimum of 28 ensemble members at each threshold of warming to represent the spread between the ensemble members.







Figure 7. Changes of population-weighted heat wave indices as a function of global average





Figure 8. Increase in (a) deadly days and (b) tropical nights compared to the reference period
(0.87°C warming), binned by percentile of GDP per capita at selected levels of warming
compared to reference climate (calculated by subtracting reference values, shown as heatmap),
averaged over the population within the GDP percentile (for example, averaged over population
in 0~10 percentile of GDP), and over all ensemble members for 5-year window after each level
of warming first occurs. Green text inside the heatmap represent the absolute number of deadly
days and tropical nights in each level of warming.



Figure 9. Change (in percentage) of ensemble averaged cooling degree days (CDD; red) and
heating degree days (HDD; blue) compared to the reference climate (0.87°C) in the 1% CO₂
experiments at the time they reach the global mean temperature thresholds of (a) 1.5°C, (b)
2.0°C, (c) 3.0°C, and (d) 4.0°C, respectively. Error bars represent the standard deviation of CDD
and HDD values between the ensemble members.

Acronym	Index	Index Definition		
HWD _{t2m/w2m}	Heat wave duration	Length of longest period of consecutive		
		heat wave days in a year	" days	
HWE _{t2m/w2m}	Heat wave frequency	Total number of heat wave days in a	# days	
	ficat wave frequency	year		
HWA (2m/m ² m	Heat wave amplitude	Maximum temperature over all heat	°C	
11 W / Xt2m/w2m	Theat wave amplitude	wave days in a year	C	
HWM	Heat wave mean	Average temperature over all heat wave	°C	
11 vv 1v1t2m/w2m	ficat wave mean	days in a year		
Deadly Dave	Deadly Dave	Daily maximum wet-bulb temperature	# dave	
Deadly Days	Deadly Days	over 26°C	π days	
Tropical Nights	Tropical Nights	Daily minimum temperature over 25°C	# days	
CDD	Cooling dograd days	Sum of positive values after removing	°C dava	
CDD	Cooling degree days	18°C from daily average temperature	Cuays	
		Absolute value of sum of negative		
HDD	Heating degree days	values after removing 18°C from daily	°C days	
		average temperature		

Table 1. Explanation of heat wave indices used in this study.

Table 2. Percentage area and major regions belonging to each cluster. Clusters are identified

only for the global land areas.

ions Cluster name
alaysia, Tropical West Pacific
Gabon
outh
entral Tropical Africa and America
st Asia,
America, Sub-Tropical Asia and
U.S. America
frica,
Australia Deserts
Andes Mountain Range
thwest Sub-Polar Region

744 **Table 3.** Number of deadly days each percentile of global population faces with reference period

745 (0.87°C), 1.5°C, 2°C, 3°C, and 4°C global warming from the pre-industrial condition. Standard

746 deviations between the ensembles (1σ) are also shown.

		Global Warming				
	Population	0.87°C	1.5°C	2.0°C	3.0°C	4.0°C
Doodly	95 th p.	85 (<u>±</u> 7)	105 (± 10)	125 (± 7)	161 (± 12)	229 (± 15)
Deadiy	90 th p.	45 (<u>±</u> 5)	65 (<u>±</u> 10)	86 (<u>±</u> 8)	132 (± 12)	198 (± 12)
Days	50 th p.	0.3 (± 0.1)	1.5 (± 1.3)	5 (± 2)	23 (± 4)	63 (± 5)
Tropical	95 th p.	211 (± 11)	232 (± 14)	253 (± 13)	306 (± 17)	358 (± 3)
Nights	90 th p.	280 (± 7)	195 (± 9)	205 (± 9)	232 (± 12)	277 (± 14)
inights	50 th p.	15 (<u>+</u> 4)	27 (± 7)	41 (<u>±</u> 6)	71 (<u>±</u> 6)	102 (± 4)