

# Roles of Climate Variability on the Rapid Increases of Early Winter Haze Pollution in North China after 2010

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**Abstract.** North China experiences severe haze pollution in early winter, resulting in many premature deaths and considerable economic losses. The number of haze days in early winter (December and January) in North China ( $HD_{NC}$ ) increased rapidly after 2010 but declined slowly before 2010, reflecting a trend reversal. Global warming and emissions were two fundamental drivers of the long-term increasing trend of haze, but no studies have focused on this trend reversal. The autumn SST in the Pacific and Atlantic, Eurasian snow cover and central Siberian soil moisture, which exhibited completely opposite trends before and after 2010, might had close relationships with identical trends of meteorological conditions related to haze pollution in North China. Numerical experiments with a fixed emission level confirmed the physical relationships between the climate drivers and  $HD_{NC}$  during both decreasing and increasing periods. These external drivers induced a larger decreasing trend of  $HD_{NC}$  than the observations, and combined with the persistently increasing trend of anthropogenic emissions, resulted in a realistic slowly decreasing trend. However, after 2010, the increasing trends driven by these climate drivers and human emissions jointly led to a rapid increase in  $HD_{NC}$ .

**Keywords:** haze,  $PM_{2.5}$ , trend reversal, anthropogenic emission, climate variability

## 1 Introduction

Haze pollution, characterized by low visibility and a high concentration of fine particulate matter ( $PM_{2.5}$ ), has become a serious environmental and social problem in China, as haze dramatically endangers human health, ecological sustainability and economic development (Ding and Liu, 2014; Wang and Chen, 2016). Exposure to  $PM_{2.5}$  was estimated to cause 4.2 million premature deaths worldwide in 2015 (Cohen et al., 2017), and in China,  $PM_{2.5}$  caused up to 0.96 million premature mortalities in 2017 (Lu et al., 2019). Air pollution accounts for a loss of 1.2–3.8% of the gross national product (GNP) annually (Zhang and Crooks, 2012). The most polluted areas in China are North China (NC; 34–42°N, 114–120°E), Fenwei Plain, Sichuan Basin and Yangtze River Delta; among them, NC is the most polluted (Yin et al., 2015). Meteorological conditions characterized by low surface wind speeds and a shallow boundary layer result in stagnant air, which limits the horizontal and

31 vertical dispersion of particles and induces the accumulation of pollutants (Niu et al., 2010; Wu et al., 2017; Shi et al., 2019).  
32 High relative humidity favors the hygroscopic growth of pollutants (Ding and Liu, 2014; Yin et al., 2015), and anomalous  
33 ascending motions weaken the downward invasion of cold and clear air from high altitudes (Zhong et al., 2019). The  
34 forecasting of meteorological conditions is more accurate on the synoptic scale, but the predictions of interannual variations  
35 are not good enough. Thus, the prediction of haze is a considerable challenge.

36 Previous studies proved that the interannual to decadal variations in winter haze have strong responses to external forcing  
37 factors, such as the sea surface temperature (SST) in the Pacific and Atlantic, snow cover and soil moisture (Xiao et al., 2015;  
38 Yin and Wang, 2016a, b; Zou et al., 2017). Anomalies of these factors exerted their impacts to modulate local dispersion  
39 conditions by atmospheric teleconnections and greatly intensified haze pollution in NC. The eastern Atlantic/western Russia  
40 (EA/WR), western Pacific (WP) and Eurasia (EU) patterns served as effective atmospheric bridges linking distant and  
41 preceding external factors to the anomalous anticyclonic circulations over Northeast Asia (Yin and Wang, 2017; Yin et al.,  
42 2017). With enhanced anticyclonic anomalies, the haze pollution in NC was significantly aggravated by poor ventilation  
43 conditions and high moisture.

44 The long-term trend of haze pollution has always been attributed to increasing human activities directly related to aerosol  
45 emissions (Yang et al., 2016; Li et al., 2018). It is true that emissions are important in the formation of haze, but their role  
46 varies from region to region (Mao et al., 2019). The trend of haze days in Yangtze River Delta and Pearl River Delta was  
47 closely related to the trend of particle emissions (Fig. S1b, c), while a weak correlation existed in Fenwei Plain (Fig. S1d). A  
48 surprising phenomenon can be seen in NC: the number of winter haze days and particle emissions showed similar trends before  
49 early 1990s, but afterward, their close relationship disappeared (Fig. S1a). Many recent studies also showed that the long-term  
50 trend in the haze problem has likely been driven by global warming (Horton et al, 2014; Cai et al., 2017). Weakening surface  
51 winds have been reported over land in the last few decades while the global surface air temperature (SAT) has warmed  
52 significantly (McVicar et al., 2012). In addition, enhanced vertical stability, which favors the accumulation of pollutants, has  
53 been observed with global warming (Liu et al., 2013). However, none of the above studies focused on the change in the haze  
54 trend. Over the past few decades, the global and Northern Hemispheric SAT averages generally displayed a continuous  
55 warming trend, which was not exactly similar to the trend of haze days in NC (Fig. S2). It follows that haze pollution, especially  
56 the change in its trend, is regulated by multiple drivers and that the long-term impacts of external forcing factors, which  
57 efficiently modulate the interannual and decadal variations in haze, deserve further investigation.

## 58 **2 Datasets and Methods**

### 59 **2.1 Data description**

60 Monthly mean meteorological data from 1979 to 2018 were obtained from NCEP/NCAR reanalysis datasets (2.5 °×2.5 °),  
61 including the geopotential height at 500 hPa (H500), vertical wind from the surface to 150 hPa, surface air temperatures (SAT),  
62 wind speed, and special humidity at the surface (Kalnay et al., 1996). The boundary layer height (BLH, 1 °×1 °) values were  
63 from Interim reanalysis data (ERA-Interim) obtained from the European Centre for Medium-Range Weather Forecasts  
64 (ECMWF) (Dee et al., 2011). The number of haze days was calculated from the long-term meteorological data, mainly based  
65 on observed visibility and relative humidity (Yin et al., 2017). The PM<sub>2.5</sub> concentrations from 2009 to 2016 were acquired  
66 from the US embassy, and those from 2014 to 2018 were from China National Environmental Monitoring Centre. Monthly  
67 total emissions of BC, NH<sub>3</sub>, NO<sub>x</sub>, OC, SO<sub>2</sub>, PM<sub>10</sub> and PM<sub>2.5</sub> are obtained from the Peking University emission inventory. The  
68 monthly mean extended reconstructed SST data (2 °×2 °) were obtained from the National Oceanic and Atmospheric  
69 Administration (Smith et al., 2008). The monthly snow cover data were supported by the Rutgers University (Robinson et al.,  
70 1993). And the monthly soil moisture data (0.5 °×0.5 °) were downloaded from NOAA's Climate Prediction Center (Huug et  
71 al., 2003)

## 72 2.2 Geos-Chem description and experimental design

73 We used the GEOS-Chem model to simulate PM<sub>2.5</sub> concentrations (<http://acmg.seas.harvard.edu/geos/>). The GEOS-  
74 Chem model was driven by MERRA-2 assimilated meteorological data (Gelaro et al., 2017). The nested grid over Asia (11 °S–  
75 55 °N, 60–150 °E) had a horizontal resolution of 0.5° latitude by 0.625° longitude and 47 vertical layers up to 0.01 hPa. The  
76 GEOS-Chem model includes fully coupled O<sub>3</sub>-NO<sub>x</sub>-hydrocarbon and aerosol chemical mechanisms with more than 80 species  
77 and 300 reactions (Bey et al., 2001; Park et al., 2004). The PM<sub>2.5</sub> components simulated in GEOS-Chem include sulfate, nitrate,  
78 ammonium, black carbon and primary organic carbon, mineral dust, secondary organic aerosols and sea salt. At present,  
79 GEOS-Chem model has been widely used, Dang et al. (2019) showed that the simulated spatial patterns and daily variations  
80 of winter PM<sub>2.5</sub> based on this model agree well with the observations from 2013 to 2017, available years with measured PM<sub>2.5</sub>.  
81 We selected the year of 2015, which has just begun to strengthen emission reduction, and 2017, which has launched the air  
82 pollution prevention and management plan for “2+26” cities (Yin and Zhang, 2020), as two representative years to simulate  
83 the actual PM<sub>2.5</sub> concentrations, so as to evaluate the performance of the GEOS-Chem model. The simulation results are very  
84 close to the observed data (Fig. S3) with high correlation coefficients reaching 0.88 and 0.85 in 2015 and 2017, indicating this  
85 model could basically reflect the change of actual PM<sub>2.5</sub> concentrations.

86 In this study, we designed two kinds of experiments. One was an experiment for simulating PM<sub>2.5</sub>, and the other was a  
87 composite using simulated data. The simulation had changing meteorological fields in winter from 1980 to 2018 and the fixed  
88 emissions in 2010 representing a high emission level. The emissions data in 2010 were from MIX 2010 (Li et al., 2017). The  
89 numerical experiment was performed to examine the variation of PM<sub>2.5</sub> in the meteorological parameters during 1980–2018  
90 under fixed-emission scenarios.

91 The composite was conducted to analyze the differences in the simulated  $HD_{NC}$  according to the years selected for the  
92 external forcing factors. Using the simulated dataset with the fixed-emission scenario was capable of eliminating the impacts  
93 of emissions and simply considering the effect of the four external forcing factors. The four (two) years with the largest (Favor  
94 Years) and smallest (Unfavor Years) four external forcing indices (i.e.,  $SST_P$ ,  $-1 \times SST_A$ ,  $Snowc$  and  $-1 \times Soilw$ ) were selected,  
95 and the differences in the simulated  $HD_{NC}$  under these four conditions in P1 (P2) were calculated. The simulated  $HD_{NC}$  in  
96 Favor Years minus the simulated  $HD_{NC}$  in Unfavor Years was calculated to analyze the effect of these four forced factors.

### 97 2.3 Statistical methods

98 In this study, the statistical model of fitted  $HD_{NC}$  was built based on Multiple Linear Regression (MLR). This approach,  
99 a model-driven method, was ultimately expressed as a linear combination of  $K$  predictors ( $x_i$ ) that could generate the least  
100 error of prediction  $\tilde{y}$  (Wilks, 2011). With coefficients  $\beta_i$ , intercept  $\beta_0$ , and residual  $\varepsilon$ , the MLR formula can be written in  
101 the following form:  $\tilde{y} = \beta_0 + \sum \beta_i x_i + \varepsilon$ .

102 The trends calculated in this study were obtained by linear regression after a 5-year running average. This method removed  
103 the interannual variation and more prominent trend characteristics. Moreover, the stage trends were calculated according to  
104 the inflection point, which passed the Mann-Kendall test.

### 105 3 Trend change of early winter haze

106 Throughout the winter in North China, the haze pollution in early winter is the most serious (Yin et al., 2019). The number  
107 of haze days in early winter (December and January) in North China ( $HD_{NC}$ ) reached a remarkable inflection point in 2010  
108 (Fig. 1a), passing the Mann-Kendall Test. The trend of  $HD_{NC}$  was vastly different before and after 2010: slowly decreased  
109 during 1991–2010 (P1) with a rate of 4.67 days/10 yr but rapidly increased after 2010 (P2, 2010–2018) with a rate of 25.43  
110 days/10 yr, both of them passing 95% t test. Recent studies generally revealed that based on observations, the number of boreal  
111 winter haze days across NC had a slightly decreasing trend after 1990 (Ding and Liu, 2014; He et al., 2019; Mao et al., 2019;  
112 Shi et al., 2019), which is consistent with the decreasing trend presented by the dataset in our research. Excluding year 2010  
113 did not affect the change in the trend of the two periods, with a decreased rate of 3.82 days/10 yr during 1991–2009, and an  
114 increased rate of 20.76 days/10 yr during 2011–2018 (passing 95% t test). In addition, Dang and Liao (2019) confirmed the  
115 varying trend of  $HD_{NC}$  via simulations of the global 3-D chemical transport (GEOS-Chem) model; using the well-simulated  
116 frequency of serious haze days in winter, they also revealed the abovementioned changing trend of  $HD_{NC}$ , i.e., decreasing in  
117 the early stage and increasing in the later stage. To further determine the reliability of the post-2010 upward trend of  $HD_{NC}$ ,  
118 we used hourly  $PM_{2.5}$  concentrations observed at the US embassy in Beijing from 2009 to 2017 and the  $PM_{2.5}$  concentrations  
119 over North China monitored by China National Environmental Monitoring Centre from 2014 to 2018 to count the number of  
120 days when the  $PM_{2.5}$  concentrations were  $>75 \mu g m^{-3}$  and  $>100 \mu g m^{-3}$  (Fig. 1a). These statistics also reflected the rising trend

121 after 2010, as well as the improved air quality in 2017 and a rebound in pollution in 2018. Although there was a certain gap  
122 between HD<sub>NC</sub> (basing on visibility and humidity) and these statistics, the two datasets revealed the same variations after 2010,  
123 and the statistics confirmed the robustness of the observed HD<sub>NC</sub>.

124 The above analysis substantiated the rapid aggravation of haze pollution in early winter after 2010. With regard to the  
125 increase in air pollution, there is no doubt that anthropogenic emissions were the fundamental cause of this long-term variation.  
126 Before the mid-2000s, the particle emissions throughout NC sustained stable growth but gradually began to decline afterward,  
127 which is inconsistent with the trend of HD<sub>NC</sub> or even contrary in some subperiods. The previous decreasing trend of HD<sub>NC</sub> hid  
128 the effects of the increased pollutant emissions; thus, people ignored the pollution problem and failed to control it in time. As  
129 a consequence, the subsequent rise in HD<sub>NC</sub> was extremely rapid and seriously harmed the biological environment and human  
130 health. The stark discrepancy between the trends of pollutant emissions and HD<sub>NC</sub> strongly indicate that anthropogenic  
131 emissions were not the only factor leading to a sharp deterioration in air quality after 2010 (Wei et al., 2017; Wang 2018).  
132 Therefore, an important question must be asked: in addition to human activities, what factors caused the rapidly increasing  
133 trend of HD<sub>NC</sub> after 2010?

134 As mentioned above, local meteorological factors could modulate the capacity to disperse and the formation of haze  
135 particles, which have critical influences on the occurrence of severe haze pollution. To reveal the impacts of meteorological  
136 conditions on the changing trend of HD<sub>NC</sub>, the area-averaged linear trends of these meteorological factors in NC during P1 and  
137 P2 were calculated, all of which exceeded the 95% confidence level (Fig. 2). In P1, the area-averaged linear trends of the  
138 boundary layer height (BLH), wind speed and omega all showed significant positive trends, while specific humidity showed a  
139 significant negative trend in NC; these conditions favored a superior air quality (Niu et al., 2010; Ding and Liu, 2014; Yin et  
140 al., 2017; Shi et al., 2019; Zhong et al., 2019). However, the trends of these four meteorological factors completely reversed  
141 in P2. Reductions in the BLH and wind speed, the enhancement of moisture, and an anomalous descending motion resisted  
142 the vertical and horizontal dispersions of particles and helped more pollutants gather in relatively narrow spaces. These four  
143 meteorological factors expressed an evident influence on the change trend of HD<sub>NC</sub> and showed reversed trends between P1  
144 and P2, similar to HD<sub>NC</sub>. Furthermore, the magnitudes of the change rates of these factors were stronger in P2 than in P1 (Fig.  
145 2), and HD<sub>NC</sub> displayed this feature as well. The GEOS-Chem simulations with changing emissions and fixed meteorological  
146 conditions failed to reproduce the change trend of haze (Dang and Liao, 2019), but with varying meteorology and fixed  
147 emissions could recognize the interannual variation of haze days. We designed an experiment driven by changing  
148 meteorological conditions in winter from 1980 to 2018 and fixed emissions at the relatively high 2010 level. According to the  
149 technical regulation on the ambient air quality index (Ministry of Ecology and Environment of the People's Republic of China,  
150 2012), a haze day was defined as a day with daily mean PM<sub>2.5</sub> concentration exceeding 75  $\mu\text{g m}^{-3}$ . The simulations of the  
151 frequency of haze days in NC by GEOS-Chem reproduced the trend reversal of haze pollution (Fig. 1b). The simulation results

152 were highly correlated with  $HD_{NC}$  and showed the feature that the trend in P2 was stronger than that in P1, indicating that  
153 meteorological conditions drove the trend change of haze pollution.

#### 154 **4 Climate variability drove the trend reversal**

155 According to many previous studies, the variabilities of the Pacific SST, Atlantic SST, Eurasian snow cover and Asian  
156 soil moisture played key roles in the interannual variations in haze pollution in NC (Xiao et al., 2015; Yin and Wang, 2016a,  
157 b; Zou et al., 2017), and the associated physical mechanisms were evidently revealed. Thus, the following question is raised  
158 here: did these four factors drive the trend reversal of  $HD_{NC}$ , and if so, how?

159 As shown in Figure S4a, the preceding autumn SST in the Pacific, associated with the detrended  $HD_{NC}$ , presented a  
160 Pacific Decadal Oscillation (PDO)-like “triple pattern” with two significant positive regions and one nonsignificant negative  
161 region (Yin and Wang, 2016a; Zhao et al., 2016). In the following research, the SST anomalies in the two positively correlated  
162 regions located in the Gulf of Alaska (40–60 °N, 125–165 °W) and the central eastern Pacific (5–25°N, 160 °E–110 °W) were  
163 used to represent the effects originating from the North Pacific. The area-averaged September–November SST of these two  
164 regions was calculated as the  $SST_P$  index, and the correlation coefficients with  $HD_{NC}$  were 0.59 and 0.67 before and after  
165 removing the linear trend during 1979–2018, respectively; both correlation coefficients were above the 99% confidence level.  
166 The responses of the atmosphere to these positive  $SST_P$  anomalies were the positive phase of the EA/WR pattern and the  
167 enhanced anomalous anticyclone center over NC (Yin et al., 2017; Fig. S5). Modulating by such large-scale atmospheric  
168 anomalies, increased moisture, anomalous upward motion and reduced BLH and wind speed (Fig. S5) created a favorable  
169 environment for the accumulation of fine particles (Niu et al., 2010; Ding and Liu, 2014; Shi et al., 2019; Zhong et al., 2019).  
170 A numerical experiment based on the Community Atmosphere Model version 5 (CAM5) effectively reproduced the observed  
171 enhanced anticyclonic anomalies over Mongolia and North China in response to positive PDO forcing, which resulted in an  
172 increase in the number of wintertime haze days over central eastern China (Zhao et al., 2016). The trend changes of the North  
173 Pacific SST were examined in P1 and P2. Consistent with the changing trend of  $HD_{NC}$ , reversed trends were also found in the  
174 North Pacific, i.e., a significant negative trend during P1 and a positive trend during P2 over the two Pacific areas (Fig. 3a, b).  
175 These similar trend changes suggest that the North Pacific SST might have been a major driver of the abrupt change in  $HD_{NC}$ .  
176 It is clear that  $SST_P$  underwent a significant trend change around 2010 (Fig. 4a). Thus, the persistent decline in  $SST_P$  during P1  
177 (at a significant rate of  $-0.2$  °C/10 yr, passing 95% t test; Table 1) contributed to the slowly decreasing trend of  $HD_{NC}$  (Fig.  
178 4a) via the modulations of  $SST_P$  on the atmospheric circulation (Fig. S5). During P2, the larger increase in  $SST_P$  at a rate of  
179  $2.0$  °C/10 yr (passing 95% t test) dramatically drove the rapid increase in  $HD_{NC}$ .

180 Besides the triple pattern in the Pacific, two areas exhibiting significant negative correlations with  $HD_{NC}$  were examined  
181 in the Atlantic (Shi et al., 2015; Shi et al., 2015): one located over southern Greenland (50–68 °N, 18–60 °W) and another

182 located over the equatorial Atlantic (0–15 °N, 30–60 °W; Fig. S4a). The area-averaged September–November SST of the two  
183 negatively correlated regions in Atlantic was defined as the  $SST_A$  index, whose correlation coefficients with  $HD_{NC}$  were  $-0.55$   
184 and  $-0.64$  from 1979 to 2018 before and after detrending, respectively (above the 99% confidence level). The response of  
185 atmospheric circulation to these negative  $SST_A$  anomalies culminated in a positive EA/WR pattern, and the stimulated easterly  
186 weakened the intensity of East Asian jet stream (EAJS) in the high troposphere (Fig. S6). Influenced by the colder  $SST_A$ , there  
187 was a very obvious abnormal upward movement above the boundary layer, reducing both the BLH and the surface wind speed;  
188 thus, pollutants were prone to gather, causing haze pollution (Niu et al., 2010; Wu et al., 2017; Shi et al., 2019). With a linear  
189 barotropic model, Chen confirmed the important role of subtropical northeastern Atlantic SST anomalies in contributing to the  
190 anomalous anticyclone over Northeast Asia and anomalous southerly winds over NC, which enhanced the accumulation of  
191 pollutants (Chen et al., 2019). The spatial linear trend in the SST of both Atlantic areas changed from positive in P1 to negative  
192 in P2, which was completely contrary to the trend of  $HD_{NC}$  (Fig. 3a, b). The  $SST_A$  reached a inflection point in 2010 (Fig. 4b)  
193 and contributed to the falling of  $HD_{NC}$  during P1 (change rate of  $SST_A = 0.55$  °C/10 yr, passing 95% t test) and the rising of  
194  $HD_{NC}$  during P2 (change rate of  $SST_A = -0.52$  °C/10 yr, passing 95% t test).

195 The effect of Eurasian snow cover on the number of December haze days in NC intensified after the mid-1990s (Yin and  
196 Wang, 2018). The roles of extensive boreal Eurasian snow cover were also revealed by numerical experiments via the  
197 Community Earth System Model (CESM): positive snow cover anomalies enhanced the regional circulation mode of poor  
198 ventilation in NC and provided conducive conditions for extreme haze (Zou et al., 2017). The correlation between the October–  
199 November snow cover and  $HD_{NC}$  was significantly positive in eastern Europe and western Siberia (46–62 °N, 40–85 °E, Fig.  
200 S4b), where the spatial linear trend of snow cover was consistent with that of  $HD_{NC}$ . A significant negative trend in P1 and a  
201 positive trend in P2 were discovered (Fig. 3c, d). The area-averaged October–November snow cover over eastern Europe and  
202 western Siberia was defined as the Snowc index, and its correlation coefficients with  $HD_{NC}$  were 0.43 and 0.54 from 1979 to  
203 2018 before and after detrending, respectively (above the 99% confidence level). The features of the weakened EAJS and  
204 significant anomalous anticyclone could be found clearly in the induced atmospheric anomalies associated with the positive  
205 Snowc anomalies (Fig. S7). The related abnormal upward motion restricted the momentum to the surface. In addition, the  
206 corresponding lower BLH and weaker surface wind speed also reduced the dispersion capacity, resulting in the generation of  
207 more haze pollution (Fig. S7). The Snowc index fell slowly until 2010 (with a rate of  $-1.8\%/10$  yr, passing 95% t test) and  
208 then rose rapidly (with a rate of  $28.3\%/10$  yr, passing 95% t test) and experienced a large trend reversal in 2010, in accordance  
209 with the behavior of  $HD_{NC}$  (Fig. 4c). Therefore, relying on the revealed physical mechanisms, the strengthened relationship  
210 between Snowc and  $HD_{NC}$  and the tremendous increase in Snowc during P2 substantially triggered the rapid enhancement of  
211 haze pollution in NC.

212 In addition to snow cover, soil moisture was another important factor affecting  $HD_{NC}$  (Yin and Wang, 2016b). The  
213 September-November soil moisture and  $HD_{NC}$  were negatively correlated in central Siberia (54–70 °N, 80–130 °E; Fig. S4c).  
214 The area-averaged September-November soil moisture over central Siberia was denoted as the Soilw index, whose correlation  
215 coefficients with  $HD_{NC}$  were  $-0.57$  and  $-0.60$  from 1979 to 2018 before and after detrending, respectively (above the 99%  
216 confidence level). Negative Soilw anomalies could induce a positive phase of EA/WR, and the associated anticyclonic  
217 circulations occurred more frequently and more strongly (Fig. S8). Correspondingly, the local vertical and horizontal  
218 dispersion conditions were limited. With increasing moisture, pollutants can more easily accumulate in a confined area. The  
219 spatial linear trend of soil moisture also shifted from increasing to decreasing in 2010, opposite to the trend of  $HD_{NC}$  (Fig. 3e,  
220 f). The change rate of Soilw was 38.8 mm/10 yr passing 95% t test (opposite that of  $HD_{NC}$ ) during P1, and the rate of change  
221 became more intense ( $-51.8$  mm/10 yr, passing 95% t test) during P2, physically driving a similar large change in  $HD_{NC}$  (Fig.  
222 4d).

223 The varying trends of these four preceding external factors jointly drove the trend reversal of  $HD_{NC}$  based on their physical  
224 relationships with the haze pollution in North China. To exclude the impacts of the stage trends of these variables on the  
225 physical links between the climate drivers and  $HD_{NC}$ , the correlations between these factors and  $HD_{NC}$  were explored during  
226 the decreasing stage (i.e., 1979–2010) and increasing stage (2010–2018), and all of these correlations were significant (Table  
227 1). Thus, the physical relationships between  $HD_{NC}$  and these four factors were long-standing and did not disappear as the trend  
228 changed. These four external factors had completely opposite trends in P1 and P2. Excluding  $SST_A$ , the amplitudes of the  
229 change trends of the other three indices in P2 were obviously stronger than those in P1 and were identical to those of  $HD_{NC}$   
230 (Table 1). In our study, we composited the simulations based on the GEOS-Chem model to determine the impact on haze  
231 pollution of each factor under the fixed-emissions level. The years in the top 20% and the bottom 20% of the four indices (i.e.,  
232  $SST_P$ ,  $-1 \times SST_A$ ,  $Snowc$  and  $-1 \times Soilw$ ) in P1 and P2 were selected, which could remove the effects of different trends. The  
233 composite differences for the four external forcing factors were significant in the selected regions and passed the Student's t  
234 test (Fig. S9). The responses of simulated  $HD_{NC}$  to the original (detrended) sequences of  $SST_P$ ,  $SST_A$ ,  $Snowc$  and  $Soilw$  were  
235 all positive, which are consistent with the observational results (Fig. 5). Specifically, for the four original (detrended) drivers,  
236 the resulting differences in simulated  $HD_{NC}$  were 3.94 (5.28), 5.97 (5.07), 1.86 (1.86) and 6.49 (6.49) days in P1 and 4.46  
237 (4.46), 4.26 (4.26), 7.54 (7.54) and 7.35 (7.35) days in P2 (Fig. 5). These differences were distinct and further confirmed that  
238 each factor played a role in the occurrence of haze pollution in NC.

239 These four indices were employed to linearly fit  $HD_{NC}$  based on a multiple linear regression (MLR) model (Wilks, 2011).  
240 As shown in Figure 4e, the correlation coefficient between the fitted and observed  $HD_{NC}$  was 0.82. After a five-year running  
241 average, the correlation coefficient reached 0.92. This model showed good ability to fit the inflection point in 2010 and  
242 highlighted the trend changes. Such a good fitting effect indicates that changes in the four external forcing factors could well



243 have influenced the variation in  $HD_{NC}$ . By exciting stronger responses in the atmosphere, such as the positive EA/WR phase  
244 and the strengthened anomalous anticyclone over NC, the abovementioned climate drivers created stable and stagnant  
245 environments in which the haze pollution in NC could rapidly exacerbate after 2010 (Table 1). Among the four indices, the  
246 correlation coefficients between  $SST_P$  and  $Snowc$  (Pair 1) and between  $SST_A$  and  $Soilw$  (Pair 2) were high, while the rest were  
247 insignificant. The variance inflation factors of the four factors in the MLR model were less than 2, showing that the collinearity  
248 among them was weak. When selecting one factor from both Pair 1 and Pair 2 to refit  $HD_{NC}$ , the correlation coefficient between  
249 the fitted and observed  $HD_{NC}$  and the trends of the fitted  $HD_{NC}$  in P2 worsened (Fig. S10). Therefore, these four external factors  
250 were all indispensable to achieve a better fitting effect. The intercorrelated climate factors of Pair 1 and Pair 2 contributed  
251 27.8% and 84.6%, respectively, to the trends of  $HD_{NC}$  in P1 and 54.8% and 20.4% to the trends in P2. Thus, the joint effect of  
252  $SST_A$  and  $Soilw$  played a more important role in the decreasing trend of  $HD_{NC}$  in P1; however, the impacts of  $SST_P$  and  $Snowc$   
253 were more than twice those of  $SST_A$  and  $Soilw$  in P2. More importantly, the fitted curve revealed a decreasing trend of  $HD_{NC}$   
254 ( $-5.24$  days/10 yr, passing 95% t test) that was larger than observed ( $-4.67$  days/10 yr) during P1. Many studies have noted  
255 that human activities have led to persistently increasing trends of  $HD_{NC}$  (Yang et al., 2016; Li et al., 2018). The combination  
256 of the exorbitant decreased trend indicated by climate conditions and the long-term trend from anthropogenic emissions  
257 resulted in a realistic slow decline (Table 2). This proportion of the trend explained by climate drivers (72.3%) decreased in  
258 P2 because the increasing trend driven by the climate divers and emissions jointly led to a rapid increase in  $HD_{NC}$ .

## 259 **5 Conclusions and discussions**

260 Haze events in early winter in North China exhibited rapid growth after 2010, which was completely different from the  
261 slow decline observed before 2010, showing a trend reversal in the year 2010 (Fig. 1). The trend changes of associated  
262 meteorological conditions exhibited identical responses. After 2010, the lower BLH, weakened wind speed, sufficient moisture  
263 and anomalous ascending motion (all with larger tendencies than before 2010) limited the horizontal and vertical dispersion  
264 conditions and thus enhanced the occurrence of early winter haze pollution (Fig. 2). However, before 2010, the climate  
265 conditions showed the opposite characteristics and could create an environment with adequate ventilation for the dissipation  
266 of particles.

267 In this study, the external forcing factors that closely related to the significant growth of  $HD_{NC}$  after 2010 and the  
268 associated physical mechanisms were investigated. These factors might strongly linked to the anomalous anticyclone over NC  
269 via exciting the EA/WR teleconnection pattern, thus regulating the meteorological conditions, weakening the dispersion  
270 conditions and facilitating the accumulation of haze pollutants. The four climate drivers physically related to  $HD_{NC}$  showed  
271 exactly opposite trend changes with an inflection point in 2010, which agrees with the behavior of  $HD_{NC}$  (Fig. 4). The factors  
272 of Pair 1 ( $SST_A$  and  $Soilw$ ) and Pair 2 ( $SST_P$  and  $Snowc$ ) had joint effects and played more important roles in the increasing

273 trend of  $HD_{NC}$  in P2 and the decreasing trend of  $HD_{NC}$  in P1, respectively (Table 2). The fitting result of the four factors with  
274 the trend of  $HD_{NC}$  showed a strongly decreasing trend in P1 and a weakly increasing trend in P2. Together with increasing  
275 emissions, these factors jointly led to a relatively slow decreasing trend of  $HD_{NC}$  before 2010 and rapid growth afterward.  
276 Therefore, both the decreasing trend in P1 and the increasing trend in P2 were caused by a combination of climate drivers and  
277 emissions.

278 Note that a number of factors contribute to the uncertainties in our results. Although a high emission scenario was used  
279 to simulate the number of haze days and emphasized the influence of meteorology, no complete and varied emission inventories  
280 were used to drive the GEOS-Chem model to make a comparison, which caused certain uncertainty. Furthermore, when  
281 assessing the contribution percentages of the external forcing factors, the coupling effect between climate variability and  
282 anthropogenic emissions was not considered, therefore the contribution rate of climate conditions might be overestimated.

283 For the long-term trend of haze, human activities are the recognized and fundamental driver (Li et al., 2018; Yang et al  
284 2016). Anthropogenic emissions have exceeded a high level since the 1990s, providing a sufficient foundation for the  
285 generation of severe haze pollution (Fig. 1). However, the effects of climate variability delayed warnings before 2010. Together  
286 with the local meteorological conditions, the trends of the climate drivers reversed in 2010, initiating a dramatically increase  
287 in  $HD_{NC}$  after 2010, which quickened the worsening of haze pollution in NC (Fig. 5; Table 1). The superimposed effect of  
288 high-level human emissions with strengthened climate anomalies loudly sounded the alarms through the extremely rapid rise  
289 of haze pollution.

290 *Data availability.* The monthly mean meteorological data are obtained from NCEP/NCAR reanalysis datasets  
291 (<https://www.esrl.noaa.gov/psd/data/gridded/data.ncep.reanalysis.html>). The boundary layer height data are available from the  
292 Interim reanalysis dataset (<http://www.ecmwf.int/en/research/climate-reanalysis/era-interim>). The number of haze days can be  
293 obtained from the authors. The  $PM_{2.5}$  concentrations from 2009 to 2016 can be downloaded from the US embassy  
294 (<http://www.stateair.net/web/historical/1/1.html>), and those from 2014 to 2018 can be downloaded from China National  
295 Environmental Monitoring Centre (<http://beijingair.sinaapp.com/>). The monthly total emissions of BC,  $NH_3$ ,  $NO_x$ , OC,  $SO_2$ ,  
296  $PM_{10}$  and  $PM_{2.5}$  are obtained from the Peking University emission inventory (<http://inventory.pku.edu.cn/>). SST data are  
297 downloaded from <http://www.esrl.noaa.gov/psd/data/gridded/data.noaa.ersst.v4.html>. Soil moisture data are obtained from  
298 <https://www.esrl.noaa.gov/psd/data/gridded/data.cpcsoil.html>. Snow cover data can be downloaded from Rutgers University:  
299 <http://climate.rutgers.edu/snowcover/>. The emissions of 2010 can be downloaded from  
300 <http://geoschemdata.computecanada.ca/ExtData/HEMCO/MIX>.

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#### 304 **Author contributions**

305 Wang H. J. and Yin Z. C. designed the research. Yin Z. C. and Zhang Y. J. performed research. Zhang Y. J. prepared the  
306 manuscript with contributions from all co-authors.

#### 307 **Competing interests**

308 The authors declare no conflict of interest.

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#### 410 **Table and Figure legends**

411 Table 1. Correlation coefficients (CCs) between HD<sub>NC</sub> and the SST<sub>P</sub>, SST<sub>A</sub>, Snow<sub>C</sub> and Soil<sub>w</sub> indices after detrending and the  
412 trends of the SST<sub>P</sub>, SST<sub>A</sub>, Snow<sub>C</sub> and Soil<sub>w</sub> indices for the periods 1991–2010 and 2010–2018. CC<sub>1</sub>, CC<sub>2</sub>, and CC<sub>3</sub> represent  
413 the correlation coefficients from 1979 to 2018, 1979 to 2010 and 2010 to 2018, respectively. “\*\*\*” indicates that the CC was  
414 above the 99% confidence level, “\*\*” indicates that the CC was above the 95% confidence level, and “\*” indicates that the  
415 CC was above the 90% confidence level.

416 Table 2. The contribution rate of fitted HD<sub>NC</sub> and each external forcing factor to the trend of HD<sub>NC</sub> in P1 and P2, respectively.

417 Figure 1. (a) Variations in the December-January emissions (unit: Tg) of black carbon (BC), ammonia (NH<sub>3</sub>), nitrogen oxide  
418 (NO<sub>x</sub>), organic carbon (OC), sulfur dioxide (SO<sub>2</sub>), PM<sub>10</sub> and PM<sub>2.5</sub> over North China from 1979 to 2013 and the variation in  
419 HD<sub>NC</sub> from 1979 to 2018 (black solid line). The blue and green solid (dashed) lines indicate the number of days when the  
420 hourly PM<sub>2.5</sub> concentrations in a day exceeded 75 μg m<sup>-3</sup> and 100 μg m<sup>-3</sup>, respectively, from 2009 to 2016 (2014 to 2018)

421 using Beijing (North China) observed data from the US embassy (China National Environmental Monitoring Centre). (b)  
422 Temporal evolutions of  $HD_{NC}$  (in black), simulated haze days (unit: days; red) in NC. The dashed lines denote linear  
423 regressions for 1991–2010 (P1) and 2010–2018 (P2). The black and red Trend 1 and Trend 2 represent the linear trends of the  
424 observed and simulated haze days in P1 and P2, respectively.

425 Figure 2. Area-averaged linear trends of the BLH (unit: m/yr), specific humidity (unit: %/10 yr), surface wind speed (unit: m  
426  $s^{-1}/10^2$  yr) and omega (unit: pascal  $s^{-1}/10^3$  yr) over NC in early winter for the periods 1991–2010 (P1) and 2010–2018 (P2).  
427 All datasets were 5-year running averages before calculating the trends.

428 Figure 3. Linear trends of the Pacific and Atlantic SST (unit:  $^{\circ}C/yr$ ; a, b), Eurasian snow cover (unit: %/yr; c, d), and central  
429 Siberian soil moisture (unit: mm/yr; e, f) for the periods 1991–2010 (P1) and 2010–2018 (P2). All datasets were 5-year running  
430 averages before calculating the trends. The green boxes represent the regions where the four indices are defined. Black dots  
431 indicate that the trends were above the 95% confidence level.

432 Figure 4. Variations in  $HD_{NC}$  (in black) and the  $SST_P$  (unit:  $^{\circ}C$ ; a, red),  $SST_A$  (unit:  $^{\circ}C$ ; b, blue),  $Snowc$  (unit: %; c, yellow),  
433 and  $Soilw$  (unit: mm; d, green) indices and the  $HD_{NC}$  values fitted by the MLR model by the above four factors (unit: days; e,  
434 purple) from 1979 to 2018. Thick lines indicate 5-year running averaged time series. The rectangles and triangles indicate the  
435 inflection points of  $HD_{NC}$  and the four indices, which were tested by the Mann-Kendall test.

436 Figure 5. Composite of the simulated  $HD_{NC}$  caused by the four external forcing factors (Favor Years minus Unfavor Years).  
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441 **Table 1.** Correlation coefficients (CCs) between  $HD_{NC}$  and the  $SST_P$ ,  $SST_A$ ,  $Snowc$  and  $Soilw$  indices after detrending and the  
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 445 CC was above the 90% confidence level.

446

	CC with $HD_{NC}$	Trend / 10yr	
		1991–2010	2010–2018
$SST_P$	$CC_1 = 0.67$ ***	–0.20 °C***	1.99 °C***
	$CC_2 = 0.39$ **		
	$CC_3 = 0.66$ ***		
$SST_A$	$CC_1 = -0.64$ ***	0.55 °C***	–0.52 °C***
	$CC_2 = -0.54$ ***		
	$CC_3 = -0.61$ ***		
$Snowc$	$CC_1 = 0.54$ ***	–1.79% **	28.35% ***
	$CC_2 = 0.46$ ***		
	$CC_3 = 0.53$ ***		
$Soilw$	$CC_1 = -0.60$ ***	38.78mm***	–51.81mm***
	$CC_2 = -0.30$ *		
	$CC_3 = -0.66$ ***		

447

448 **Table 2.** The contribution rate of fitted  $HD_{NC}$  and each external forcing factor to the trend of  $HD_{NC}$  in P1 and P2,  
 449 respectively.

	Fitted $HD_{NC}$	$SST_P$	$SST_A$	$Snowc$	$Soilw$
P1	112.2%	23.3%	43.9%	4.5%	40.7%
P2	72.3%	41.9%	7.5%	12.9%	10.0%

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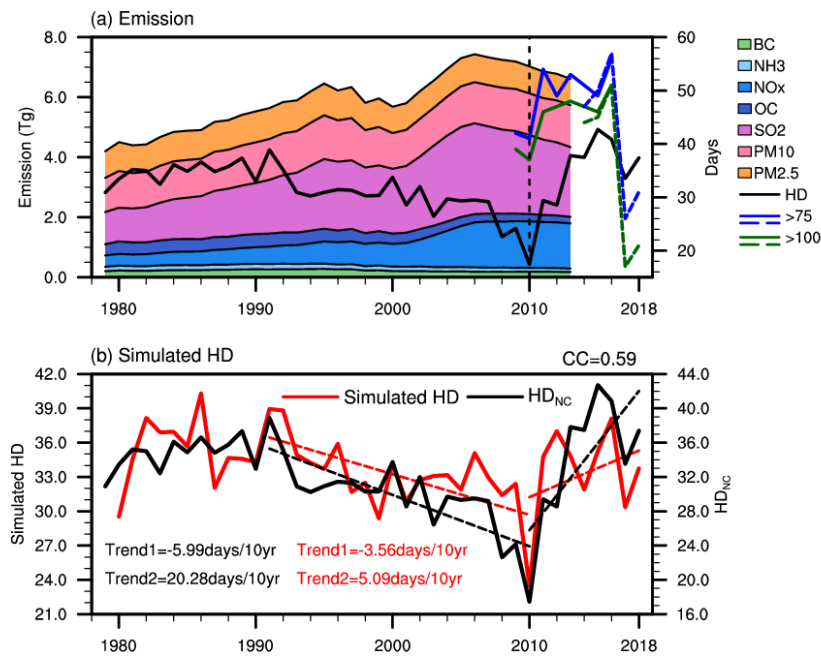
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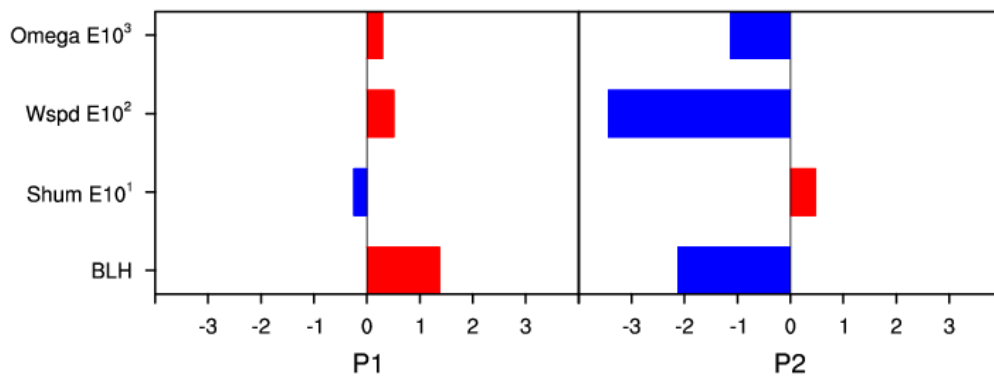
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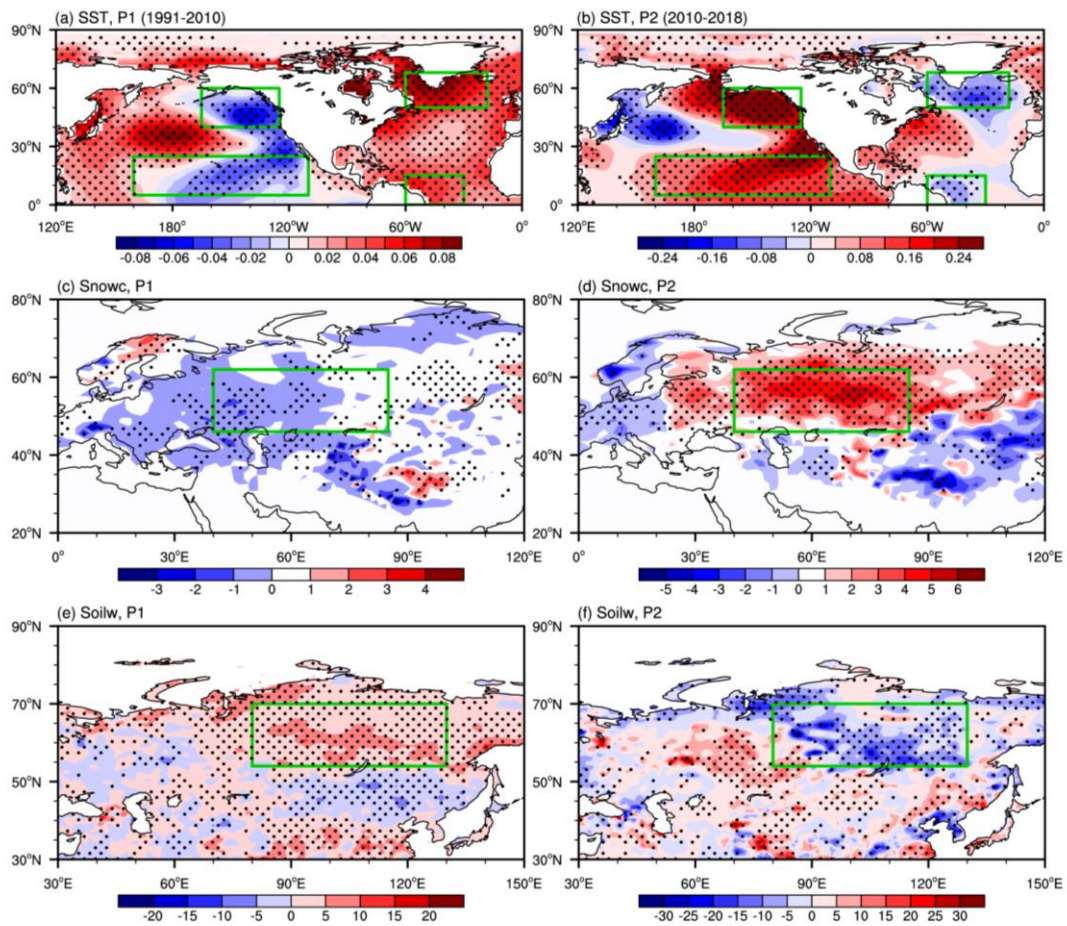


458 **Figure 1.** (a) Variations in the December-January emissions (unit: Tg) of black carbon (BC), ammonia (NH<sub>3</sub>), nitrogen oxide  
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469 All datasets were 5-year running averages before calculating the trends.



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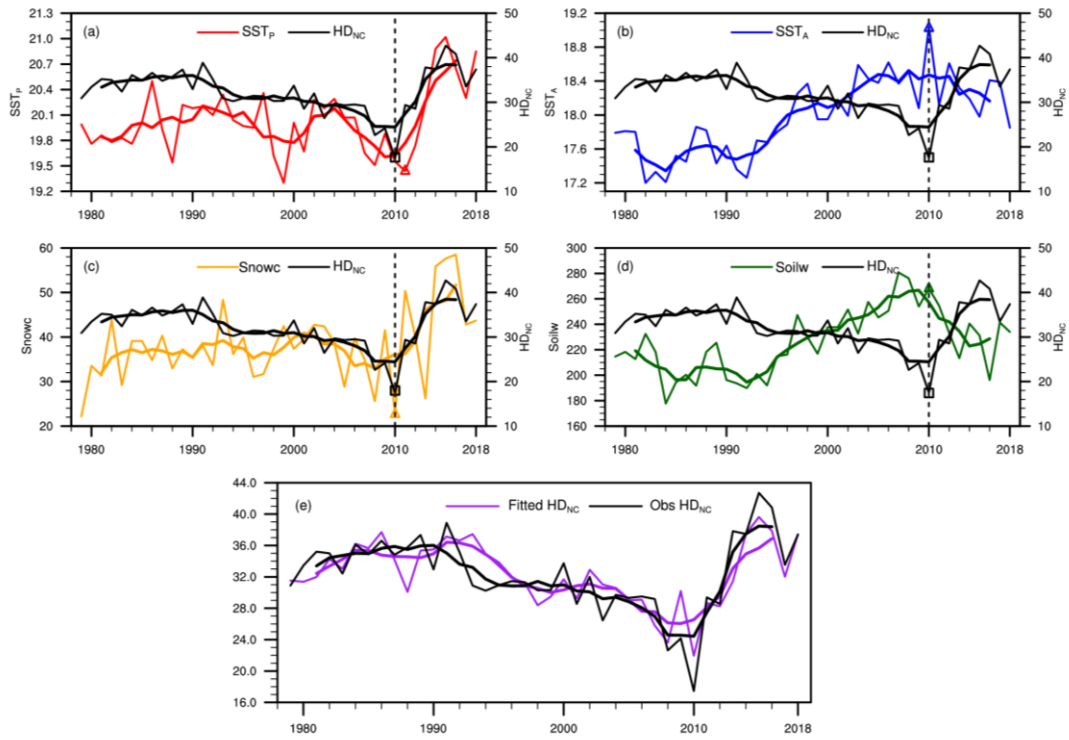
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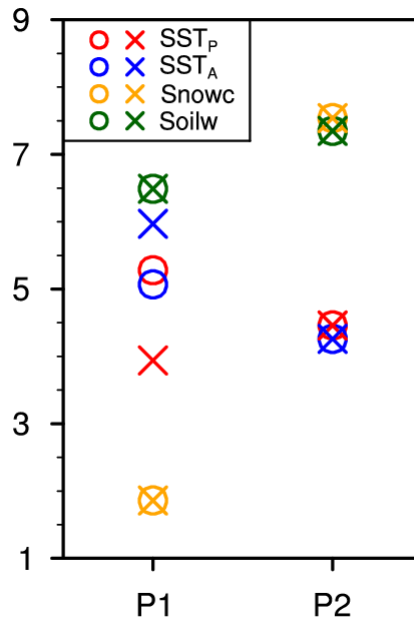
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**Figure 3.** Linear trends of the Pacific and Atlantic SST (unit:  $^{\circ}\text{C}/\text{yr}$ ; a, b), Eurasian snow cover (unit:  $\%/ \text{yr}$ ; c, d), and central Siberian soil moisture (unit:  $\text{mm}/\text{yr}$ ; e, f) for the periods 1991–2010 (P1) and 2010–2018 (P2). All datasets were 5-year running averages before calculating the trends. The green boxes represent the regions where the four indices are defined. Black dots indicate that the trends were above the 95% confidence level.



478

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483

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