

1   **‘Warm Cover’- Precursory ‘Strong Signals’ hidden in the Middle**  
2   **Troposphere for Haze Pollution**

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24

25 **Abstract.** Eastern China (EC), located in the downstream region of Tibetan Plateau (TP), is a large area  
26 with frequent haze pollution. In addition to air pollutant emissions, meteorological conditions were a key  
27 'inducement' for air pollution episodes. Based on the study of the Great Smog of London in 1952 and haze  
28 pollution in EC over recent decades, it is found that the abnormal 'warm cover' (air temperature warm  
29 anomalies) in the middle troposphere, as a precursory 'strong signal', could connect to severe air pollution  
30 events. The convection and vertical diffusion in the atmospheric boundary layer (ABL) were suppressed by  
31 a relatively stable structure of 'warm cover' in the middle troposphere, leading to the ABL height decreases,  
32 which was favourable for the accumulation of air pollutants in the ambient atmosphere. The anomalous  
33 structure of the troposphere's 'warm cover' not only exist in heavy haze pollution on the daily scale, but  
34 also provide seasonal, interannual and interdecadal 'strong signals' for frequently occurring regional haze  
35 pollution. It is revealed that a close relationship existed between interannual variations of the TP's heat  
36 source and the 'warm cover' strong-signal in the middle troposphere over EC. The warming TP could lead  
37 to the anomalous 'warm cover' in the middle troposphere from the plateau to the downstream EC region  
38 and even the entire East Asian region for air pollution.

39

## 40 **1 Introduction**

41 In China, mainly over the region east of 100° E and south of 40° N (Tie et al., 2009), PM<sub>2.5</sub> (particulate  
42 matter with an aerodynamic diameter equal to or less than 2.5  $\mu\text{m}$ ) has become the primary air pollutant in  
43 winter (Wang, et al., 2017). Therefore, in September 2013, the Chinese government launched the China's  
44 first air pollution control action plan-'The Airborne Pollution Prevention and Control Action Plan  
45 (2013-2017)' (State Council of the People's Republic of China, 2013). By 2017, about 64 % of China's  
46 cities are still suffering from air pollution, especially Beijing-Tianjin-Hebei region and surrounding areas  
47 (Wang et al., 2019; Miao et al., 2019). Then, in July 2018, the Chinese government launched the second  
48 three-year action plan for air pollution control, 'the blue sky defense plan', which demonstrates China's  
49 firm determination and new measures for air pollution control (State Council of the People's Republic of  
50 China, 2018). After the implementation of air pollution control action plans, air quality in many regions in  
51 China has been significantly improved.

52 Anthropogenic pollutant emissions and unfavorable meteorological conditions are commonly regarded

53 as two key factors for air pollution (Ding and Liu, 2014; Yim et al., 2014; Zhang et al., 2015). Air pollutants  
54 mainly come from surface emission sources, and most of air pollutants are injected from the surface to the  
55 atmosphere through the atmospheric boundary layer (ABL) (Quan et al., 2020). The ABL structures are the  
56 key meteorological conditions which influences the formation and maintenance of heavy air pollution  
57 episodes (Wang et al., 2015; Cheng et al., 2016; Wang et al., 2016; Tang et al., 2016; Wang et al., 2019).

58 Most of the previous studies focused on exploring the impact on the heavy air pollution in Eastern  
59 China (EC) from the meteorological conditions in ABL. However, the thermodynamic and dynamic  
60 structures of free troposphere can affect the meteorological conditions in ABL (Cai et al., 2020). The  
61 convection and diffusion in the ABL are suppressed by a relatively stable structure in the middle  
62 troposphere, leading to the ABL height decreases, which was favourable for the formation and persistence  
63 of heavy air pollution (Quan et al., 2013; Wang et al., 2015; Cai et al., 2020).

64 This study investigated whether the thermodynamic structure of the troposphere and its intensity  
65 changes can be used as a ‘strong warning signal’ for the changes of  $PM_{2.5}$  concentrations in heavy air  
66 pollution, and whether this strong signal exists in the time scales of seasonal, interannual and interdecadal  
67 changes. In order to explore the interaction between the free troposphere and the ABL and the impact on  
68 the heavy air pollution in EC, this study extended the meteorological conditions for heavy air pollution  
69 from the boundary layer to the middle troposphere. We identify a precursory ‘strong signals’ hidden in the  
70 free troposphere for frequent haze pollution in winter in EC.

71

## 72 **2 Data and methods**

73 The data used in this study included NCEP/NCAR and ERA-Interim reanalysis data of meteorology, as  
74 well as data of surface  $PM_{2.5}$  concentration measurement, air temperature observation and L-band sounding,

75 as briefly described as follows:

76 The monthly NCEP/NCAR reanalysis data of meteorology with horizontal resolution of  $2.5^{\circ}$  of  
77 1960-2019 were obtained from the U.S. National Center for Environmental Protection (NCEP,  
78 <https://www.esrl.noaa.gov/>).

79 The daily and monthly ERA-Interim reanalysis data of meteorology with horizontal resolution of  $0.75^{\circ}$   
80 were derived from the European Center for Medium-range Weather Forecasts (ECMWF,  
81 <https://www.ecmwf.int/>), including air temperature, geopotential height, humidity, wind field and vertical  
82 velocity.

83 The hourly  $PM_{2.5}$  concentration data during 2013-2019 were collected from the national air quality  
84 monitoring network operated by the Ministry of Ecology and Environment the People's Republic of China  
85 (<http://www.mee.gov.cn/>). In addition, we categorized air pollution levels with the surface  $PM_{2.5}$   
86 concentrations based on the National Ambient Air Quality Standards of China (HJ633-2012) released by  
87 the Ministry of Ecology and Environment in 2012 as shown in Table 1.

88 We also used the monthly air temperature of surface observation data during 1960-2014 from 58  
89 meteorological observation stations in the plateau area with an altitude above 3000 meters, which were  
90 archived from the China Meteorological Information Center (<http://data.cma.cn/>).

91 Furthermore, the L-band sounding 'seconds-level' data of Beijing from 2010 to 2019 to were used to  
92 calculate the height of ABL (Liu and Liang, 2010). The height of ABL top is characterized by the L-band  
93 sounding observations at 20:00 (local time is used for this paper). The L-band sounding 'seconds-level'  
94 data has been undergone the quality control before analysis (Zhu et al., 2018), and interpolation was  
95 implemented in a vertical direction at an interval of 2 hPa. The L-band detection data provided by the  
96 China Meteorological Information Center (<http://data.cma.cn/>) contains several automatic observation

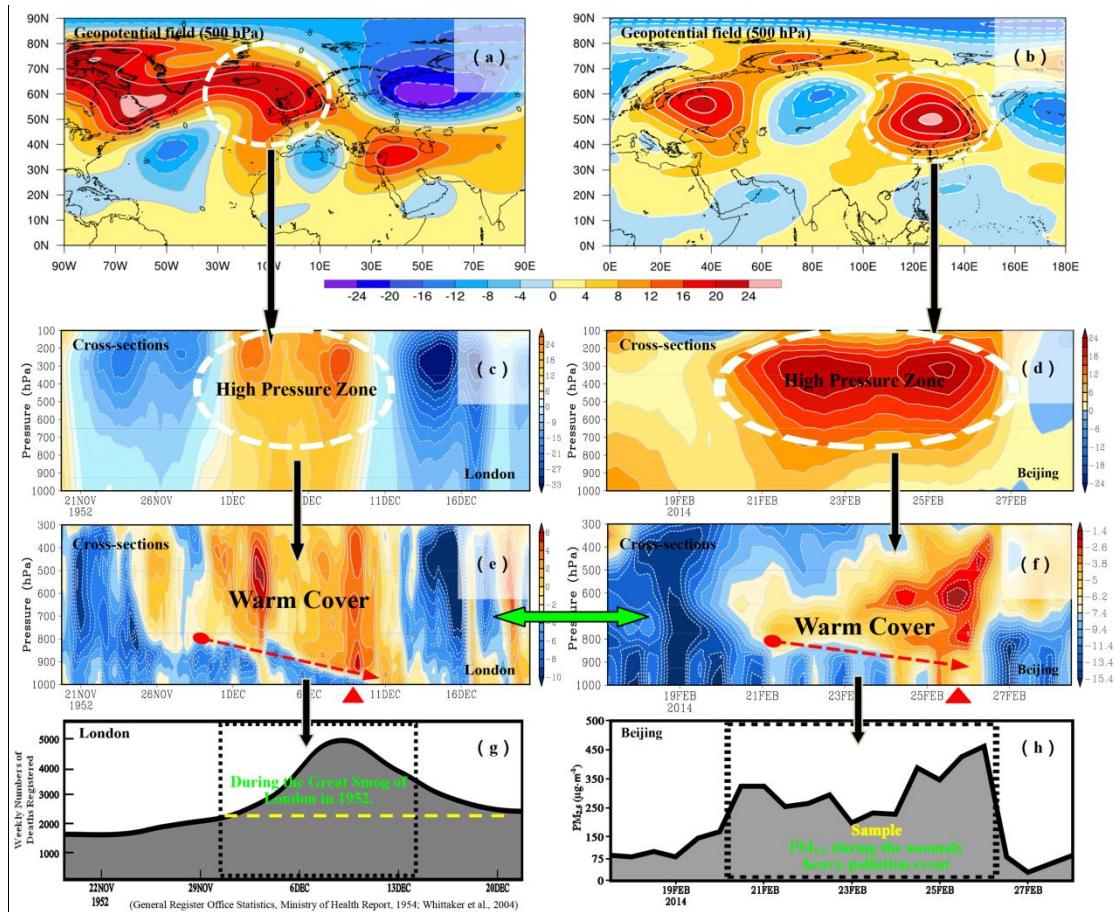
97 meteorological elements with time resolution of 1.2 s and vertical resolution of 8 m. More detail  
98 information can be found in Li et al. (2009) and Cai et al. (2014).

99 **Table 1. Air pollution degrees categorized with surface PM<sub>2.5</sub> concentrations**

Air pollution degrees	PM <sub>2.5</sub> concentration ranges
‘less-serious’ pollution	75 $\mu\text{g}\cdot\text{m}^{-3}$ < PM <sub>2.5</sub> $\leqslant$ 115 $\mu\text{g}\cdot\text{m}^{-3}$
‘serious’ pollution	115 $\mu\text{g}\cdot\text{m}^{-3}$ < PM <sub>2.5</sub> $\leqslant$ 150 $\mu\text{g}\cdot\text{m}^{-3}$
‘more-serious’ pollution	150 $\mu\text{g}\cdot\text{m}^{-3}$ < PM <sub>2.5</sub> $\leqslant$ 250 $\mu\text{g}\cdot\text{m}^{-3}$
‘most-serious’ pollution	PM <sub>2.5</sub> > 250 $\mu\text{g}\cdot\text{m}^{-3}$

100  
101 **3 Results**  
102 **3.1 A precursory ‘strong signal’ of ‘warm cover’ in the middle troposphere**  
103 In February 2014, a rarely persistent air pollution weather process occurred in EC with severe air pollution  
104 in more than 50 cities, with an impact area of 2.07 million km<sup>2</sup>. In the Beijing area during February 20–26,  
105 2014 the regional average PM<sub>2.5</sub> concentration exceed the ‘most-serious’ air pollution level, and with a  
106 peak value of up to 456  $\mu\text{g}\cdot\text{m}^{-3}$ . In addition, the Great Smog of London in 1952 was attributed to the  
107 long-lasting and heavy haze pollution under the influence of certain weather systems (Whittaker et al.,  
108 2004). To find the precursory ‘strong signals’ hidden in meteorology for heavy air pollution events, we  
109 retrieved the three-dimensional atmospheric dynamic and thermal structures during December in 1952 as  
110 well as February in 2014 by analyzing vertical anomalies of meteorology. There were high-pressure  
111 systems moved to London as well as Beijing and stagnated over both areas at 500 hPa geopotential  
112 height anomalies, as shown in Figs. 1a and 1b. During the heavy air pollution events, a high-pressure  
113 system over London as well as Beijing gradually strengthened (Figs. 1c and 1d), and the middle  
114 troposphere was characterized by a ‘warm cover’ with ‘upper warming and bottom cooling’ anomalies in  
115 vertical structure of air temperature (Figs. 1e and 1f).  
116 By comparing Figs. 1a and 1b, we found that two persistent heavy air pollution events occurred during

117 the maintenance stage of stable high pressure system. During stagnation of the blocking high pressure  
118 system, the strength of the center of the geopotential height anomalies in the stable maintenance region of  
119 the blocking exhibited a synchronous response to the ‘warm cover’ above areas (Figs. 1c–1f). It can be seen  
120 that the local atmospheric thermal structure is significantly modulated by the persistent large-scale  
121 anomalous circulation. The ‘subsidence-induced air temperature inversion’ effect of the blocking high  
122 pressure system continuously strengthened the ‘warm cover’ structure in the middle troposphere, which  
123 suppressed the vertical diffusion capacity in the atmosphere (Cai et al., 2020). Moreover, it was obvious  
124 that ‘strong signals’ arising from the thick ‘warm cover’ persisted during the abnormal air-pollution episode  
125 during December 5–9, 1952 in London as well as February 21–26, 2014 in Beijing. It is worth pointing out  
126 that the bottom edge of ‘warm cover’ in the free troposphere declined day-by-day. During the heavy  
127 pollution incident, the ‘warm cover’ dropped to 900 hPa (Figs. 1g and 1h). The above analysis shows that  
128 in the ABL over London during December 5–9, 1952 and Beijing during February 21–26, 2014, the  
129 inversion layer height decreased, which made the ABL structure stable for accumulation of air pollutants.  
130 The deep ‘warm cover’ structures in the middle troposphere acted as a precursory ‘strong signal’ of the  
131 Great Smog of London and Beijing’s heavy air pollution.



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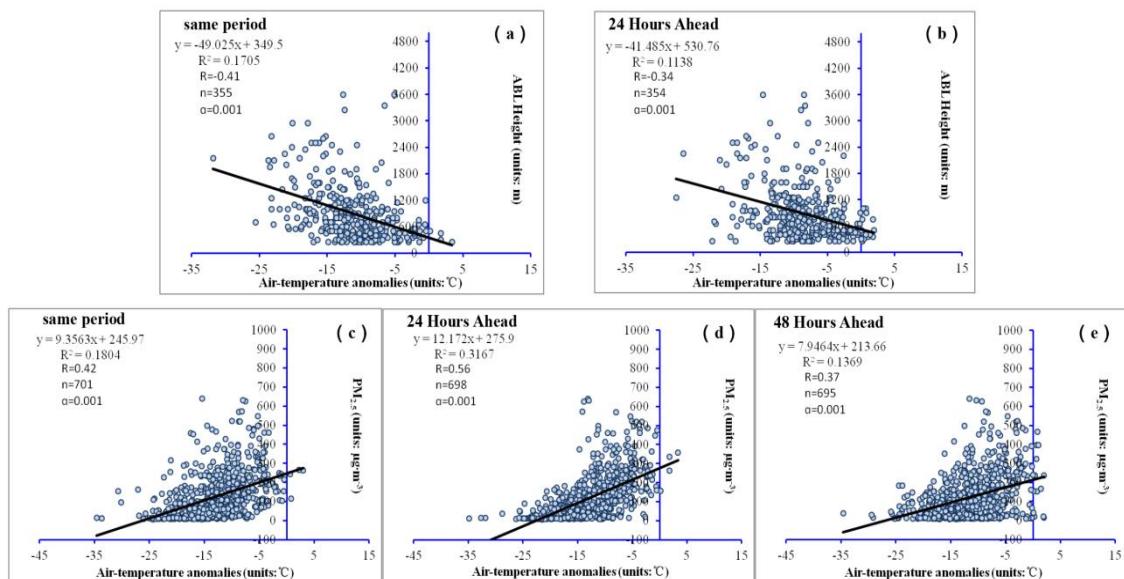
133 **Figure 1.** Dynamical and thermodynamical structures and air pollution variations: (a) geopotential height anomalies (unit: dagpm) at 500 hPa during December 5–9, 1952 for the Great Smog of London, (b) the same as (a) but during February 21–26, 2014. (c) Time-vertical cross-sections of the geopotential height anomalies (unit: dagpm) in the high pressure area (50–70°N; 20°W–10°E) during November 20 to December 20, 1952, (d) the same as (c) but in the high pressure area (40–63°N; 115–138°E) during February 17–28, 2014. (e) Time-vertical cross-sections of air temperature anomalies (unit: °C) over London (the Red dotted arrow shows the bottom edge of the ‘warm cover’ during the Great Smog in London) during November 20 to December 20, 1952, (f) the same as (e) but during the heavy pollution in February 2014 over Beijing. (g) Weekly death rate in London prior to, during and after the 1952 pollution episode (General Register Office Statistics, Ministry of Health Report, 1954; Whittaker et al., 2004). (h) The variation of surface PM<sub>2.5</sub> concentrations (units:  $\mu\text{g}\cdot\text{m}^{-3}$ ) during the heavy pollution in February 2014 over Beijing.

143

### 144 **3.2 Effect of ‘Warm Cover’ in the free troposphere on ABL and surface PM<sub>2.5</sub> variations**

145 During five heavy air pollution episodes over Beijing in December 2015 and 2016 the vertical structures of  
146 air temperature anomalies presented the ‘warm cover’ structure in the free troposphere (see Fig. S1).

147 During winter 2014–2017, Figs. 2a and 2b demonstrated the significant negative correlations between the  
 148 height of the ABL and air temperature anomalies over same period and 24 hours ahead in Beijing, and the  
 149 correlation coefficients were 0.41 and 0.34 (99.9 % confidence level), reflecting that the ‘warm cover’  
 150 structure hidden in the middle troposphere with significant ‘strong-signal’ features is of persistent  
 151 premonitory significance for the heavy pollution episodes. Figures 2c–2e presented the significant  
 152 positive correlations between  $\text{PM}_{2.5}$  concentrations and air temperature anomalies over same period and 24,  
 153 48 hours ahead in Beijing, and the correlation coefficients were 0.42, 0.56 and 0.37 (99.9 % confidence  
 154 level). Based on the above mentioned results, air temperature anomalies over 24 and 48 hours ahead  
 155 could also be reflected that ‘warm cover’ hidden in the middle troposphere could be regarded as the  
 156 precursory ‘strong-signal’ for air pollution change. Furthermore, such a ‘stable’ structure also restricted  
 157 the vertical transport of moist air from the lower to the middle troposphere for forming secondary aerosols,  
 158 which could dominate  $\text{PM}_{2.5}$  concentrations in air pollution over China (Huang et al., 2014; Tan et al.,  
 159 2015).



160  
 161 **Figure 2.** The correlations between ABL height and air temperature anomalies in Beijing during winter 2014–2017, (a) same  
 162 period, at 800 hPa; (b) 24 hours ahead, at 650 hPa. The correlations between  $\text{PM}_{2.5}$  concentration and air temperature

163 anomalies in Beijing during winter 2014–2017, (c) same period, at 850 hPa; (d) 24 hours ahead, at 800 hPa; (e) 48 hours  
164 ahead, at 724 hPa.

165

### 166 **3.3 Changes of the ‘warm cover’ structure in the middle troposphere**

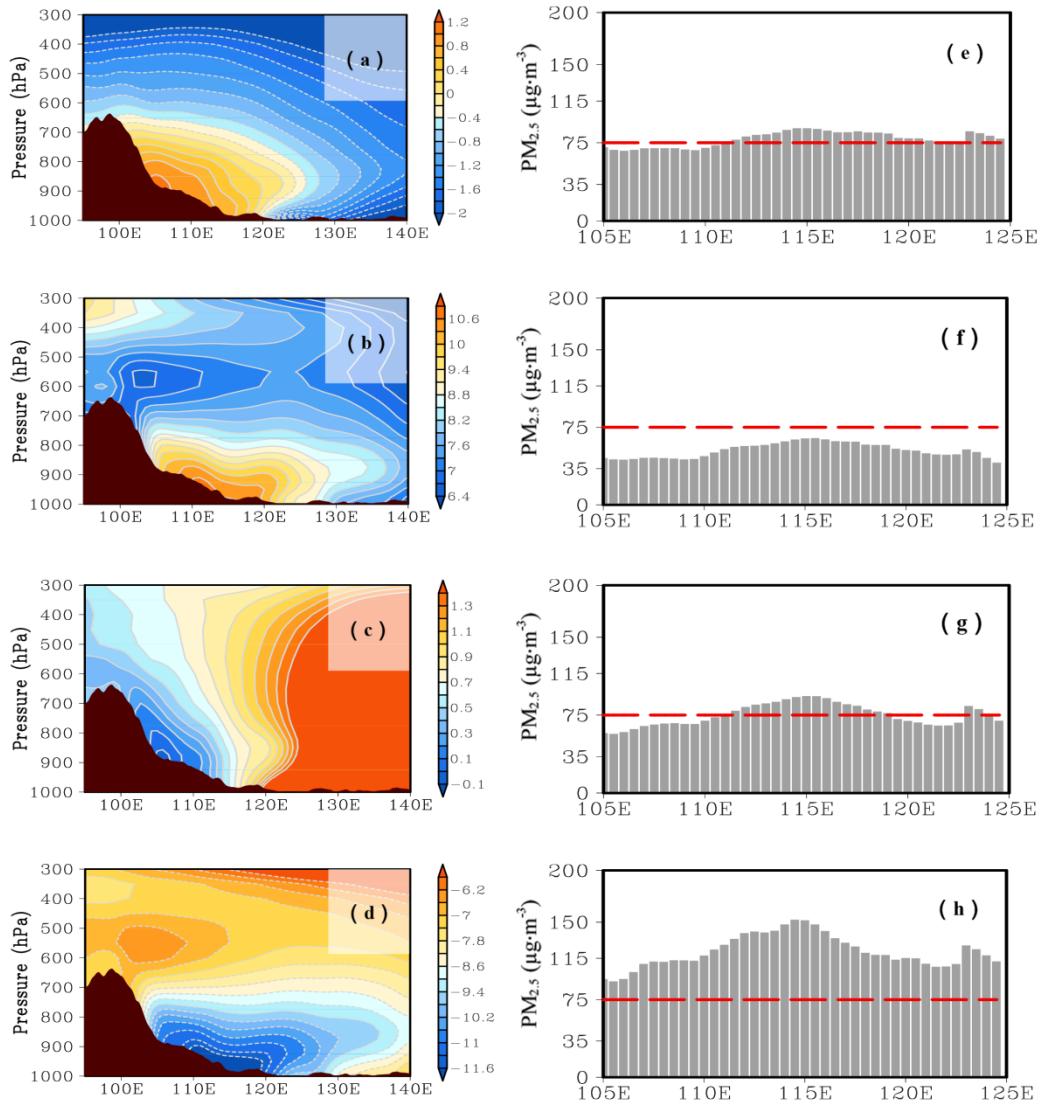
167 The ‘warm cover’ structure of air temperature anomalies in the middle troposphere indicated the  
168 intensification of heavy air pollution. The ‘warm cover’ structure is a precursory ‘strong signal’ for the  
169 frequent occurrence of regional haze events. The air pollution in EC exhibited the significant seasonal  
170 variations. Our study revealed that existed seasonal differences of the thermal structures in the atmosphere  
171 over EC. In spring (Figs. 3a and 3e) and summer (Figs. 3b and 3f), the middle troposphere was  
172 characterized by a ‘upper cooling and bottom warming’ vertical structure for less air pollution. When the  
173 autumn (Figs. 3c and 3g) and winter (Figs. 3d and 3h) arrived, the middle troposphere was characterized by  
174 a ‘upper warming and bottom cooling’ vertical structure, which intensified the air pollution. In autumn,  
175 atmospheric thermal structure over EC was marked with a transition between summer and winter (Fig. 3c).

176 The atmosphere condition reversed in winter, a large-scale anomalous air temperature pattern of ‘upper  
177 warming and bottom cooling’ in the middle troposphere appeared from the plateau to downstream EC  
178 region and even the entire East Asian region (Fig. 3d). The structure of ‘warm cover’ in winter was much  
179 stronger than that in autumn, and its height of the former was much lower than that of the latter. Therefore,  
180 the intensity of air pollution over EC during winter is significantly higher than other seasons (Fig. 3h).

181 From the perspective of interdecadal variations, our study revealed a close relationship between the  
182 frequent occurrence of haze events in EC and the atmospheric thermal structure in the eastern Tibetan  
183 Plateau (TP). Furthermore, the thermal structures of the troposphere exhibited the distinct interdecadal  
184 variations (Figs. 4a-4c). A cooling structure was identified in the wintertime air temperature anomalies over  
185 the east region of TP during 1961–1980 (Fig. 4a); the upper level of the eastern TP during 1981–2000

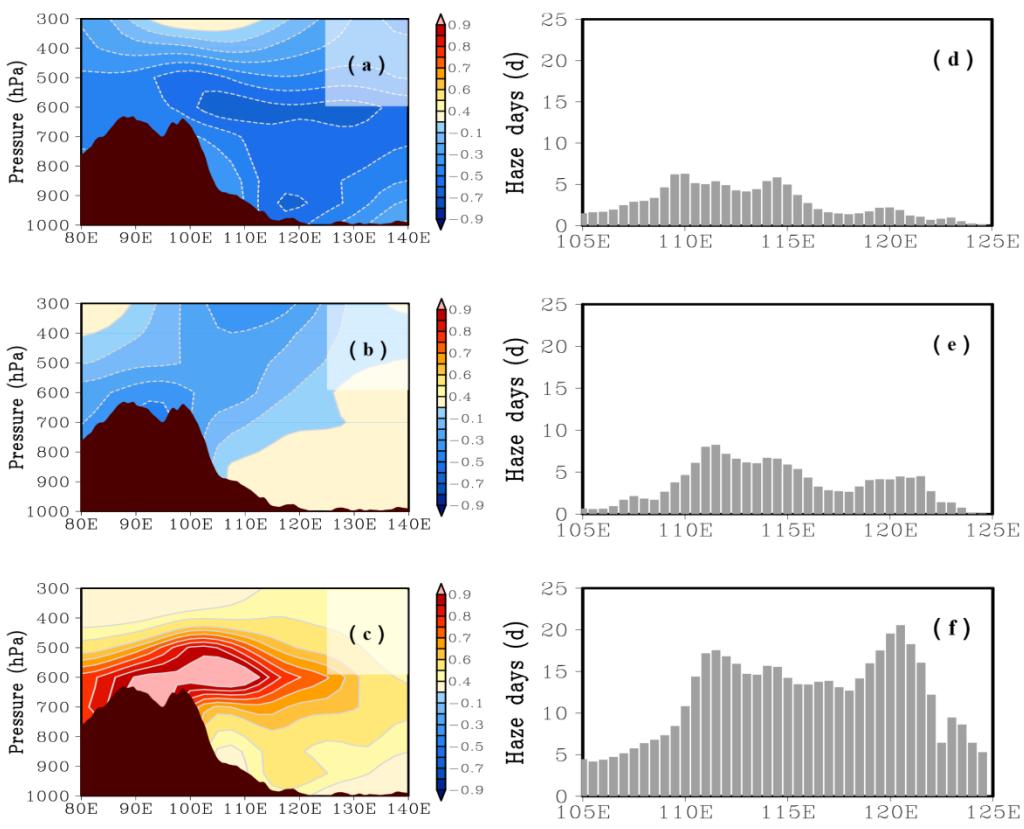
186 showed a ‘upper cooling and bottom warming’ vertical structure (Fig. 4b). The interdecadal changes of  
187 vertical structure reversed during 2001–2018 with a significant ‘warm cover’ (Fig. 4c). The years of 2001–  
188 2018 witnessed the highest frequency of haze days (Fig. 4f), and 1981–2000 saw a middle-level occurrence  
189 of haze days (Fig. 4e), while the lowest frequency of haze days occurred during 1961–1980 (Fig. 4d).

190 The concept of variations of the tropospheric ‘warm cover’ has been proposed in this work. Under the  
191 background of climate change, it is worth considering whether the variational tendency of the structure of  
192 the plateau’s heat source induces variations of the tropospheric thermal structure in downstream areas of the  
193 Plateau, leading to the interdecadal variations of the frequency of haze events seen in Eastern China since  
194 the 21th century. Thermal anomalies of the TP also play an important role in the variations of the frequency  
195 of haze events in EC apart from the anthropogenic pollutant emission related to the rapid industrialization  
196 of China. The observational and modeling studies have demonstrated that the interannual variations in the  
197 thermal forcing of TP are positively correlated with the incidences of wintertime haze over EC (Xu et al.,  
198 2016). The TP induced changes in atmospheric circulation, increasing atmospheric stability and driving  
199 frequent haze events in EC (Xu et al., 2016). In this study, the data analysis concerning the interannual  
200 variations of the TP’s apparent heat source and air temperature in wintertime at the TP with the altitudes  
201 above 3000 meters showed that since the 1960s the heat source in areas vulnerable to TP climate change  
202 strengthen continuously as the surface temperature increased (Fig. 5a). Furthermore, the TP’s apparent heat  
203 and air temperature of the middle troposphere over EC presented the significant positive correlation passing  
204 (90 % confidence level), which is similar to ‘warm cover’ structures (Fig. 5b). Therefore, we considered  
205 that the ‘warm cover’ change in the middle troposphere over EC was closely related to TP’s apparent heat  
206 and the surface temperature. The TP induced changes in thermodynamic structure of atmospheric provided  
207 favorable climatic backgrounds driving air pollution events in EC.



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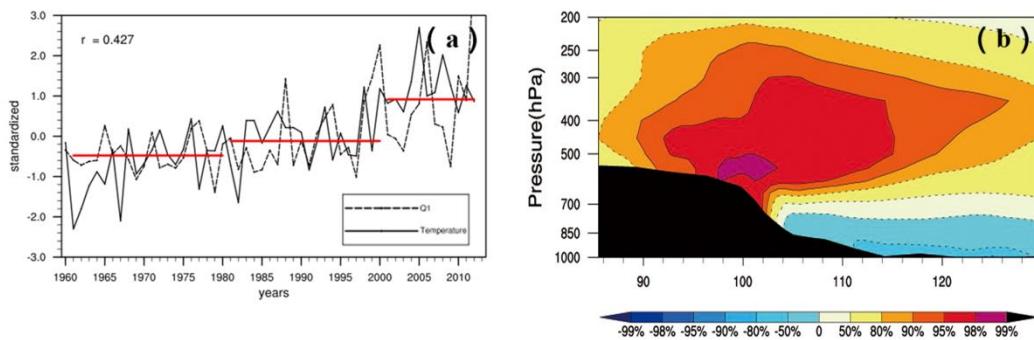
209 **Figure 3.** Vertical cross sections of (a-d) air temperature anomalies (unit:  $^{\circ}\text{C}$ ) and (e-h) the PM<sub>2.5</sub> concentrations (unit:  $\mu\text{g}\cdot\text{m}^{-3}$ )  
210 averaged along 25-40°N in spring (a, e), summer (b, f), autumn (c, g), winter (d, h) from 2013 to 2018.



211

212 **Figure 4.** Vertical cross sections of (a-c) air temperature anomalies (unit: °C) and (d-f) the number of haze days averaged  
213 along 25-40 °N in winter during 1961-1980 (a, d), 1981-2000 (b, e) and 2001-2018 (c, f).

214



215

216 **Figure 5.** (a) Interannual variations of TP's apparent heat source ( $Q_1$ ) and air temperature of meteorological stations in the TP  
217 with the altitudes above 3000 meters in the winters during 1960-2014; (b) Vertical cross sections of the correlations between  
218 TP's apparent heat ( $Q_1$ ) and air temperature latitude-averaged along 30-35 °N in the winters during 1960-2014.

219

## 220 **4 Conclusions and discussion**

221 Based on the study of the Great Smog of London in 1952 and Beijing's heavy air pollution in 2014, as well

222 as PM<sub>2.5</sub> pollution over EC, the anomalous ‘warm cover’ in the middle troposphere was identified as a  
223 precursory ‘strong signal’ for severe air pollution events, which could be attributed to climate change. A  
224 stable thermal structure in the middle troposphere, i.e. a ‘warm cover’, suppressed the ABL development,  
225 which was a key ‘inducement’ for the accumulation of air pollutants in the ambient atmosphere.

226 From the perspective of the thermal vertical structure in the troposphere, the abnormal vertical  
227 structure in the troposphere during heavy air pollution were understood in this study. The thermal structure  
228 formed by the conventional decline rate of atmospheric air temperature often ‘covers up’ the anomalous  
229 ‘strong signal’ of the troposphere in air pollution process, such as the abnormal stable structure with the  
230 middle warm and bottom cold in the troposphere with air temperature anomalies. The ‘strong signal’ of the  
231 ‘warm cover’ of air temperature anomalies in the middle troposphere during heavy air pollution can be  
232 described by the method of statistical comprehensive diagnosis analysis.

233 A large-scale anomalous air temperature pattern of ‘upper warming and bottom cooling’ in the  
234 troposphere appeared from the TP to the downstream EC region and even the entire East Asian region. The  
235 frequent haze pollution events in EC since the start of the 21st century happens to be within a significant  
236 positive phase in the interdecadal variations of ‘warm cover’ in the middle troposphere. A close relationship  
237 between the TP’s heat and the thermal structure in the atmosphere in EC and even the entire East Asian  
238 region reflected an important role of TP’s thermal forcing in environment change over China.

239  
240 *Data availability.* The monthly NCEP/NCAR reanalysis data of meteorology are collected from the U.S.  
241 National Center for Environmental Protection (NCEP, <https://www.esrl.noaa.gov/>); the daily and monthly  
242 ERA-Interim reanalysis data of meteorology are collected from the European Center for Medium-range  
243 Weather Forecasts (ECMWF, <https://www.ecmwf.int/>); the hourly PM<sub>2.5</sub> concentration data are collected

244 from the national air quality monitoring network operated by the Ministry of Ecology and Environment the  
245 People's Republic of China (<http://www.mee.gov.cn/>); the air temperature of surface observation data and  
246 L-band sounding data are obtained from the China Meteorological Information Center (<http://data.cma.cn/>).

247 All data presented in this paper are available upon request to the corresponding author (Wenyue Cai,  
248 [caiwy@cma.gov.cn](mailto:caiwy@cma.gov.cn)).

249

250 *Author contributions.* XDX and WYC designed the study. XDX, WYC and TLZ performed the research.  
251 WYC performed the statistical analyses. XDX, WYC and TLZ wrote the initial paper. TLZ, Xfq, WHZ,  
252 CS, PY, CZW and FG contributed to subsequent revisions.

253

254 *Competing interests.* The authors declare that they have no conflict of interest.

255

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