



Asian Summer Monsoon Anticyclone: Trends and Variability

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Abstract

The Asian Summer Monsoon (ASM) dynamics act as a pathway for the transport of trace gases and pollutants both vertically (through convection) and horizontally (through low-level jet and tropical easterly jet). These pollutants will be trapped in the anticyclone present during the same period in the upper troposphere and lower stratosphere (UTLS). Since the anticyclone extends from the Middle East to East Asia, trapped pollutants are expected to make a large radiative forcing to the background atmosphere. Thus, it is essential to understand the anticyclone features in detail and its relation to long-term oscillations. This work explores the spatial variability and the trends of the Asian Summer Monsoon Anticyclone (ASMA) using observational and reanalysis data sets. Emphasis is made to investigate the temporal, spatial, and long-term trends of ASMA. Our analysis indicates that the spatial extent and magnitude of ASMA is greater during July and August compared to June and September. The decadal variability of the anticyclone is very large at the edges of anticyclone than at the core region. Significant deviations in the northeast and southwest parts of ASMA are also observed in the decadal variability with reference to 1951-1960 period. The strength of the ASMA shows a drastic increase from the easterlies to the westerlies in terms of temporal variation. Further, our results show that the extent of anticyclone is greater during the active phase of the monsoon, strong monsoon years, and during La Niña events. Significant warming with strong westerlies is observed exactly over the Tibetan Plateau during the active phase of the monsoon, strong monsoon years, and during La Niña events. Over the Tibetan Plateau, there is strong elevated heating from the surface to the tropopause,



27 which is observed with strong westerlies during active and strong monsoon years. Our results
28 support the transport process over Tibetan Plateau and the Indian region during active, strong
29 monsoon years and during strong La Niña years. It is suggested to consider different phases
30 of monsoon while interpreting the pollutants/trace gases in the anticyclone.

31 *Keywords:* Asian Monsoon, anticyclone, geopotential height, La Niño, El Niño, and rainfall

32 **1. Introduction**

33 The Asian Summer Monsoon Anticyclone (ASMA) is a dominant circulation in the
34 Northern Hemisphere (NH) summer in the Upper Troposphere and Lower Stratosphere
35 (UTLS), which extends from Asia to the Middle East. ASMA is bordered by the subtropical
36 westerly jet in the north and easterly jets to the south. ASMA circulation responds to heating
37 corresponding to the deep convection of the south Asian monsoon (Hoskins and Rodwell,
38 1995; Highwood and Hoskins, 1998). This strong anticyclone circulation isolates the air and
39 is tied to the outflow of deep convection, which has distant maxima characters in terms of
40 dynamical variability and chemical characteristics (Randel and Park, 2006; Park et al., 2007).
41 The maximum occurs due to strong winds and closed streamlines of an anticyclone, which
42 isolate the air within the anticyclone and it is very dynamic in nature (e.g. Vogel et al., 2016).

43 Recently, the anticyclone circulation in UTLS has been paid more attention by
44 researchers in order to understand dynamics, chemistry and radiation of the region. The
45 dynamical confinement of tropospheric tracers and aerosols in the anticyclone isolate them
46 from the surrounding air displaying distinct maxima near the tropopause. This issue has been
47 discussed by several authors (e.g., Park et al., 2007; Fadnavis et al., 2014; Glatthor et al.,
48 2015; Vernier et al., 2015; Santee et al., 2017). Deep convection during monsoon can
49 transport tropospheric tracers from the surface to the UTLS (Vogel et al., 2015; Tissier and
50 Legras, 2016). The confined tracers transported outside the edge of the anticyclone will affect
51 the trace gas concentration in the UTLS resulting in significant changes in radiative forcings



(Solomon et al., 2010; Riese et al., 2012; Hossaini et al., 2015). The centre of the anticyclone is located either over the Iranian Plateau or over the Tibetan Plateaus where the distribution of pollutants and tracers vary significantly (Yan et al., 2011).

The spatial extent, strength, and the location of an anticyclone vary on several temporal scales caused by internal dynamical variability of the Asian monsoon (Zhang et al., 2002; Randel and Park, 2006; Garny and Randel, 2013; Vogel et al., 2015; Pan et al., 2016). However, the variability of anticyclone structure and response to Indian monsoon are not understood. Therefore, in the first part of the study, we investigate the spatial, inter-annual and decadal variations of the anticyclone. Since the Indian monsoon responds in different time scales, we also investigated the anticyclone variability with respect to the wet and dry spells of the Indian monsoon, strong and weak monsoon years, and the stronger El Nino Southern Oscillation (ENSO) years. For this, we have utilized the NCEP/NCAR reanalysis geopotential height from 1948 to 2016. The structure of the paper is as follows. We describe the data sets used in this study in Section 2. Section 3 contains the seasonal and decadal variation of the anticyclone and its relation with large scale oscillations. Section 4 shows the influence of days with wet and dry spells, strong and weak monsoon years, and ENSO's effects on the anticyclone. Finally, we discuss our results in Section 5.

2. Data and Methodology

2.1. NCEP/NCAR Reanalysis

The National Centers for Environmental Prediction (NCEP), in collaboration with the National Center for Atmospheric Research (NCAR) produces reanalysis data from a consistent assimilation and modeling procedure that incorporates all the available observed conditions obtained from conventional and satellite information from 1948 to the present (Kalnay et al. 1996). We used NCEP/NCAR reanalysis daily geopotential height (GPH) and wind data from the years 1948 to 2016. The NCEP/NCAR data assimilation uses a 3D-



77 variational analysis scheme with 28 pressure levels and triangular truncation of 62 waves
78 (horizontal resolution of 200m). Both GPH and temperature at the chosen standard levels are
79 described as class output variables (Kalnay et al. 1996) i.e. they are strongly influenced by
80 observed data. Only the Indian summer monsoon months (June, July, and August,
81 September) containing gridded daily data were considered in this study. The NCEP/NCAR
82 reanalysis data had a spatial resolution of 2.5° . The seasonal values are estimated from daily
83 data. To identify the spatial and temporal variations of the anticyclone centres, we used the
84 monthly mean values of the GPH and the zonal wind component. The quality of NCEP GPH
85 reanalysis data can be found from Bromwich et al., (2007).

86 2.2. IMD Gridded Precipitation Data

87 The India Meteorological Department (IMD) high-resolution ($0.25^\circ \times 0.25^\circ$) gridded
88 precipitation data is used to identify the wet and dry spells during June, July and August
89 months from 1901-2016. This precipitation data has been validated extensively with
90 observational and reanalysis data sets and displays very good correlation (Kishore et al.,
91 2016). For identification of active (or wet) and break (or dry) spells, we followed the similar
92 procedure as described by Rajeevan et al. (2010) and Pai et al. (2016) over the monsoon core
93 zone (18°N - 28°N , and 65°E - 88°E). Data from 1948-2016 have been used.

94 2.3. GNSS Radio Occultation (RO) Data

95 We also used the Global Navigation Satellite System (GNSS) RO data for investigating
96 the temperature anomaly. The basic measurement principle of RO exploits the atmosphere-
97 induced phase delay in the GNSS signals, which are recorded in the low earth orbiting
98 satellite. This technique provides vertical profiles of refractivity, density, pressure,
99 temperature, and water vapour (Kursinski et al., 1997). The temperature profiles from this
100 technique are available with low horizontal (~ 200 - 300 km) and high vertical resolutions (0.5 -
101 15 km) with accuracy of <0.5 K. We used the CHALLENGING Minisatellite Payload (CHAMP)



102 and Constellation Observing System for Meteorology, Ionosphere, and Climate (COSMIC)
103 covering the period from 2002 to 2016.

104 The CHAMP satellite was launched on 15 July 2000 in to a circular orbit by Germany
105 to measure the Earth's gravity and magnetic field and to provide global RO soundings
106 (Wickert et al. 2001). About ~230 RO profiles per day were measured by the CHAMP
107 payload since 2002. The CHAMP payload was solely designed to track the setting
108 occultations, and the RO event gets terminated when the signal is lost, which results in a
109 decrease in the number of occultations with a decreasing altitude (Beyerle et al. 2006). This
110 receiver measures the phase delay of radio wave signals that are occulted by the Earth's
111 atmosphere. From this phase delay, it is possible to retrieve the bending angle and refractivity
112 vertical profiles. The CHAMP data was available from 19 May 2001 to 5 October 2009.

113 COSMIC consists of a constellation of 6 satellites, which was launched in April 2006
114 to a circular, 72° inclination orbit at a 512 km altitude capable of receiving signals from the
115 Global Positioning System (GPS) (Anthes et al., 2008). Compared to previous satellites,
116 COSMIC satellites employed an open loop mode, which can track both the rising and setting
117 of occultations (Schreiner et al. 2007). The open-loop tracking technique significantly
118 reduces the GPS RO inversion biases by eliminating tracking errors (Sokolovskiy et al.
119 2006). The COSMIC temperature profiles display a very good agreement with radiosonde
120 data, reanalyses, and models (Rao et al., 2009; Kishore et al., 2011; Kishore et al., 2016). We
121 derived the cold point tropopause altitude/temperature over the ASMA region as discussed by
122 Ratnam et al. (2014) and Ravindrababu et al. (2015). Both the CHAMP and COSMIC data
123 were obtained from COSMIC Data Analysis and Archive Center (CDAAC) (<https://cdaac->
124 www.cosmic.ucar.edu/cdaac/products.html).

125

126 3. Results and Discussion



127 **3.1. Variability of the Anticyclone**

128 Climatological spatial variability of the GPH along wind vectors at 100 hPa during June,
129 July, August and September months from NCEP reanalysis data is shown in Figure 1(a, b, c
130 & d). The anticyclone circulation is clearly depicted during June, July, August and September
131 by wind vectors (Figure 1). During the month of September and June the values of GPH are
132 low compared to July and August which represents the spatial extent of the anticyclone. The
133 spatial extent and intensity of anticyclone are greater during July compared to the intensities
134 present during other months. During July and August, the anticyclone extends from the
135 Middle East to East Asia. The spatial extent of anticyclone circulation is clearly evident in the
136 grid 15°N-45°N; 30°E-120°E at 100 hPa level and the climatological averaged values of GPH
137 varies from 16.5-17 km in NCEP reanalysis during 1948-2016. Using the modified potential
138 vorticity equation, Randel et al. (2006) showed the spatial variation of anticyclone where
139 GPH values are stationary in the range of 16.75-16.9 km. Similarly, Park et al. (2007) showed
140 the anticyclone structure from the strongest wind at 100 hPa through streamline function.
141 Bian et al. (2012) reported the spatial variability of anticyclone using 16.77 km and 16.90 km
142 in the GPH contour as the lower and the upper boundary, respectively. Thus, these
143 empirically selected GPH values represent anticyclone boundaries. Therefore, in this present
144 study, we have chosen the values from 16.75 to 16.9 km to investigate the spatial features of
145 the anticyclone and the resultant picture is depicted in Figure 1(e, f, g & h). The spatial extent
146 and existence of anticyclone is highly prominent during July and August compared to June.
147 During the September month, the GPH values in the range 16.75-16.9 km are not present.
148 Therefore, we considered the average of July and August GPH from 1948-2016 for further
149 analysis as shown in Figure S1. The core region and the spatial extent of the anticyclone are
150 clearly evident from Figure S1. The core region of anticyclone shows bimodal distribution
151 i.e. one core located at the south-western flank of the Himalayas and another over Iran. The



core region over the south-western flank of Himalayas is due to large scale updraft, which is caused by the moist energy over Indo-Gangetic plain, heating of Tibetan plateau, and the orographic forcing of the Himalayas. Severe heating over Arabian Peninsula supports the formation of the mid-tropospheric anticyclone in the west. This anticyclone can merge intermittently within ASMA. It is also observed that the spatial extent of anticyclone varies drastically at different temporal scales. Therefore, seasonal variation is much more pronounced.

The decadal variation of the anticyclone is studied with respect to the spatial variability. Figure 2 shows the decadal spatial variation of the anticyclone with reference to the years 1951-1960. The significant difference in the decadal variation is noticed from Figure 2. The edges (east, north, and west) of the anticyclone undergo drastic changes during the period 1961-1970. In case of 1971-1980 period, except for a small portion in the east, the whole anticyclone shows drastic changes. During the decade 1971-1980, the recorded GPH values in anticyclone are lower by ~ 25 m when compared to the values in 1951-1960. This feature is quite opposite during 1981-1990 where high values (~ 30 m) are observed compared to those in the reference period. The GPH difference is significant over the west, northeast and southern regions of the anticyclone during the 1991-2000 period. Similar changes are observed during 2001-2010. Compared to all the decadal differences, 2011-2016 shows a completely different picture. The changes are only in the western and north-eastern corner, whereas other parts of the anticyclone do not show any change. From this analysis, we observed significant changes in the anticyclone even from one decade to another, which can result in a change in chemical and dynamical changes over this region.

Further, the spatial distribution of trends is estimated during the years 1948-2016 by using robust regression analysis and is displayed in Figure 3. Spatially, the anticyclone trend shows two distinct pictures. The edges on all side of the anticyclone undergo noticeable



changes compared to the core region. The northern side of the anticyclone shows reduction (~30 m) in the strength whereas the southern part illustrates increases in strength. Therefore, in order to understand the asymmetry in the anticyclone variability, we have divided the anticyclone region into 4 different sectors as shown in Figure 4 based on the peak values of GPH along longitude and latitude cross-sections. The center values of GPH are located at 70°E longitude and 32.5°N Latitude. The four sectors can be divided as South-East (SE) (22.5°N-32.5°N), North-East (NE) (32.5°N-40°N) in the longitude band of 70°E-120°E, South-West (SW) (22.5°N-32.5°N), and North-West (NW) (32.5°N-40°N) at the 20°E-70°E longitude range. The average time series (July and August) of zonal wind anomalies in these sectors from 1948-2016 are shown in Figure 5. The zonal wind shows a clearly increasing trend in all the sectors. From 1948 to 1980 the zonal wind anomalies are easterlies and later on, clear shift is noticed towards the westerlies. This represents that the westerlies are more dominant in recent decades with a strong increase in magnitude. The change is highly significant in the north-west and north-east sectors with a magnitude variability of 10 m/s from 1948-2016 whereas it is 5 m/s in the south-east and south-west sectors. It is to be noted that the winds in the anticyclone will not be contaminated with the tropical easterly jet persisting during the monsoon season as their cores are well separated. One is located in the northern part and the other in the southern part of India. In addition, we estimated the strength of the anticyclone during the monsoon season by using a difference in the zonal wind between the northern (30°N-40°N) and southern (10°N-20°N) flanks of the anticyclone, which is depicted in Figure 5e. A significant increase in the strength of the anticyclone is noticed from Figure 5e at a rate of 0.184 m/s per year (12 m/s from 1948-2018).

It is well known that the Indian monsoon rainfall varies at different time scales i.e. daily, sub-seasonal, interannual, decadal and centennial scales. Precipitation during the monsoon varies from intra-seasonal scales between active (good rainfall) and break (little



rainfall) spells. Any small change in the precipitation pattern will affect the anticyclone due to the thermodynamics involved in rainfall. In this study, we also investigated the anticyclone variability (during the active and break spells of the Indian monsoon. The active and break spells were identified in July and August by using the high resolution gridded ($0.25^\circ \times 0.25^\circ$) rainfall data from 1948 to 2016 as defined by Pai et al. (2010).

The number of active and break days is derived from the precipitation data shown in Figure S2 (a & b). Daily GPH, temperature, and zonal wind are taken from NCEP reanalysis whereas the tropopause altitude is derived from the GNSS RO data for active and break days. The anticyclone structure during active (red line) and break (blue line) days are shown in Figure 6a. Two interesting aspects of the anticyclone variability can be noticed between active and break days. One aspect is the extent of the anticyclone is large during active days compared to break days and another is the existence of two cell structures in the anticyclone core region during active days. The extent is large in the eastern and northern side in active days. The zonal (meridional) cross section of temperature (color shade), zonal wind (contour lines) difference between active and break phase averaged in the longitude band of 80°E - 90°E (latitude band of 30°N - 40°N) along with cold point tropopause for active and break days is illustrated in Figures 6b & 6c. During active days, temperature shows cooling in tropical latitudes whereas it shows warming in the mid-latitudes from surface to tropopause. Significant warming is observed during the active days in the mid-troposphere over the Tibetan Plateau and its northern side. Westerly (easterly) winds exist over the warmer and cooler regions. The warm temperature anomalies stretch from 1.5 to 12 km in between 25°N and 60°N . The tropopause altitude is low (high) during the active (break) phase of Indian monsoon as show in Figure 6b. The meridional cross-section of temperature anomalies displays significant warming from ~ 1.5 to 8 km over the Indian region. The tropopause altitude exemplifies random variability in the meridional cross section.



227 As discussed previously, the anticyclone circulation is significant during the months
228 of July and August when most of the precipitation occurs over India (Basha et al., 2015;
229 Kishore et al., 2015). The influence of strong and weak monsoon years will have a drastic
230 impact on anticyclone circulation. In order to understand these changes, we have divided the
231 years into strong and weak monsoon years based on gridded precipitation data over the
232 domain 5°N-30°N and 70°E-95°E from the years 1948-2016. This region is known to have
233 heavy precipitation and orographic forcing, which helps transport of water vapour through
234 deep convection to UTLS (Houze et al., 2007; Medina et al., 2010; Pan et al., 2016). The
235 detrended precipitation represents the strong and weak monsoon years. Years with positive
236 (negative) values of precipitation shows the strong (weak) monsoon years as shown in Figure
237 S2b. Further, we have divided the GPH, temperature at 100 hPa tropopause altitude based on
238 strong and weak monsoon years. The composite of mean distribution of anticyclone
239 circulation during strong and weak monsoon years is shown in Figure 7a. The circulation
240 expands on the eastern and western sides of the anticyclone during the weak monsoon (blue
241 line) years. The core of the anticyclone is significant during strong monsoon years. Clear eye
242 structure is observed on the right (left) side of the anticyclone in the core region during the
243 strong (weak) monsoon years. The composite mean difference of temperature and zonal wind
244 between the strong and weak monsoon years along with tropopause altitude averaged in the
245 longitude range of 80-85°E is shown in Figure 7b. The warmest temperature anomalies are
246 observed over the Tibetan Plateau. Positive (warm) temperature anomalies exactly above the
247 Tibetan Plateau (11 km) and negative (cooling) on both sides are noticed in the lower
248 troposphere from Figure 7b. Strong easterlies (westerlies) winds are observed on the left
249 (right) side of the Tibetan Plateau. The whole Tibetan Plateau acts as a barrier that drives the
250 cold air to upper altitudes during strong monsoon years. Strong anticyclone circulation with
251 strong westerlies at 35°N and easterlies on both sides with elevated tropopause represent the



252 impacts of the strong monsoon vertically above the anticyclone. The raising motion over East
253 Asia excited by the local heating of the Tibetan Plateau links to the single stretch vertically.
254 The longitude and altitude cross-section of temperature and wind anomalies shown in Figure
255 7c are averaged between a latitude band of 35-40°N. Positive temperature anomalies are
256 observed from the surface to 12 km in the longitudes 60-80°E and stretch towards the west.
257 This clearly demonstrates that a large scale ascent develops over the Asian monsoon region.
258 The tropopause altitude is high (low) during strong vertical motion and heavy precipitation
259 found over the region similar to that reported by Lau et al. (2018). The transport processes
260 from the boundary layer to the tropopause occurs on the east side of the anticyclone i.e.
261 southern flank of Tibetan Plateau, northeast India and the head of the Bay of Bengal. This
262 result is consistent with the previous studies by Bergman et al. (2013).

263 ENSO typically shows the strongest signal in boreal winter, but it can affect the
264 atmospheric circulation and constituent distributions until the next autumn. It is well-known
265 that strong ENSO events have a significant influence on tropical upwelling and STE. This
266 change can impact the distribution of composition and structure of UTLS region. In the
267 UTLS region, the tropopause responds to the annual and interannual variability associated
268 with ENSO (Trenberth, 1990) and QBO (Baldwin et al., 2001). Several studies have been
269 focused on the effects of the different impacts of El Niño on tropopause and lower
270 stratosphere (Hu and Pan, 2009; Zubiaurre and Calvo, 2012; Xie et al., 2012). In the present
271 study, we have investigated the changes associated with strong ENSO events with the
272 anticyclone circulation and tropical upwelling during July and August. Therefore, we have
273 also separated the GPH for the strongest El Niño (1958, 1966, 1973, 1983, 1988, 1992, 1998,
274 and 2015) and La Niña (1974, 1976, 1989, 1999, 2000, 2008, and 2011) years to verify the
275 change in the circulation pattern of the anticyclone. For this we have chosen July and August
276 GPH data at 100hPa as shown in Figure 8. The red and blue colors indicate the composite of



the La Niña and El Niño circulation. During the El Niño, the anticyclone circulation is stronger and extends over the La Niña at 100 hPa as shown in the Figure 8a. On the eastern and southern sides of the anticyclone, the expansion is more during the La Niña years. The warm temperature with strong westerlies in the latitude band of 43°N-55°N is observed during the El Niño as shown in Figure 8b (Lau et al., 2018). The cooling impact is significant over the Tibetan Plateau during La Niña events compared to El Niño events. Significant cooling is observed over the Tibetan Plateau and distributes towards tropical latitudes between 600-100 hPa. The zonal wind shows a convergence of easterly winds over the Tibetan Plateau from the mid to the upper tropospheric region. In the right side of the Tibetan Plateau there exist strong westerly winds from the surface to the tropopause altitudes with strong warming. The meridional cross-section of temperature and the zonal wind difference between La Niña and El Niño is shown in Figure 8c. Significant cooling is observed during La Niña in the longitude band of 80°E-100°E with strong easterlies from the surface to the tropopause. From this analysis, it is clear that the Indian summer monsoon variability has a significant impact on ASMA, and it is necessary to consider the different phases of monsoon while dealing with UTLS pollutants. In addition, we have investigated the zonal mean vertical cross-section in the longitude band of 50-60°E, which represents the Iranian Mode. Figure S3 depicts the difference between active and break phases, strong and weak monsoon years, and La Niña and El Niño years along with the tropopause altitude. Significant warming is observed during La Niña years and strong monsoon years compared to the active phase of the Indian monsoon in the troposphere. Compared to the Tibetan mode, the Iranian mode warming is less. The tropopause altitude is slightly higher during the active phase of the Indian monsoon, strong monsoon years and La Niña years. A moderate increase in tropopause from equator to 40°N is observed and decreases drastically afterwards.

4. Summary and Conclusions



Several authors discussed the interannual and decadal variability of pollutants and tracers in the ASMA region from the model, observational and reanalysis data sets (Kunze et al., 2016; Santee et al., 2017; Yuan et al., 2019). In this present study, we have investigated the spatial variability, trends of the anticyclone and the influence of Indian monsoon activity i.e. active and break days, strong and weak monsoon years, and strong La Niña and El Niño years on ASMA using long-term reanalysis and observational data sets that were not investigated earlier. We have considered the GPH values from 16.75 km to 16.9 km, which represents the spatial structure of anticyclone at 100 hPa in this study. Our analysis shows that the spatial (magnitude) of the anticyclone structure is very large (strong) during July followed by August whereas it is very weak in June at 100 hPa. The bimodal distribution (Tibetan and Iranian modes) of the anticyclone is clearly observed during the month of July which is not present during other months (June and August). The anticyclone variability undergoes significant decadal variations from one decade to another. The edges of ASMA changes drastically compared to the core of anticyclone. However, there are significant spatial differences in the structure of the anticyclone at 100 hPa. The anticyclone undergoes a decreasing trend on the northern side whereas an increasing trend on the western part. A significant increasing trend is observed in the spatially averaged zonal wind in four different sectors (Figure 5). The zonal wind anomalies illustrate easterlies from 1948 to 1980 and westerlies thereafter. In the recent decade the westerlies are significant in the anticyclone region at 100 hPa. The change is significant in the north-western and north-eastern sectors with a magnitude variability of 10 m/s from 1948-2016 whereas it is 5 m/s in the south-eastern and south-western sectors. The strength of the anticyclone increases with a rate of 0.184 m/s per year (12 m/s from 1948-2016) in the anticyclone region (Figure 5e). Yuan et al. (2019) also reported the increasing trend in the strength of the anticyclone by considering the MERRA 2 reanalysis data from 2001-2015.



Further, we have investigated the Indian monsoon influence on the anticyclone region. Our results reveal that the spatial extent of the anticyclone expands during the active phase of the Indian monsoon, the strong monsoon years and during strong La Niña years on the northern and eastern sides. During these events, the bimodal distribution (Tibetan and Iranian modes) of the anticyclone is noticed. A similar expansion of the anticyclone is noticed during strong monsoon years from MERRA2 data by Yuan et al. (2019). However, the ASMA boundaries are not always well defined in all the events. The zonal mean cross-section of temperature shows significant warming over the Tibetan Plateau and from the surface to 12 km during the active phase of the Indian monsoon, the strong monsoon years, and the strong La Niña years. Similarly, the rise of tropopause during the active phase of the Indian monsoon, the strong monsoon years and the strong La Niña years is noticed. Since the Tibetan Plateau acts as a strong heat source in summer with the strongest heating layer lying in the lower layers, the thermal adaptation results in a shallow and weak cyclonic circulation near the surface, and a deep and strong anti-cyclonic circulation above it. During summer, the Tibetan Plateau acts as a strong heat source, which influences the whole UTLS region. The warm ascending air above will pull the air from below; the surrounding air in the lower troposphere converges towards the Tibetan Plateau area and climbs up the heating sloping surfaces (Bergman et al., 2013; Garny and Randel, 2016). Significant warming is observed over the Tibetan Plateau, which represents the strong transport of pollutants into the tropopause during the active phase of the Indian monsoon, the strong monsoon years, and the strong La Niña years. Pan et al. (2016) reported the transport of carbon monoxide through the southern flank of the Tibetan Plateau from the model analysis. The above mentioned results indicate that the high mountain regions play a significant role in elevated heat sources during the formation and maintenance of the anticyclones over Asia. It emphasizes the role of the thermal forcing of the Tibetan Plateau on the temporal and the spatial evolution of the South



352 Asian High. Lau et al. (2018) showed that the transport of the dust and pollutants from the
353 Himalayas-Gangetic Plain and the Sichuan Basin.

354 Overall, we demonstrate the ASMA variability during different phases of the Indian
355 monsoon. The uplifting of boundary layer pollutants to the tropopause level occurs primarily
356 on the eastern side of the anticyclone, centered near the southern flank of the Tibetan Plateau,
357 north-eastern India, Nepal, and north of the Bay of Bengal. However, a more detailed and a
358 higher quality of dataset is needed to further understand the effects of the Tibetan Plateau on
359 the transport of different tracers and pollutants to the UTLS region (Ravindrababu et al.,
360 2019).

361
362 *Data Availability.* The NCEP/NCAR reanalysis data are available from NOAA website
363 (<https://www.esrl.noaa.gov/psd/data/gridded/data.ncep.reanalysis.pressure.html>). The
364 COSMIC and CHAMP data is available from COSMIC CDAAC website. IMD gridded
365 precipitation data is available at National Climate data center Pune, India. All the data used in
366 the present study is available freely from the respective websites.

367 *Authors' Contributions.* GB and MVR conceived and designed the scientific questions
368 investigated in the study. GB performed the analysis and wrote the draft in close cooperation
369 with MVR. PK estimated the active and break spells of the Indian monsoon. All authors
370 edited the paper.

371 *Competing Interests.* The authors declare that they have no competing financial interests.

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Figures

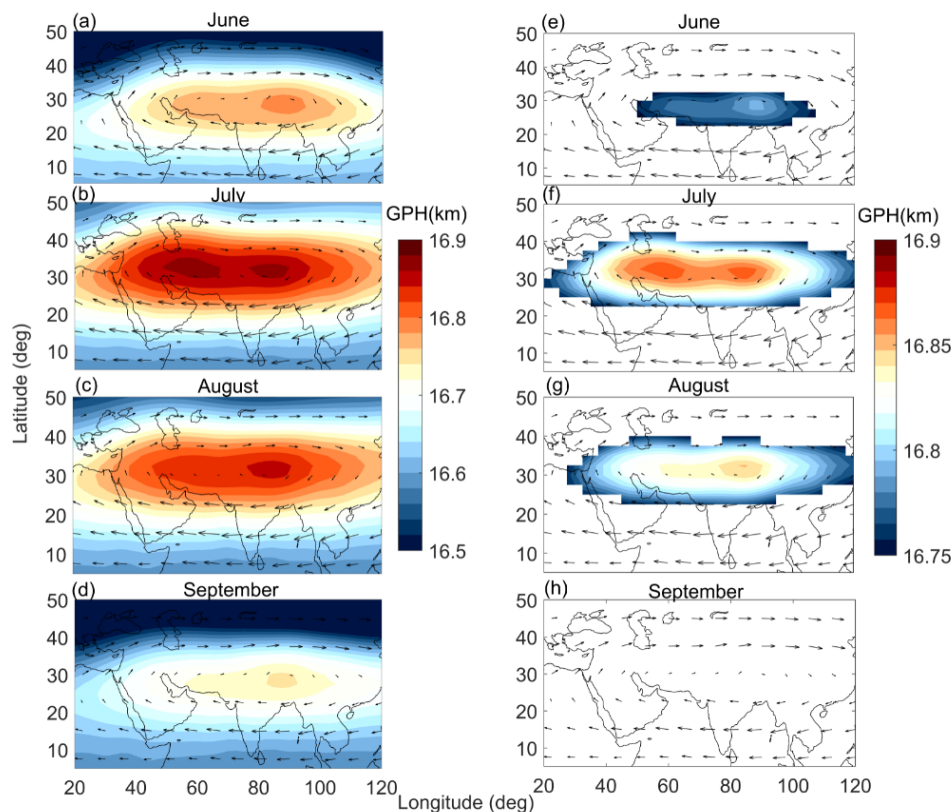


Figure 1. Spatial distribution of Geopotential Height (GPH) and wind vectors at 100 hPa during (a) June, (b), July, (c) August and (d) September from NCEP reanalysis data averaged from the year 1948-2016. The core of the anticyclone region was chosen based on the GPH values ranging from 16.75 to 16.9 km. The spatial extent and magnitude of the anticyclone after applying the GPH criteria for (e) June, (f) July, (g) August and (h), September.

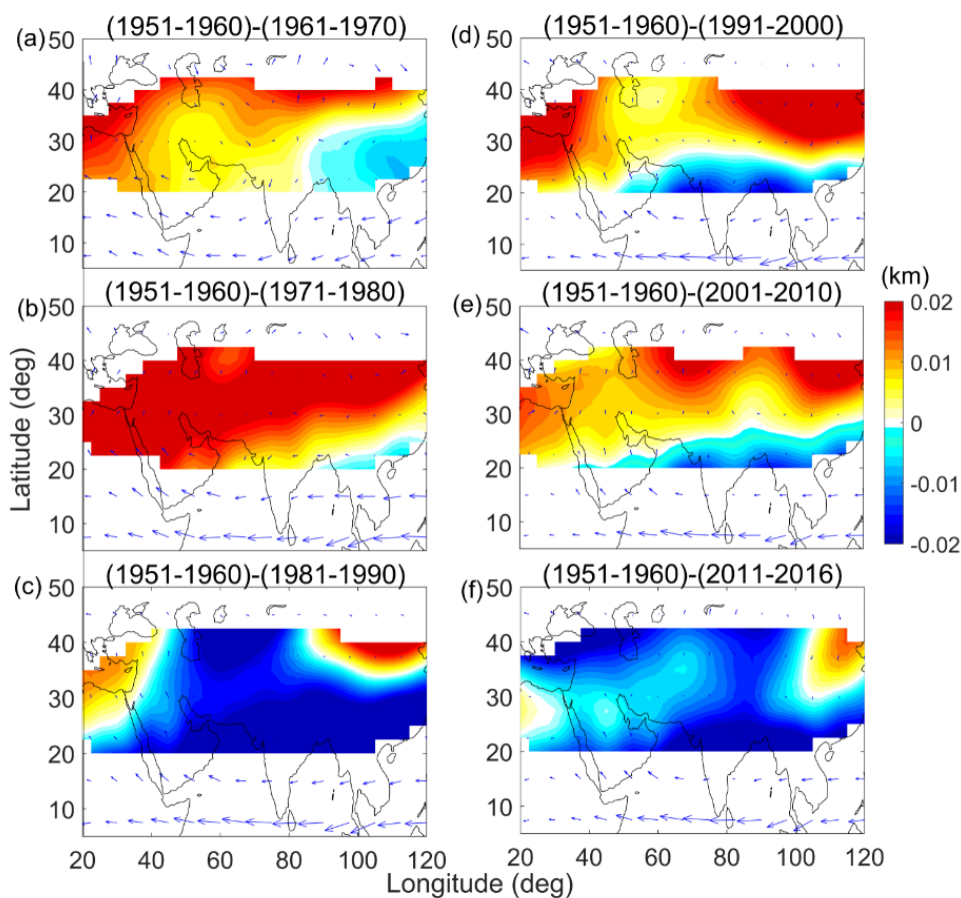


Figure 2. Decadal variation of anticyclone obtained from GPH and wind vectors with reference to 1951-1960 period.



NCEP GHT 100 hPa JA trends (1948–2017)

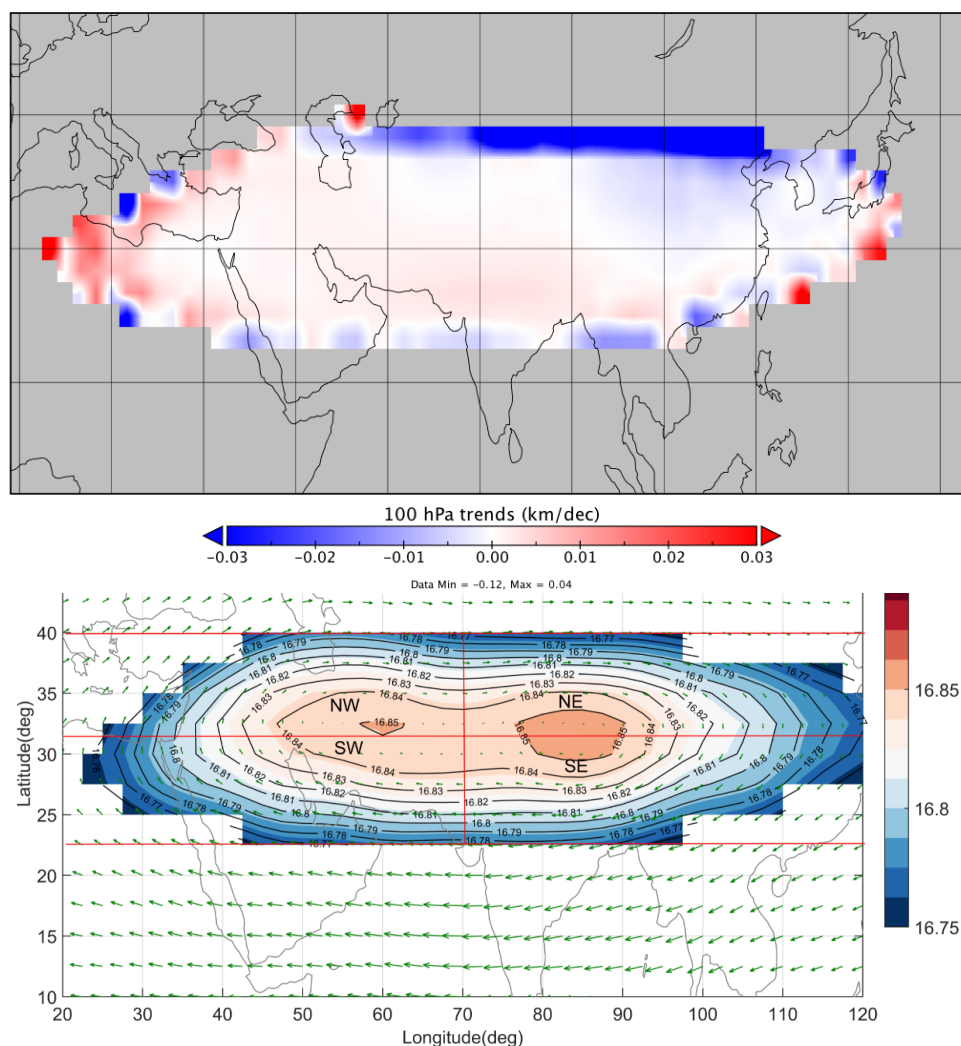
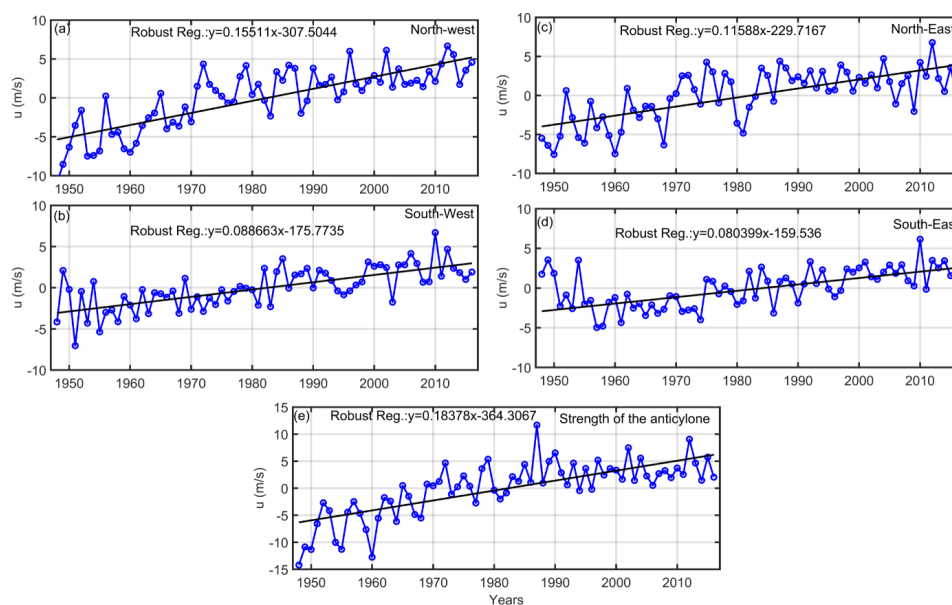


Figure 4. The climatological distribution of GPH (16.75 to 16.9 km) and wind vectors averaged during July and August from NCEP reanalysis data along with contour lines at 100 hPa. The anticyclone region is further divided into 4 sectors based on peak values of GPH. The GPH values peak centres at 32.5° N in latitude and 70° E in longitude. The sectors are further divided into South-East (SE) (22.5° N– 32.5° N), North-East (NE) (32.5° N– 40° N) in longitude band 70° E– 120° E, South-West (SW) (22.5° N– 32.5° N), and North-West (NW) (32.5° N– 40° N) at 20° E– 70° E longitude range.



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594 Figure 5. Time series of anomalies in zonal wind estimated for (a) North-West, (b) South-
 595 West, (c) North-East and (d) South-East sectors of ASMA. The trend analysis was
 596 performed at 95% confidence interval by using robust regression analysis. (e) The strength
 597 of the anticyclone was estimated from the zonal wind difference between (30°N-40°N)-
 598 (10°N-20°N) in the longitude band of 50°E-90°E.

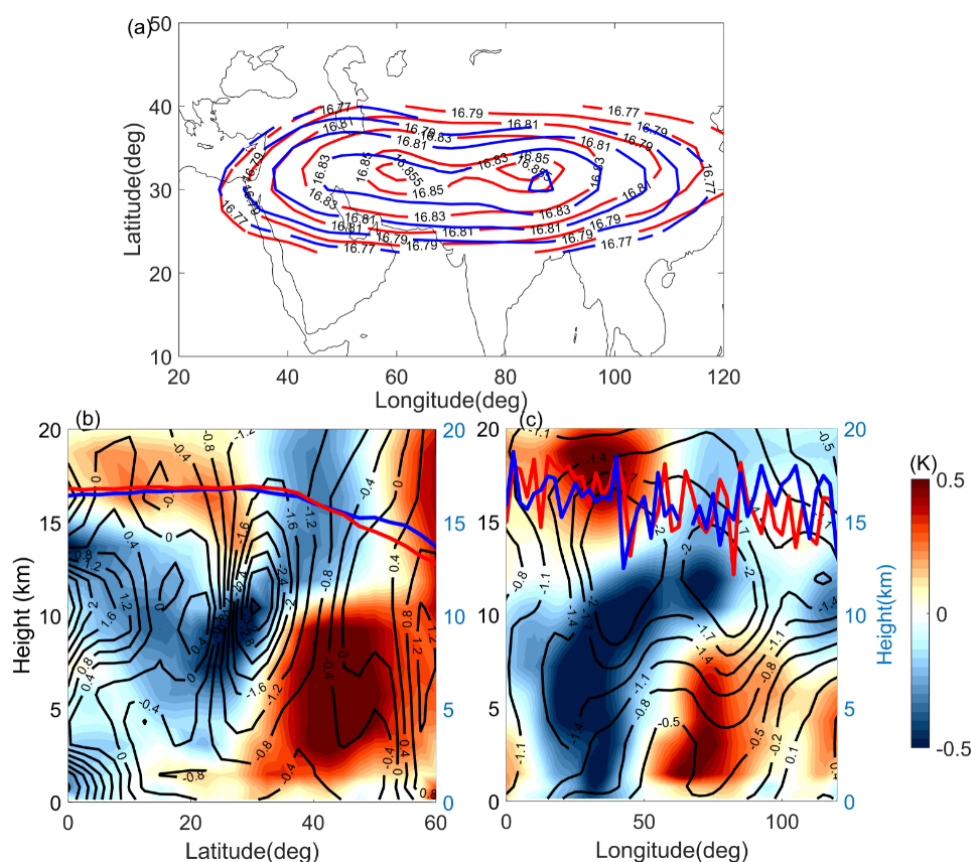
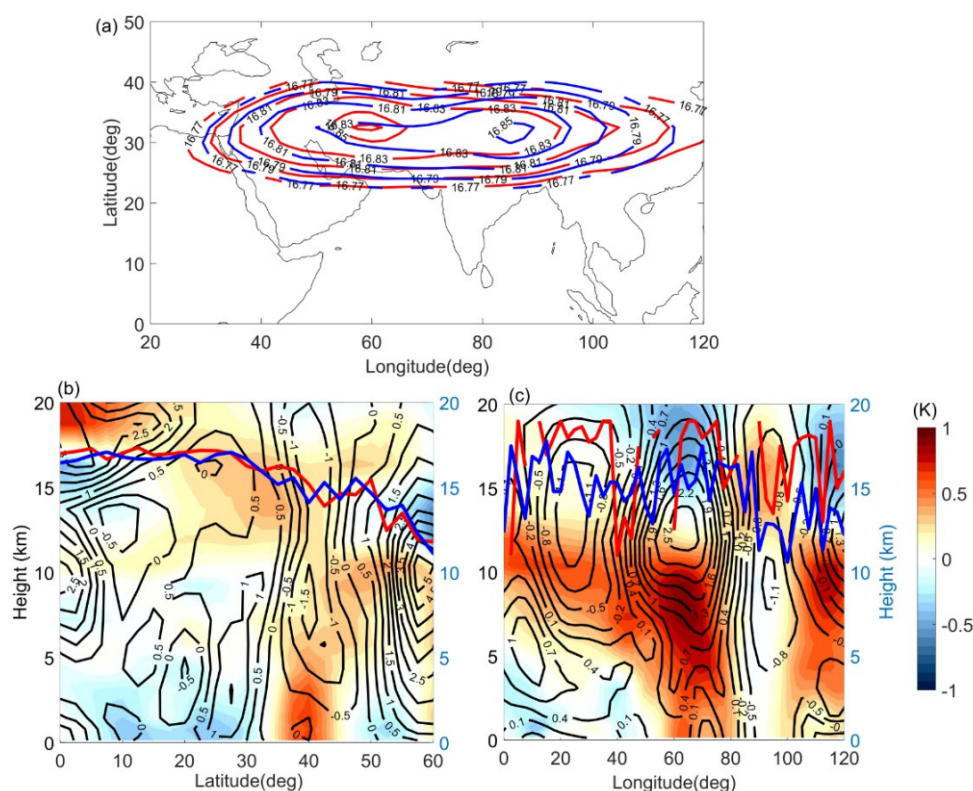


Figure 6. (a) ASMA variability during active and break phases of Indian monsoon obtained from GPH at 100 hPa. Red line indicates the active and blue line for break phase of Indian monsoon. (b) Latitude-altitude cross-section of temperature (colour shaded, K) and zonal wind anomalies (contour lines, m/s) which are estimated from difference between active and break phases of Indian Monsoon in the longitude band of 80°E-90°E. (c) Longitude-altitude cross-section of temperature and wind anomalies averaged between 30°N-40°N. The red and blue lines in Figure 6b & 6c denotes the tropopause altitude during active and break spells of Indian monsoon estimated using GNSS RO data.



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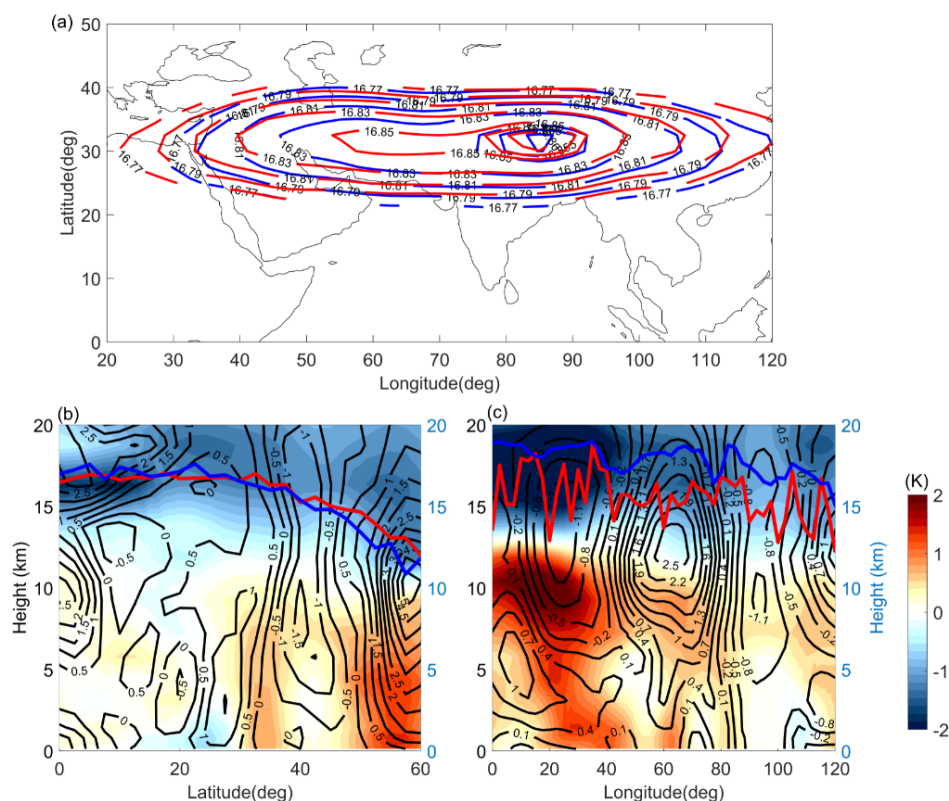
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612 Figure 7. (a) ASMA variability obtained from GPH at 100hPa during strong and weak
 613 monsoon years calculated based on high resolution rainfall data in band of 5°N-30°N,
 614 70°N-95°E grid. Red line indicates the strong and blue line for weak monsoon years. (b)
 615 Latitude-altitude cross-section of temperature (colour shaded, K) and zonal wind
 616 anomalies (contour lines, m/s) which are estimated from difference between strong and
 617 weak monsoon years in the longitude band of 80°E-90°E. (c) Longitude-altitude cross-
 618 section of temperature and wind anomalies averaged between 30°N-40°N. Red and blue
 619 lines in Figure 7b & 7c denote the tropopause altitude during strong and weak monsoon
 620 years estimated using GNSS RO data.

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624 Figure 8. (a) ASMA variability obtained from GPH at 100 hPa during strong La Niño and El
 625 Niño years. Red and blue lines indicate the La Niño and El Niño years. (b) Latitude-
 626 altitude cross-section of temperature (colour shaded, K) and zonal wind anomalies
 627 (contour lines, m/s) which are estimated from difference between La Niño and El Niño
 628 years in the longitude band of 80°E-90°E. (c) Longitude-altitude cross-section of
 629 temperature and zonal wind anomalies averaged between 30°N-40°N. The red and blue
 630 lines in Figure 8b & 8c denote the tropopause altitude during La Niño and El Niño years
 631 estimated from GNSS RO data.

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