



1 **The influence of internal variability on Earth's energy balance framework and implications for**
2 **estimating climate sensitivity**

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8 **Abstract:** Our climate is constrained by the balance between solar energy absorbed by the
9 Earth and terrestrial energy radiated to space. This energy balance has been widely used to
10 infer equilibrium climate sensitivity (ECS) from observations of 20th-century warming. Such
11 estimates yield lower values than other methods and these have been influential in pushing
12 down the consensus ECS range in recent assessments. Here we test the method using a 100-
13 member ensemble of the MPI-ESM1.1 climate model simulations of the period 1850-2005 with
14 known forcing. We calculate ECS in each ensemble member using energy balance, yielding
15 values ranging from 2.1 to 3.9 K. The spread in the ensemble is related to the central
16 hypothesis in the energy budget framework: that global average surface temperature
17 anomalies are indicative of anomalies in outgoing energy (either of terrestrial origin or reflected
18 solar energy). We find that assumption is not well supported over the historical temperature
19 record in the model ensemble or more recent satellite observations. We find that framing
20 energy balance in terms of 500-hPa tropical temperature better describes the planet's energy
21 balance.

22



23 The problem

24 When an energy imbalance is imposed, such as by adding a greenhouse gas to the atmosphere,
25 the climate will shift in such a way to eliminate the energy imbalance. This process is
26 embodied in the traditional linearized energy balance equation:

$$27 \quad R = F + \lambda T_s \quad (1)$$

28 where the forcing F is an imposed energy imbalance, T_s is the global average surface
29 temperature, and λ relates changes in T_s to a change in net top-of-atmosphere (TOA) flux
30 (Dessler and Zelinka, 2014). R is the resulting TOA flux imbalance from the combined forcing
31 and response. All quantities are deviations from an equilibrium base state, usually the pre-
32 industrial climate. Equilibrium climate sensitivity (hereafter ECS, the equilibrium warming in
33 response to a doubling of CO_2) is equal to $-F_{2\times\text{CO}_2}/\lambda$, where $F_{2\times\text{CO}_2}$ is the forcing from doubled
34 CO_2 .

35 Many investigators (e.g., Gregory et al., 2002; Annan and Hargreaves, 2006; Otto et al., 2013;
36 Lewis and Curry, 2015; Aldrin et al., 2012; Skeie et al., 2014; Forster, 2016) have used Eq. 1
37 combined with estimates of R , F , and T_s to estimate λ :

$$38 \quad \lambda = \Delta(R-F)/\Delta T_s \quad (2)$$

39 where Δ indicates the change between the start of the historical period (usually the mid to late
40 nineteenth century) and a recent period. These calculations result in values of λ near
41 $-2 \text{ W/m}^2/\text{K}$ and appear to rule out ECS larger than $\sim 4 \text{ K}$ (Stevens et al., 2016). The substantial
42 likelihood of an ECS below 2 K implied by these calculations led the IPCC Fifth Assessment
43 Report to extend their lower bound on *likely* values of ECS to 1.5 K (Collins et al., 2013).

44 We test this energy balance methodology through a perfect model experiment consisting of an
45 analysis of a 100-member ensemble of runs of the MPI Earth System Model, MPI-ESM1.1. This
46 is the latest coupled climate model from the Max Planck Institute for Meteorology and consists
47 of the ECHAM6.3 atmosphere and land model coupled to the MPI-OM ocean model. The
48 atmospheric resolution is T63 spectral truncation, corresponding to about 200 km , with 47



49 vertical levels, whereas the ocean has a nominal resolution of about 1.5 degrees and 40 vertical
50 levels. MPI-ESM1.1 is a bug-fixed and improved version of the MPI-ESM used during CMIP5
51 (Giorgetta et al., 2013) and nearly identical to the MPI-ESM1.2 (Mauritsen et al., 2018) model
52 being used to provide output to CMIP6, except that the historical forcings are from the MPI-
53 ESM.

54 Each of the 100 members simulates the years 1850-2005 (Fig. 1) and use the same evolution of
55 historical natural and anthropogenic forcings. The members differ only in their initial
56 conditions —each starts from a different state sampled from a 2000-year control simulation.
57 We calculate effective radiative forcing F for the ensemble by subtracting top-of-atmosphere
58 flux R in a run with climatological sea surface temperatures (SSTs) and a constant pre-industrial
59 atmosphere from average R from an ensemble of three runs using the same SSTs but the time-
60 varying atmospheric composition used in the historical runs (Hansen et al., 2005; Forster et al.,
61 2016). The three-member ensemble begins with perturbed atmospheric states. We estimate
62 $F_{2\times\text{CO}_2}$ using the same approach in a set of fixed SST runs in which CO_2 increases at 1% per year,
63 which yields a $F_{2\times\text{CO}_2}$ value of 3.9 W/m^2 .

64 We calculate λ using Eq. 2 for each ensemble member, producing values ranging from -1.88 to
65 $-1.01 \text{ W/m}^2/\text{K}$, with an ensemble average of $-1.43 \text{ W/m}^2/\text{K}$ (Fig. 2a). In this calculation, $\Delta(R-F)$
66 and ΔT_s are the average difference between the first and last decade of each run. We also
67 calculate $\text{ECS} = -F_{2\times\text{CO}_2}/\lambda$ for each ensemble member, producing values ranging from 2.08 to
68 3.87 K (Fig. 2b), with an ensemble average of 2.76 K .

69 With respect to precision of the estimates, our analysis shows that λ and ECS estimated from
70 the historical record can vary widely simply due to internal variability. Given that we have only
71 a single realization of the 20th century, we should not consider estimates based on the historical
72 period to be precise — even with perfect observations. This supports previous work that also
73 emphasized the impact of internal variability on estimates of λ and ECS (Huber et al., 2014;
74 Andrews et al., 2015; Zhou et al., 2016; Gregory and Andrews, 2016).



75 Previous researchers have questioned whether the historical record provides an accurate
76 measure of λ and ECS, and we can check this by comparing the ensemble average values to ECS
77 estimates from a $2xCO_2$ run of the MPI-ESM1.2, which is physically very close to MPI-ESM1.1
78 and the changes between the MPI-ESM1.1 and MPI-ESM1.2 are not believed to be important
79 for its climate sensitivity. An abrupt $2xCO_2$ run yields an ECS of 2.93 K in response to an abrupt
80 doubling of CO_2 (estimated by regressing years 100-1000 of a 1000-year run) — 6% larger than
81 the ensemble average. This is in line with the 10% difference in ECS estimated by Mauritsen and
82 Pincus (2017) to arise from the average CMIP5 model time-dependent feedback, but is smaller
83 than suggested in other recent studies of ECS in transient climate runs (e.g., Armour, 2017;
84 Proistosescu and Huybers, 2017).

85 Thus, there are a number of issues that need to be considered when interpreting estimates of λ
86 and ECS derived from the historical period. In addition to the precision and accuracy issues
87 discussed above, it also includes the large and evolving uncertainty in forcing over the 20th
88 century (Forster, 2016), different forcing efficacies of greenhouse gases and aerosols (Shindell,
89 2014; Kummer and Dessler, 2014), and geographically incomplete or inhomogeneous
90 observations (Richardson et al., 2016).

91 **Why are estimates using the traditional energy balance approach imprecise?**

92 In this section, we explain the physical process by which internal variability leads to the large
93 spread in λ and ECS estimated from the ensemble. We begin by observing that Eqs. 1 and 2
94 parameterize R-F in terms of T_5 . In model runs with strong forcing driving large warming, such
95 as abrupt $4xCO_2$ simulations, there is indeed a strong correlation between these variables (e.g.,
96 Gregory et al., 2004). However, because R-F in such runs is dominated by a monotonic trend,
97 correlations will exist with any geophysical field that also exhibits a monotonic trend, regardless
98 of whether there is a physical connection between the fields. Thus, one should not take the
99 correlation between R-F and T_5 in these runs as proving causality.

100 If T_5 is a good proxy for the response R-F, we would expect to also see a correlation in
101 measurements dominated by interannual variations. Observational data allow us to test this



102 hypothesis. We use observations of R from the Clouds and the Earth's Radiant Energy System
103 (CERES) Energy Balanced and Filled product (ed. 4) (Loeb et al., 2009), which cover the period
104 March 2000 to July, 2017. Our sign convention throughout the paper is that downward fluxes
105 are positive. Temperatures come from the European Centre for Medium Range Weather
106 Forecasts (ECMWF) Interim Re-Analysis (ERAi) (Dee et al., 2011). We assume forcing changes
107 linearly over this time period and account for it by detrending ΔR and ΔT anomaly time series
108 using a linear least-squares fit to remove the long-term trend.

109 These data show that ΔR is poorly correlated with ΔT_s in response to interannual variability (Fig.
110 3a), as has been noted many times in the literature; see, e.g., Sect. 5 of Forster (2016). In
111 particular, the low correlation coefficient tells us that ΔT_s explains little of the variance in ΔR .
112 Using explicit estimates of forcing or other temperature datasets (e.g., MERRA-2) yield the
113 same result.

114 GCMs that submitted output to the 5th phase of the Coupled Model Intercomparison Project
115 (CMIP5) (Taylor et al., 2012) also show this poor correlation. To demonstrate this, we have
116 calculated the correlation coefficient between ΔT_s and ΔR in CMIP5 pre-industrial control runs
117 (these are runs for which forcing $F = 0$). To facilitate comparison with the CERES data, as well as
118 avoid any issues with long-term drift in the control runs, we break each run into 16-year
119 segments and calculate the correlation coefficient of monthly anomalies of ΔR and ΔT_s for each
120 segment. Fig. 4 shows that the correlation between ΔR and ΔT_s in the models is similar to that
121 from the CERES analysis.

122 Recent work provides an explanation: the response of $\Delta(R-F)$ to a particular ΔT_s is determined
123 not only by the global average magnitude, but also by the pattern of warming (Armour et al.,
124 2013; Andrews et al., 2015; Gregory and Andrews, 2016; Zhou et al., 2016, 2017; Andrews and
125 Webb, 2018). During El Nino cycles that dominate the observations in Fig. 3, the spatial pattern
126 of warm and cool regions changes, leading to responses in $\Delta(R-F)$ that do not scale cleanly with
127 ΔT_s — something Stevens et al. (2016) refer to as “pattern effects”



128 To demonstrate how this also generates the spread in λ in the model ensemble (Fig. 2a), we
129 calculate the local response λ_r in three equal-area regions (90°S-19.4°S, 19.4°S-19.4°N, 19.4°N-
130 90°N). We define λ_r as the regional analog to λ (Eq. 2):

$$131 \quad \lambda_r = \Delta(R-F)_r / \Delta T_{s,r} \quad (3)$$

132 where the “r” subscript indicates a regional average value.

133 We find that λ_r varies between the regions (Fig. 5). This means that different ensemble
134 members with similar global average ΔT_s but different patterns of surface warming produce
135 different values of global average $\Delta(R-F)$, thereby leading to spread in the estimated λ among
136 the ensemble members. We also see strong variability in λ_r within each region, suggesting that
137 how the warming is distributed within the region also drives some of the spread in estimated λ
138 in the ensemble.

139 This explanation is consistent with analyses showing that λ changes during transient runs as the
140 pattern of surface temperature evolves (Senior and Mitchell, 2000; Armour et al., 2013;
141 Andrews et al., 2015; Gregory and Andrews, 2016; Stevens et al., 2016). In our model
142 ensemble, however, the pattern changes are caused by internal variability rather than differing
143 regional heat capacities that cause some regions to warm more slowly than others during
144 forced warming.

145 **A better way to describe energy balance**

146 Our analysis demonstrates limitations of the conventional energy balance framework (Eq. 1). It
147 has been previously noted that ΔR correlates better with tropospheric temperatures than ΔT_s
148 (Murphy, 2010; Spencer and Braswell, 2010; Trenberth et al., 2015). Recent analyses have also
149 stressed the importance of atmospheric temperatures — through its influence on lapse rate —
150 as providing a fundamental control on the planet’s energy budget (Zhou et al., 2016; Ceppi and
151 Gregory, 2017). Based on this, we test a new energy balance framework constructed using the
152 temperature of the tropical atmosphere:



153 $R - F = \Theta T_A$ (4)

154 where T_A is the tropical average (30°N-30°S) 500-hPa temperature and Θ relates this quantity to
155 R-F. R and F are the same global average quantities they were in equation 1. ECS can be
156 expressed in terms of Θ :

157 $ECS = -\frac{\Delta F_{2\times CO_2} \Delta T_S}{\Theta \Delta T_A}$ (5)

158 where ΔT_S and ΔT_A are the equilibrium changes in these quantities in response to doubled CO_2 ;
159 the CMIP5 ensemble average ratio $\Delta T_S/\Delta T_A$ is 0.86 ± 0.10 ($\pm 1\sigma$), where Δ represents the average
160 difference between the first and last decades of the abrupt $4\times CO_2$ runs.

161 Support for Eq. 4 can be found in the observations: ΔR shows a tighter correlation with ΔT_A than
162 with ΔT_S in observations (Figs. 3a vs. 3b). Given that the slope of these plots can be taken as
163 estimates of Θ and λ , the tighter correlation leads to more accurate estimates of Θ than λ ,
164 both in absolute and relative terms.

165 Turning to the model ensemble, we next demonstrate that Θ is a more precise metric than λ .
166 We do this by calculating Θ [= $\Delta(R-F)/\Delta T_A$] in each ensemble member, yielding values ranging
167 from -1.18 to -0.89 $W/m^2/K$, with an ensemble average of -1.04 $W/m^2/K$ (Fig. 2a). There is
168 clearly less variability in Θ among the ensemble members than for λ . This reflects less
169 variability in the regional response Θ_r (= $\Delta(R-F)_r/\Delta T_{A,r}$) than λ_r (Fig. 5), as well as less variability
170 within the regions. We therefore conclude that interannual variability has less of an impact on
171 Θ than λ . We show additional evidence for the superior precision of Θ in the Appendix.

172 As far as accuracy goes, we can compare Θ in the ensemble over the historical period to Θ in
173 response to much larger warming. The ensemble average Θ from the historic period, -1.04
174 $W/m^2/K$, is close to the value obtained from an analysis of the first 150 years of an abrupt
175 $4\times CO_2$ run of the same model, $\Theta = -1.03 W/m^2/K$, as well as Θ calculated from all 2600 years of
176 this run, $\Theta = -1.04 W/m^2/K$. On the other hand, λ changes substantially in the $4\times CO_2$ run as the
177 climate warms: $\lambda = -1.36 W/m^2/K$ when calculated from the first 150 years, but $\lambda = -0.95$
178 $W/m^2/K$ from all 2600 years of that run.



179 We can verify this result in the CMIP5 abrupt 4xCO₂ ensemble. It has been previously
180 demonstrated that plots of R-F vs. T_S do not trace straight lines as the climate warms (Andrews
181 et al., 2015; Rugenstein et al., 2016; Rose and Rayborn, 2016; Armour, 2017), so λ and ECS
182 calculated in a single model run may depend on the portion of the run selected. In the CMIP5
183 abrupt 4xCO₂ ensemble, for example, average λ calculated by regressing years 10-30 (λ_{10-30}) is
184 more negative than λ calculated from years 30-150 (λ_{30-150}) by 0.50 W/m²/K (Fig. 6).

185 Several explanations for this have been advanced, most prominently that λ is function of the
186 pattern of surface warming (Senior and Mitchell, 2000; Armour et al., 2013; Andrews et al.,
187 2015; Gregory and Andrews, 2016; Zhou et al., 2016; Stevens et al., 2016). Using Θ largely
188 eliminates this pattern effect: Θ_{10-30} and Θ_{30-150} have an average difference of 0.16 W/m²/K for
189 the CMIP5 ensemble (Fig. 6). Thus, we find additional evidence that Θ tends to be similar for
190 different amounts and patterns of warming.

191 Finally, one of our ultimate goals for this revised framework is to help produce better estimates
192 of ECS. We are working on a detailed analysis of ECS based on this framework and will publish
193 that in a follow-on paper, but we briefly show here how the advantages of the revised energy
194 balance framework may be leveraged to do this. Fig. 7a shows Θ calculated from control runs
195 of 25 CMIP5 models. To calculate Θ in the control runs, we break each control run into 16-year
196 segments and calculate monthly anomalies of ΔR and ΔT_A during each segment. Then, we
197 calculate Θ for each segment as the slope of the regression of ΔR vs. ΔT_A for that segment.
198 Thus, for each control run, we generate a large number of estimates of Θ . The value in Fig. 7a is
199 the average of these individual values.

200 Fig. 7b shows the ECS of these models, calculated from the first 150 years of the abrupt 4xCO₂
201 runs using the Gregory method (Gregory et al., 2004). If we assume that models with more
202 accurate simulation of short-term Θ produce more accurate estimates of ECS (Brown and
203 Caldeira, 2017; Wu and North, 2002), then we can use Figs. 7a and 7b to constrain ECS. We find
204 that the 15 models whose short-term Θ agrees with the CERES observations have ECS values
205 ranging from 2.0-3.9 K, with an average of 2.9 K. This excludes many of the highest ECS models.



206 It would not have been possible to draw this conclusion with the conventional energy balance
207 framework. Fig. 7c shows the comparison between λ from the control runs (calculated the
208 same way Θ was calculated) and CERES observations. Because of the much larger uncertainty
209 in the observational estimate of short-term λ , almost all models fall within the observational
210 range, thereby prohibiting any constraint on the ECS range.

211 Conclusions

212 We have estimated ECS in each of a 100-member climate model ensemble using the same
213 energy-balance constraint used by many investigators to estimate ECS from 20th-century
214 historical observations. We find that the method is imprecise — the estimates of ECS range
215 from 2.1 to 3.9 K (Fig. 2), with some ensemble members far from the model's true value of 2.9
216 K. Given that we only have a single ensemble of reality, this suggests that some skepticism is
217 appropriate when considering estimates of ECS derived from the historical record.

218 The source of the imprecision relates to the construction of the traditional energy balance
219 equation (Eq. 1). In it, the response of TOA net flux (R-F) is parameterized in terms of global
220 average surface temperature (T_s). Recent research has suggested that the response is not just
221 determined by the magnitude of T_s , but includes other factors, such as the pattern of T_s (e.g.,
222 Armour et al., 2013; Andrews et al., 2015; Gregory and Andrews, 2016; Zhou et al., 2017) or the
223 lapse rate (e.g., Zhou et al., 2017; Ceppi and Gregory, 2017). As a result, two ensemble
224 members with the same ΔT_s can have different climate responses, $\Delta(R-F)$, leading to spread in
225 the inferred λ .

226 The lack of a direct relationship between T_s and radiation balance suggests that it may be
227 profitable to investigate alternative formulations. We test parameterizing the response in terms
228 of 500-hPa tropical temperature (Eq. 4) and find that it is superior in many ways. Ultimately,
229 how investigators describe the energy balance of the planet will depend on the problem and
230 the available data. The surface temperature is indeed special, so the traditional framework
231 may be preferred for some problems. But investigators may find that the alternatives are
232 superior for certain problems, for instance constraining Earth's climate sensitivity.



233 Appendix

234 It has been previously noted in analyses of the historical record that λ exhibits significant
235 interdecadal variability (Andrews et al., 2015; Gregory and Andrews, 2016; Zhou et al., 2016).
236 We can reproduce this in a 2000-year control run (a run with fixed pre-industrial boundary
237 conditions) of the MPI-ESM1.1 model. Fig. 8 shows λ calculated in a sliding 16-year window
238 and confirms significant temporal variability in λ . We can similarly calculate Θ and find that
239 temporal variability in Θ is substantially smaller (Fig. 8).

240 This result is reproduced in the CMIP5 control models. Fig. 9 plots the standard deviation of
241 each CMIP5 model's set of short-term λ divided by the standard deviation of that model's set of
242 short-term Θ (as described previously, we calculate time series of short-term λ and Θ values for
243 each model by regressing anomalies in a 16-year sliding window of the control runs). All of the
244 models fall above 1, demonstrating that there is less variability in the Θ time series than in the
245 λ time series in every climate model. This confirms that Θ is more robust with respect to
246 internal variability than λ . It also suggests that Θ estimated from the satellite data (Fig. 3)
247 should be considered a better estimate of the climate system's long-term value than λ
248 estimated from the same data set.

249



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258

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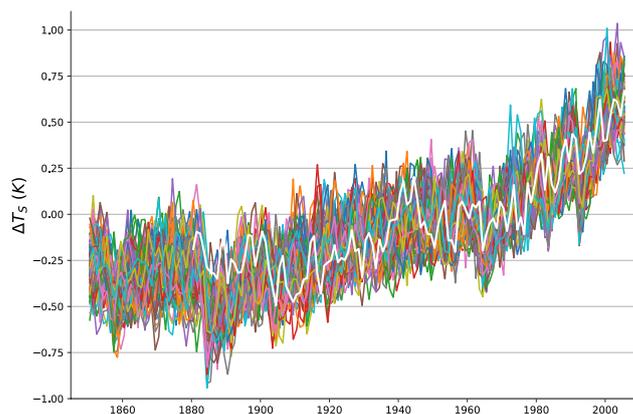
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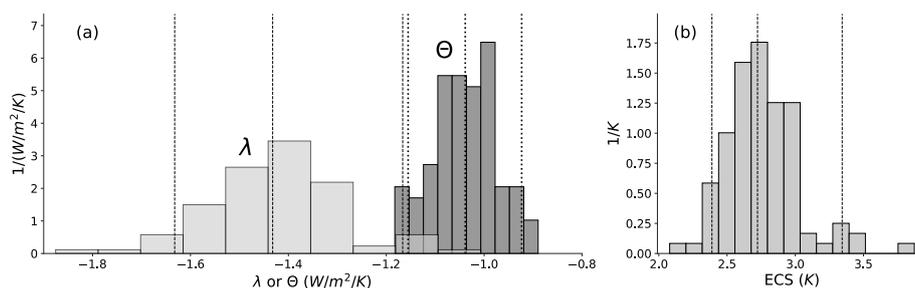
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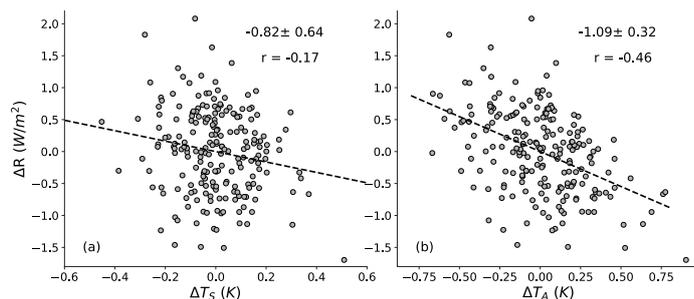
363 Fig. 1. Plot of annual and global average surface temperature from the 100 members of the
364 MPI-ESM1.1 ensemble (colored lines), along with the GISTEMP measurements (Hansen et
365 al., 2010) (white line). Temperatures are referenced to the 1951-1980 average.

366



367

368 Figure 2. PDFs of (a) λ (lighter) and Θ (darker) and (b) ECS derived from the members of the
369 MPI-ESM1.1 historical ensemble. The vertical lines are the 5th, 50th, and 95th percentile of each
370 distribution.

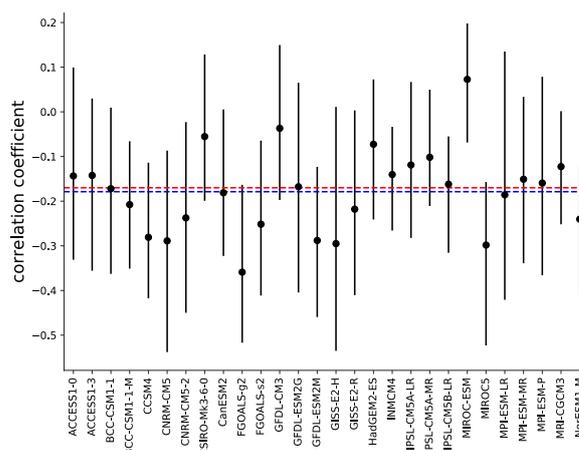


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372 Figure 3. Scatter plot of detrended monthly anomalies of ΔR vs. (a) global average surface
373 temperature ΔT_S , (b) tropical average 500-hPa temperature ΔT_A . Observations cover the period
374 March 2000-Jan. 2017 and anomalies are deviations from the mean annual cycle. The dashed
375 lines are ordinary least-squares fits; the slope, 5-95% confidence interval, and correlation
376 coefficient are shown on each panel. Confidence intervals account for autocorrelation of the
377 time series (Santer et al., 2000).

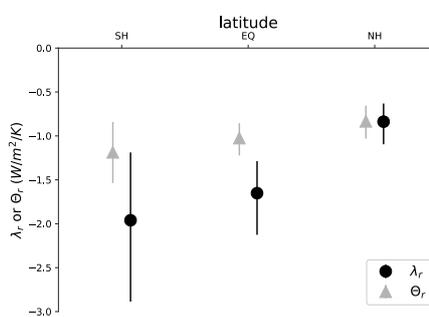
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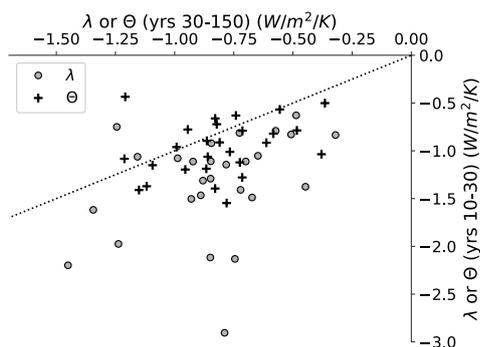
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381 Fig. 4. Correlation coefficients between ΔR and ΔT_S in CMIP5 control runs. The dot is the
 382 average of the correlation coefficients from the 16-year segments of the model run; the
 383 bars indicate the maximum and minimum values from the control run. The blue dashed
 384 line is the average of the CMIP5 models, while the red dashed line is the correlation
 385 coefficient from the CERES regression in Fig. 2a.



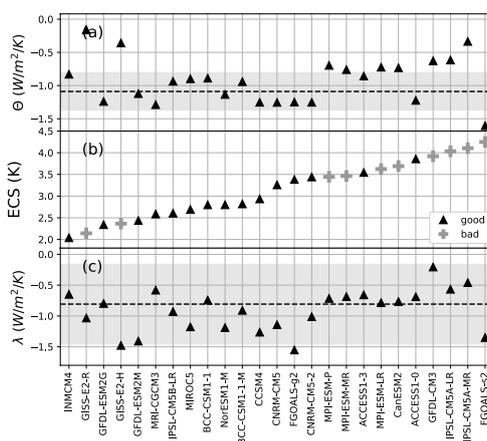
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387 Fig. 5. λ_r and Θ_r calculated as regional average $\Delta(R-F)$ divided by regional average temperature
 388 (ΔT_S for λ and ΔT_A for Θ). The regions are 90°S - 19.4°S (SH), 19.4°S - 19.4°N (EQ), and 19.4°N -
 389 90°N (NH). The values are calculated for each member of the 100-member ensemble; the solid
 390 symbols are the ensemble average while the bars show the 5-95% range.



391

392 Fig. 6. Scatterplot of λ_{10-30} vs. λ_{30-150} (gray circles) in CMIP5 abrupt4xCO₂ runs, as well as
 393 Θ_{10-30} vs. Θ_{30-150} (black crosses) in the same models. Each point represents one model.
 394 The dotted line is the 1:1 line. The subscripts (10-30, 30-150) indicate the years of the run
 395 from which the values are calculated.

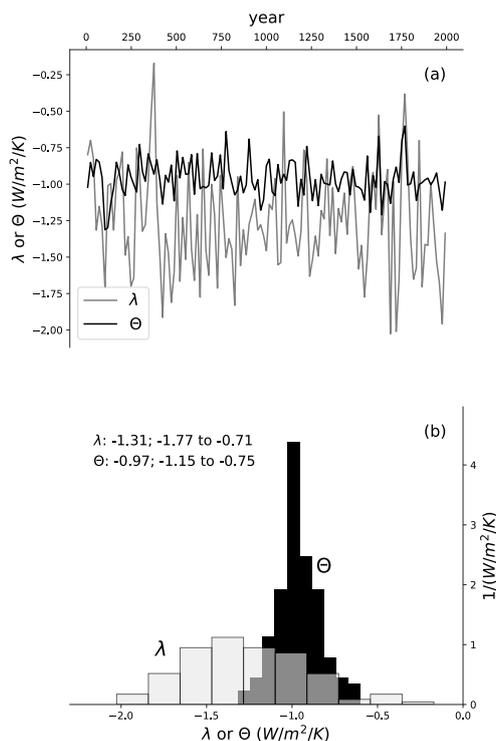


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397 Figure 7. (a) Θ from individual CMIP5 control runs (calculation described in the Appendix).
 398 The dotted line is the estimate from CERES observations; the gray region is the 5-95%
 399 confidence band. (b) ECS from each CMIP5 model, estimated from the first 150 years of
 400 abrupt 4xCO₂ runs using the Gregory method (Gregory et al., 2004). “Good” models are
 401 those whose Θ agrees with observations, “bad” models are those that do not. (c) Same as
 402 panel (a), but for λ .

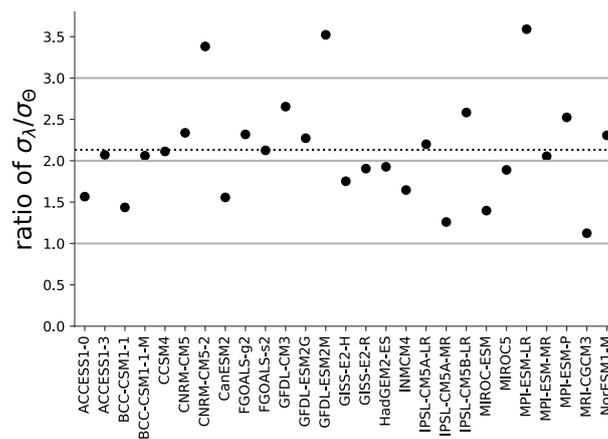


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405 Fig. 8. (a) Time series of λ (gray) and Θ (black) estimated in a 16-year sliding window of a
406 2000-year control run of the MPI-ESM1.1. (b) PDFs of the time series in panel a. Median
407 and 5-95% confidence interval for each distribution is displayed on the plot.



408

409 Fig. 9. The standard deviation of the λ time series divided by the standard deviation of the
 410 Θ time series. Each time series is calculated from 16-year segments of CMIP5 control runs.
 411 The dotted line is the ensemble average.

412