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8, S1832–S1833, 2008

Interactive Comment

Interactive comment on "Utilising shade to optimize UV exposure for vitamin D" by D. J. Turnbull and A. V. Parisi

D. J. Turnbull and A. V. Parisi

Received and published: 22 April 2008

A table with the average times for an exposure equivalent to 1/3 MED for vitamin D and erythemal effective UV radiation from diffuse and global UV has been added to the manuscript.

The following has been added to page 5, line 10: The average times for an exposure equivalent to 1/3 MED for vitamin D3 and erythema are shown in Table 1 for diffuse and global UV. For a SZA of 50, the average time needed to receive an exposure of 1/3 MED due to erythemal UV was 4.4 and 6.8 minutes for global and diffuse respectively. Whereas, the average time needed to receive an equivalent exposure of 1/3 MED for vitamin D3 production was 2.2 and 3.2 minutes for global and diffuse respectively. These times are based on exposing 15% of the human body to UV radiation. Increasing the exposed body surface will subsequently decrease the time needed for vitamin D3



production (e.g. exposing three times more body surface will reduce the exposure times presented in this research by a factor of three). However, the time for 1/3 MED of erythemal effective UV will remain the same.

Interactive comment on Atmos. Chem. Phys. Discuss., 8, 781, 2008.

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Interactive Comment

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