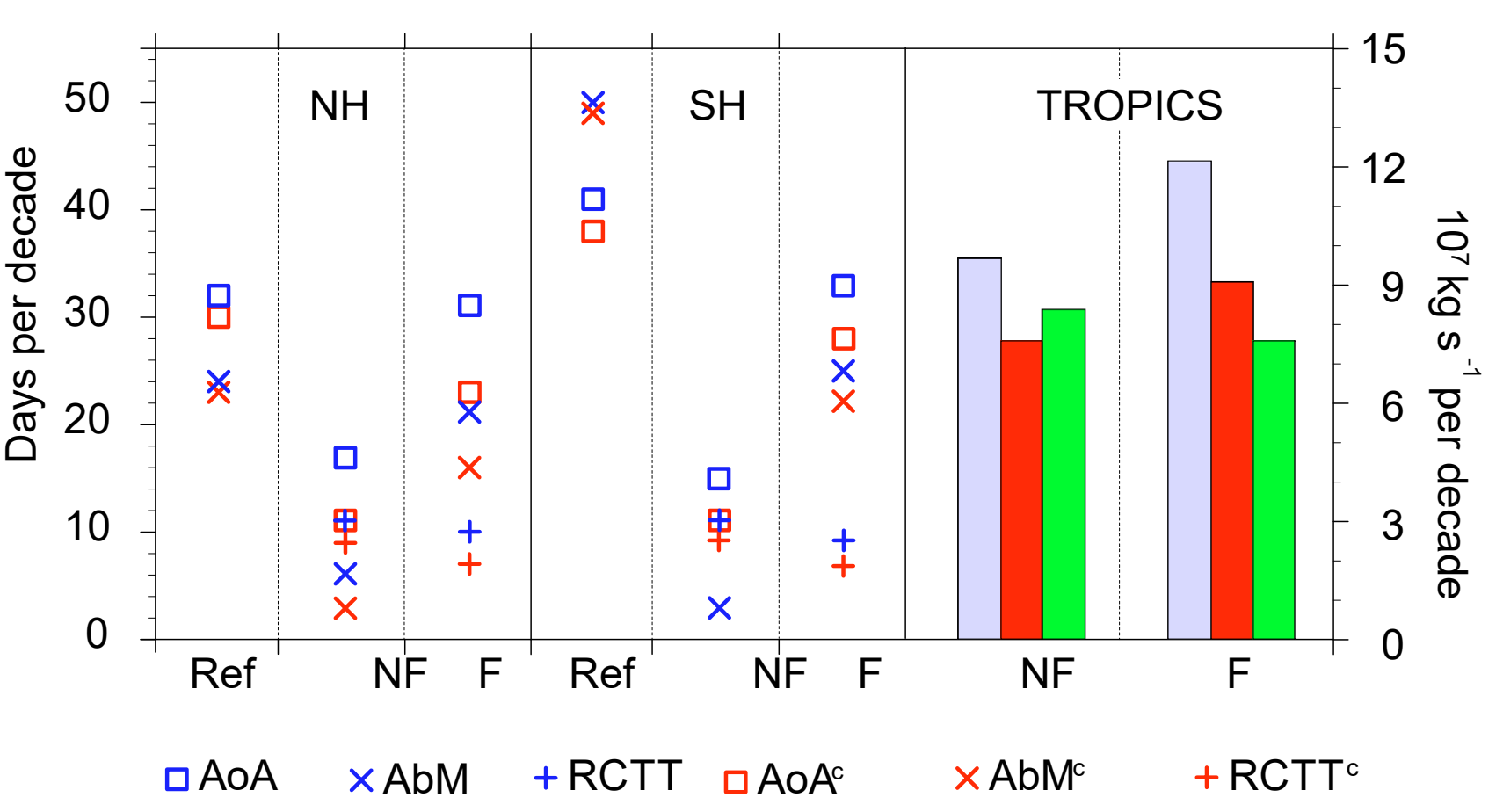
Days per decade
0
10
20
30
40
50
NH
SH
TROPICS
Ref
NF
F
Ref
NF
F
NF
F
0
3
6
9
12
15
10^7 kg s^-1 per decade
AoA
AbM
RCTT
AoA^c
AbM^c
RCTT^c