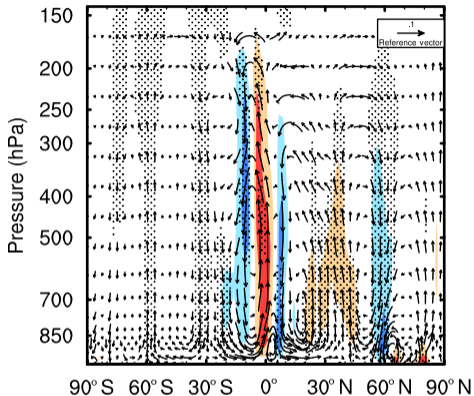
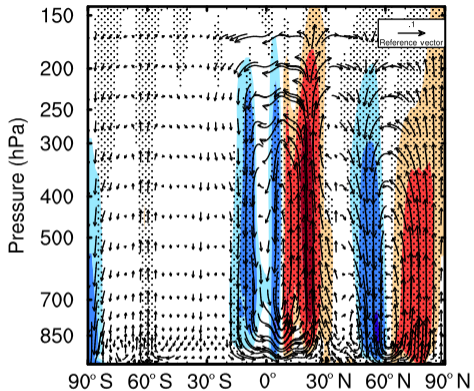


(a) ARC150X



(b) MID7X



-0.2 -0.1 -0.05 0.05 0.1 0.2

$\Delta$  meridional circulation